

Grille de qualification Dames aux N2 25m à Réaliser

lors de compétitions championnats régionaux 25m du mois de Décembre 2015

Epreuves	21 ans et plus	20 ans	19 ans	18 ans	17 ans	16 ans	15 ans	14 ans
50 NL D	00:28,68	00:28,83	00:28,83	00:28,83	00:29,28	00:29,43	00:29,51	00:30,11
100 NL D	01:02,99	01:03,45	01:03,45	01:03,45	01:03,74	01:04,19	01:04,39	01:05,99
200 NL D	02:17,14	02:17,48	02:17,48	02:17,48	02:18,16	02:18,69	02:20,19	02:23,83
400 NL D	04:42,43	04:43,81	04:43,81	04:43,81	04:49,10	04:51,17	04:52,55	05:00,31
800 NL D	09:47,14	09:51,21	09:51,21	09:51,21	10:01,65	10:03,02	10:13,19	10:28,56
1500 NL D	18:38,50	18:45,00	18:45,00	18:45,00	18:51,13	19:10,21	19:29,94	19:54,65
50 Dos D	00:33,50	00:33,69	00:33,69	00:33,69	00:33,72	00:33,95	00:34,12	00:34,82
100 Dos D	01:11,44	01:11,65	01:11,65	01:11,65	01:11,97	01:13,35	01:13,56	01:14,54
200 Dos D	02:33,20	02:33,75	02:33,75	02:33,75	02:34,66	02:37,08	02:38,58	02:41,47
50 Bra. D	00:37,18	00:37,29	00:37,29	00:37,29	00:37,53	00:38,04	00:38,59	00:39,34
100 Bra. D	01:18,56	01:19,53	01:19,53	01:19,53	01:20,50	01:21,06	01:22,65	01:23,56
200 Bra. D	02:53,81	02:55,08	02:55,08	02:55,08	02:55,72	02:57,51	03:01,17	03:02,68
50 Pap. D	00:30,91	00:31,47	00:31,47	00:31,47	00:31,72	00:31,91	00:32,06	00:32,88
100 Pap. D	01:09,80	01:10,78	01:10,78	01:10,78	01:11,84	01:12,24	01:12,69	01:14,52
200 Pap. D	02:31,75	02:34,80	02:34,80	02:34,80	02:36,48	02:37,74	02:41,17	02:46,74
200 4 N. D	02:33,34	02:35,00	02:35,00	02:35,00	02:36,24	02:39,11	02:40,08	02:41,99
400 4 N. D	05:30,00	05:34,10	05:34,10	05:34,10	05:34,95	05:35,33	05:40,55	05:45,39

Grille de qualification Messieurs aux N2 25m à réaliser

lors de compétitions championnats régionaux 25m du mois de Décembre 2015

Epreuves	21 ans et plus	20 ans	19 ans	18 ans	17 ans	16 ans	15 ans	14 ans
50 NL D	00:24,54	00:25,09	00:25,09	00:25,09	00:25,93	00:26,35	00:27,25	00:28,47
100 NL D	00:53,46	00:55,17	00:55,17	00:55,17	00:56,82	00:57,97	00:59,69	01:02,47
200 NL D	01:58,67	02:01,50	02:01,50	02:01,50	02:05,32	02:07,49	02:12,58	02:18,24
400 NL D	04:10,59	04:16,75	04:16,75	04:16,75	04:28,91	04:31,46	04:40,51	04:52,99
800 NL D	08:45,00	08:55,00	08:55,00	08:55,00	09:20,10	09:24,50	09:50,42	10:11,43
1500 NL D	16:30,00	16:57,66	16:57,66	16:57,66	17:51,64	17:57,00	18:29,66	19:28,10
50 Dos D	00:28,63	00:29,12	00:29,12	00:29,12	00:30,44	00:31,24	00:32,62	00:33,26
100 Dos D	01:00,59	01:02,37	01:02,37	01:02,37	01:05,22	01:06,06	01:08,20	01:11,65
200 Dos D	02:13,26	02:15,63	02:15,63	02:15,63	02:21,44	02:23,03	02:30,32	02:34,85
50 Bra. D	00:31,31	00:32,26	00:32,26	00:32,26	00:34,23	00:34,81	00:36,26	00:37,33
100 Bra. D	01:08,46	01:10,73	01:10,73	01:10,73	01:13,55	01:15,65	01:17,28	01:20,16
200 Bra. D	02:28,81	02:29,50	02:29,50	02:29,50	02:39,04	02:42,39	02:48,67	02:55,11
50 Pap. D	00:26,61	00:26,99	00:26,99	00:26,99	00:28,81	00:29,21	00:30,44	00:31,55
100 Pap. D	00:58,65	01:00,23	01:00,23	01:00,23	01:03,39	01:05,03	01:07,79	01:10,84
200 Pap. D	02:14,07	02:14,76	02:14,76	02:14,76	02:23,30	02:25,55	02:30,86	02:37,23
200 4 N. D	02:13,82	02:16,98	02:16,98	02:16,98	02:22,51	02:24,58	02:29,67	02:34,41
400 4 N. D	04:45,00	04:51,69	04:51,69	04:51,69	05:07,91	05:13,45	05:26,16	05:38,84