

Résultats

[Cotation FFN]

Séries : 800 Nage Libre Dames - (C8 : 60 - 64 ans)

[J1 : Di 24/01/2016 - R1]

1. BELEN Dominique		1953	FRA	AS CHERBOURG NATATION	17:49.51	309 pts		
50 m :	1:00.94 (1:00.94)	100 m :	2:05.12 (1:04.18)	150 m :	3:10.55 (1:05.43)	200 m :	4:17.29 (1:06.74)	[2:12.17]
250 m :	5:24.44 (1:07.15)	300 m :	6:31.88 (1:07.44)	350 m :	7:39.02 (1:07.14)	400 m :	8:46.68 (1:07.66)	[2:14.80]
450 m :	9:55.00 (1:08.32)	500 m :	11:03.18 (1:08.18)	550 m :	12:09.96 (1:06.78)	600 m :	13:16.73 (1:06.77)	[2:13.55]
650 m :	14:25.62 (1:08.89)	700 m :	15:33.72 (1:08.10)	750 m :	16:42.15 (1:08.43)	800 m :	17:49.51 (1:07.36)	[2:15.79]

Séries : 800 Nage Libre Dames - (C7 : 55 - 59 ans)

[J1 : Di 24/01/2016 - R1]

1. MAGITTERI Geneviève		1961	FRA	CNP DE SAINT-LO	16:26.49	346 pts		
50 m :	54.21 (54.21)	100 m :	1:54.02 (59.81)	150 m :	---	200 m :	3:55.27 (2:01.25)	[2:01.25]
250 m :	---	300 m :	5:58.51 (2:03.24)	350 m :	---	400 m :	8:02.69 (2:04.18)	[2:04.18]
450 m :	---	500 m :	10:09.95 (2:07.26)	550 m :	---	600 m :	12:16.31 (2:06.36)	[2:06.36]
650 m :	---	700 m :	14:22.10 (2:05.79)	750 m :	---	800 m :	16:26.49 (2:04.39)	[2:04.39]
2. GROULD Christine		1958	FRA	CNP DE SAINT-LO	16:42.51	318 pts		
50 m :	54.84 (54.84)	100 m :	1:54.13 (59.29)	150 m :	---	200 m :	3:57.40 (2:03.27)	[2:03.27]
250 m :	---	300 m :	6:04.59 (2:07.19)	350 m :	---	400 m :	8:13.75 (2:09.16)	[2:09.16]
450 m :	---	500 m :	10:22.77 (2:09.02)	550 m :	---	600 m :	12:31.10 (2:08.33)	[2:08.33]
650 m :	---	700 m :	14:38.77 (2:07.67)	750 m :	---	800 m :	16:42.51 (2:03.74)	[2:03.74]
3. HINAUT Anita		1958	FRA	OCTEVILLE NATATION	16:47.83	309 pts		
50 m :	53.27 (53.27)	100 m :	1:53.24 (59.97)	150 m :	---	200 m :	3:55.89 (2:02.65)	[2:02.65]
250 m :	---	300 m :	6:00.14 (2:04.25)	350 m :	---	400 m :	8:09.19 (2:09.05)	[2:09.05]
450 m :	---	500 m :	10:20.26 (2:11.07)	550 m :	---	600 m :	12:29.57 (2:09.31)	[2:09.31]
650 m :	---	700 m :	14:40.53 (2:10.96)	750 m :	---	800 m :	16:47.83 (2:07.30)	[2:07.30]

Séries : 800 Nage Libre Dames - (C6 : 50 - 54 ans)

[J1 : Di 24/01/2016 - R1]

1. KALUZINSKI Laure		1964	FRA	AS CHERBOURG NATATION	14:01.02	555 pts		
50 m :	42.24 (42.24)	100 m :	1:37.27 (55.03)	150 m :	---	200 m :	3:22.33 (1:45.06)	[1:45.06]
250 m :	---	300 m :	5:08.56 (1:46.23)	350 m :	---	400 m :	6:55.40 (1:46.84)	[1:46.84]
450 m :	---	500 m :	8:42.22 (1:46.82)	550 m :	---	600 m :	10:29.29 (1:47.07)	[1:47.07]
650 m :	---	700 m :	12:16.73 (1:47.44)	750 m :	---	800 m :	14:01.02 (1:44.29)	[1:44.29]
2. BOSSAVY Sylvie		1963	FRA	CN COUTANCES	14:35.46	476 pts		
50 m :	48.07 (48.07)	100 m :	1:41.22 (53.15)	150 m :	---	200 m :	3:32.20 (1:50.98)	[1:50.98]
250 m :	---	300 m :	5:25.88 (1:53.68)	350 m :	---	400 m :	7:17.31 (1:51.43)	[1:51.43]
450 m :	---	500 m :	9:08.05 (1:50.74)	550 m :	---	600 m :	10:58.02 (1:49.97)	[1:49.97]
650 m :	---	700 m :	12:47.10 (1:49.08)	750 m :	---	800 m :	14:35.46 (1:48.36)	[1:48.36]
3. LEMOINE Claire		1966	FRA	AS CHERBOURG NATATION	15:29.18	364 pts		
50 m :	51.52 (51.52)	100 m :	1:46.62 (55.10)	150 m :	---	200 m :	3:44.78 (1:58.16)	[1:58.16]
250 m :	---	300 m :	5:42.68 (1:57.90)	350 m :	---	400 m :	7:38.53 (1:55.85)	[1:55.85]
450 m :	---	500 m :	9:36.59 (1:58.06)	550 m :	---	600 m :	11:33.53 (1:56.94)	[1:56.94]
650 m :	---	700 m :	13:34.03 (2:00.50)	750 m :	---	800 m :	15:29.18 (1:55.15)	[1:55.15]
4. PEJU Anne		1963	FRA	AS CHERBOURG NATATION	15:51.93	322 pts		
50 m :	51.65 (51.65)	100 m :	1:48.65 (57.00)	150 m :	---	200 m :	3:50.15 (2:01.50)	[2:01.50]
250 m :	---	300 m :	5:53.77 (2:03.62)	350 m :	---	400 m :	7:56.98 (2:03.21)	[2:03.21]
450 m :	---	500 m :	9:56.78 (1:59.80)	550 m :	---	600 m :	11:57.17 (2:00.39)	[2:00.39]
650 m :	---	700 m :	13:55.85 (1:58.68)	750 m :	---	800 m :	15:51.93 (1:56.08)	[1:56.08]

Séries : 800 Nage Libre Dames - (C4 : 40 - 44 ans)

[J1 : Di 24/01/2016 - R1]

1. FOUQUIER Ludivine		1975	FRA	CNP DE SAINT-LO	12:00.74	727 pts		
50 m :	36.95 (36.95)	100 m :	1:18.81 (41.86)	150 m :	---	200 m :	2:46.61 (1:27.80)	[1:27.80]
250 m :	---	300 m :	4:16.91 (1:30.30)	350 m :	---	400 m :	5:49.11 (1:32.20)	[1:32.20]
450 m :	---	500 m :	7:22.17 (1:33.06)	550 m :	---	600 m :	8:55.67 (1:33.50)	[1:33.50]
650 m :	---	700 m :	10:29.41 (1:33.74)	750 m :	---	800 m :	12:00.74 (1:31.33)	[1:31.33]
2. GUILBAUD Nathalie		1973	FRA	OCTEVILLE NATATION	16:02.20	191 pts		
50 m :	47.09 (47.09)	100 m :	1:44.44 (57.35)	150 m :	---	200 m :	2:43.78 (59.34)	[59.34]
250 m :	---	300 m :	5:48.19 (3:04.41)	350 m :	---	400 m :	7:54.55 (2:06.36)	[2:06.36]
450 m :	---	500 m :	9:55.12 (2:00.57)	550 m :	---	600 m :	11:58.02 (2:02.90)	[2:02.90]
650 m :	---	700 m :	14:02.95 (2:04.93)	750 m :	---	800 m :	16:02.20 (1:59.25)	[1:59.25]

Résultats

(Suite) Séries : 800 Nage Libre Dames - (C4 : 40 - 44 ans)

[J1 : Di 24/01/2016 - R1]

3. LEBRETON Véronique		1974	FRA	CN AVRANCHES		17:33.58	78 pts
50 m :	56.80 (56.80)	100 m :	2:01.92 (1:05.12) [2:01.92]	150 m :	---	200 m :	4:12.32 (2:10.40) [2:10.40]
250 m :	---	300 m :	6:24.29 (2:11.97) [2:11.97]	350 m :	---	400 m :	8:38.00 (2:13.71) [2:13.71]
450 m :	---	500 m :	10:54.55 (2:16.55) [2:16.55]	550 m :	---	600 m :	13:10.09 (2:15.54) [2:15.54]
650 m :	---	700 m :	15:26.03 (2:15.94) [2:15.94]	750 m :	---	800 m :	17:33.58 (2:07.55) [2:07.55]

Séries : 800 Nage Libre Dames - (C2 : 30 - 34 ans)

[J1 : Di 24/01/2016 - R1]

1. BONNAMANT Lauriane		1985	FRA	VIERZON NATATION		10:16.01	971 pts
50 m :	35.11 (35.11)	100 m :	1:13.15 (38.04) [1:13.15]	150 m :	---	200 m :	2:30.93 (1:17.78) [1:17.78]
250 m :	---	300 m :	3:48.57 (1:17.64) [1:17.64]	350 m :	---	400 m :	5:05.96 (1:17.39) [1:17.39]
450 m :	---	500 m :	6:23.58 (1:17.62) [1:17.62]	550 m :	---	600 m :	7:42.12 (1:18.54) [1:18.54]
650 m :	---	700 m :	8:00.89 (18.77) [18.77]	750 m :	---	800 m :	10:16.01 (2:15.12) [2:15.12]
2. LAINE Elodie		1982	FRA	CNP DE SAINT-LO		14:01.84	335 pts
50 m :	48.04 (48.04)	100 m :	1:48.21 (1:00.17) [1:48.21]	150 m :	---	200 m :	3:22.88 (1:34.67) [1:34.67]
250 m :	---	300 m :	5:09.83 (1:46.95) [1:46.95]	350 m :	---	400 m :	6:56.34 (1:46.51) [1:46.51]
450 m :	---	500 m :	8:44.82 (1:48.48) [1:48.48]	550 m :	---	600 m :	10:32.01 (1:47.19) [1:47.19]
650 m :	---	700 m :	12:19.22 (1:47.21) [1:47.21]	750 m :	---	800 m :	14:01.84 (1:42.62) [1:42.62]

Séries : 800 Nage Libre Dames - (C1 : 25 - 29 ans)

[J1 : Di 24/01/2016 - R1]

1. MAILLARD Lucie		1989	FRA	CN AVRANCHES		15:13.73	183 pts
50 m :	44.07 (44.07)	100 m :	1:38.92 (54.85) [1:38.92]	150 m :	---	200 m :	3:34.17 (1:55.25) [1:55.25]
250 m :	---	300 m :	5:31.29 (1:57.12) [1:57.12]	350 m :	---	400 m :	7:31.58 (2:00.29) [2:00.29]
450 m :	---	500 m :	9:31.15 (1:59.57) [1:59.57]	550 m :	---	600 m :	11:27.96 (1:56.81) [1:56.81]
650 m :	---	700 m :	13:27.83 (1:59.87) [1:59.87]	750 m :	---	800 m :	15:13.73 (1:45.90) [1:45.90]

Série : 1500 Nage Libre Dames - (C6 : 50 - 54 ans)

[J1 : Di 24/01/2016 - R1]

1. MARIE-ARNAUD Anne		1964	FRA	CN COUTANCES		23:29.83	852 pts
50 m :	40.82 (40.82)	100 m :	1:27.02 (46.20) [1:27.02]	150 m :	---	200 m :	2:59.69 (1:32.67) [1:32.67]
250 m :	---	300 m :	4:33.83 (1:34.14) [1:34.14]	350 m :	---	400 m :	6:08.74 (1:34.91) [1:34.91]
450 m :	---	500 m :	7:43.42 (1:34.68) [1:34.68]	550 m :	---	600 m :	9:17.93 (1:34.51) [1:34.51]
650 m :	---	700 m :	10:52.84 (1:34.91) [1:34.91]	750 m :	---	800 m :	12:27.17 (1:34.33) [1:34.33]
850 m :	---	900 m :	14:00.54 (1:33.37) [1:33.37]	950 m :	---	1000 m :	15:34.74 (1:34.20) [1:34.20]
1050 m :	---	1100 m :	17:08.98 (1:34.24) [1:34.24]	1150 m :	---	1200 m :	18:45.24 (1:36.26) [1:36.26]
1250 m :	---	1300 m :	20:20.94 (1:35.70) [1:35.70]	1350 m :	---	1400 m :	21:56.29 (1:35.35) [1:35.35]
1450 m :	---	1500 m :	23:29.83 (1:33.54) [1:33.54]				
2. ENAULT Corinne		1962	FRA	CNP DE SAINT-LO		26:25.63	611 pts
50 m :	46.46 (46.46)	100 m :	1:39.39 (52.93) [1:39.39]	150 m :	---	200 m :	3:26.43 (1:47.04) [1:47.04]
250 m :	---	300 m :	4:19.64 (53.21) [53.21]	350 m :	---	400 m :	6:06.18 (1:46.54) [1:46.54]
450 m :	---	500 m :	7:52.81 (1:46.63) [1:46.63]	550 m :	---	600 m :	9:39.08 (1:46.27) [1:46.27]
650 m :	---	700 m :	12:18.56 (2:39.48) [2:39.48]	750 m :	---	800 m :	14:04.21 (1:45.65) [1:45.65]
850 m :	---	900 m :	15:50.25 (1:46.04) [1:46.04]	950 m :	---	1000 m :	17:37.51 (1:47.26) [1:47.26]
1050 m :	---	1100 m :	19:22.81 (1:45.30) [1:45.30]	1150 m :	---	1200 m :	21:09.19 (1:46.38) [1:46.38]
1250 m :	---	1300 m :	22:55.86 (1:46.67) [1:46.67]	1350 m :	---	1400 m :	24:41.22 (1:45.36) [1:45.36]
1450 m :	---	1500 m :	26:25.63 (1:44.41) [1:44.41]				

Série : 1500 Nage Libre Dames - (C4 : 40 - 44 ans)

[J1 : Di 24/01/2016 - R1]

1. RENARD-LETOURNEAU Valerie		1974	FRA	US ETREPAGNY		24:10.28	639 pts
50 m :	44.31 (44.31)	100 m :	1:32.18 (47.87) [1:32.18]	150 m :	---	200 m :	3:12.02 (1:39.84) [1:39.84]
250 m :	---	300 m :	4:51.15 (1:39.13) [1:39.13]	350 m :	---	400 m :	6:29.91 (1:38.76) [1:38.76]
450 m :	---	500 m :	8:09.48 (1:39.57) [1:39.57]	550 m :	---	600 m :	9:48.65 (1:39.17) [1:39.17]
650 m :	---	700 m :	11:27.37 (1:38.72) [1:38.72]	750 m :	---	800 m :	13:05.01 (1:37.64) [1:37.64]
850 m :	---	900 m :	14:42.59 (1:37.58) [1:37.58]	950 m :	---	1000 m :	16:17.82 (1:35.23) [1:35.23]
1050 m :	---	1100 m :	17:53.26 (1:35.44) [1:35.44]	1150 m :	---	1200 m :	19:29.31 (1:36.05) [1:36.05]
1250 m :	---	1300 m :	21:03.83 (1:34.52) [1:34.52]	1350 m :	---	1400 m :	22:38.27 (1:34.44) [1:34.44]
1450 m :	---	1500 m :	24:10.28 (1:32.01) [1:32.01]				

Résultats

(Suite) Série : 1500 Nage Libre Dames - (C4 : 40 - 44 ans)

[J1 : Di 24/01/2016 - R1]

2. HERVAGAUT Véronique		1972	FRA	CN COUTANCES	26:30.75	459 pts
50 m :	47.85 (47.85)	100 m :	1:39.78 (51.93)	[1:39.78]	150 m :	---
250 m :	---	300 m :	5:14.14 (1:47.30)	[1:47.30]	350 m :	---
450 m :	---	500 m :	8:50.42 (1:47.63)	[1:47.63]	550 m :	---
650 m :	---	700 m :	12:26.50 (1:48.71)	[1:48.71]	750 m :	---
850 m :	---	900 m :	---	---	950 m :	---
1050 m :	---	1100 m :	19:29.52 (1:46.30)	[1:46.30]	1150 m :	---
1250 m :	---	1300 m :	23:01.98 (1:46.76)	[1:46.76]	1350 m :	---
1450 m :	---	1500 m :	26:30.75 (1:42.33)	[1:42.33]	200 m :	3:26.84 (1:47.06)
					400 m :	7:02.79 (1:48.65)
					600 m :	10:37.79 (1:47.37)
					800 m :	---
					1000 m :	17:43.22 (5:16.72)
					1200 m :	21:15.22 (1:45.70)
					1400 m :	24:48.42 (1:46.44)

Série : 1500 Nage Libre Dames - (C2 : 30 - 34 ans)

[J1 : Di 24/01/2016 - R1]

1. BONNAMANT Lauriane		1985	FRA	VIERZON NATATION	20:07.19	921 pts
50 m :	37.69 (37.69)	100 m :	1:19.54 (41.85)	[1:19.54]	150 m :	---
250 m :	---	300 m :	4:04.96 (1:22.56)	[1:22.56]	350 m :	---
450 m :	---	500 m :	6:49.33 (1:22.23)	[1:22.23]	550 m :	---
650 m :	---	700 m :	9:30.93 (1:20.35)	[1:20.35]	750 m :	---
850 m :	---	900 m :	12:12.16 (1:20.42)	[1:20.42]	950 m :	---
1050 m :	---	1100 m :	14:51.81 (1:19.69)	[1:19.69]	1150 m :	---
1250 m :	---	1300 m :	17:31.90 (1:19.72)	[1:19.72]	1350 m :	---
1450 m :	---	1500 m :	20:07.19 (1:17.11)	[1:17.11]	200 m :	2:42.40 (1:22.86)
					400 m :	5:27.10 (1:22.14)
					600 m :	8:10.58 (1:21.25)
					800 m :	10:51.74 (1:20.81)
					1000 m :	13:32.12 (1:19.96)
					1200 m :	16:12.18 (1:20.37)
					1400 m :	18:50.08 (1:18.18)

Série : 400 4 Nages Dames - (C7 : 55 - 59 ans)

[J1 : Di 24/01/2016 - R1]

1. MOTIN Agnes		1961	FRA	CNP DE SAINT-LO	7:50.80	638 pts
50 m :	55.37 (55.37)	100 m :	2:00.43 (1:05.06)	[2:00.43]	150 m :	3:02.63 (1:02.20)
250 m :	5:04.74 (1:00.78)	300 m :	6:05.99 (1:01.25)	[2:02.03]	350 m :	7:00.77 (54.78)
					200 m :	4:03.96 (1:01.33)
					400 m :	7:50.80 (50.03)

Série : 400 4 Nages Dames - (C3 : 35 - 39 ans)

[J1 : Di 24/01/2016 - R1]

1. MURILLO Julie		1979	FRA	OCTEVILLE NATATION	6:40.38	649 pts
50 m :	46.07 (46.07)	100 m :	1:37.48 (51.41)	[1:37.48]	150 m :	---
250 m :	---	300 m :	5:13.09 (1:56.47)	[1:56.47]	350 m :	---
					200 m :	3:16.62 (1:39.14)
					400 m :	6:40.38 (1:27.29)

Série : 400 4 Nages Dames - (C2 : 30 - 34 ans)

[J1 : Di 24/01/2016 - R1]

1. BONNAMANT Lauriane		1985	FRA	VIERZON NATATION	5:39.64	972 pts
50 m :	36.13 (36.13)	100 m :	1:16.95 (40.82)	[1:16.95]	150 m :	---
250 m :	---	300 m :	3:22.84 (38.70)	[38.70]	350 m :	---
					200 m :	2:44.14 (1:27.19)
					400 m :	5:39.64 (2:16.80)

2. CATEL Cecile		1984	FRA	AS CHERBOURG NATATION	7:31.81	368 pts
50 m :	48.26 (48.26)	100 m :	1:45.91 (57.65)	[1:45.91]	150 m :	---
250 m :	---	300 m :	5:43.10 (2:02.71)	[2:02.71]	350 m :	---
					200 m :	3:40.39 (1:54.48)
					400 m :	7:31.81 (1:48.71)

HC : 400 4 Nages Dames

[J1 : Di 24/01/2016 - R1]

HC BOSSAVY Sylvie		1963	FRA	CN COUTANCES	8:04.84	
50 m :	53.14 (53.14)	100 m :	1:56.02 (1:02.88)	[1:56.02]	150 m :	2:57.85 (1:01.83)
250 m :	5:07.55 (1:10.72)	300 m :	6:16.96 (1:09.41)	[2:20.13]	350 m :	7:11.27 (54.31)
					200 m :	3:56.83 (58.98)
					400 m :	8:04.84 (53.57)

Séries : 800 Nage Libre Messieurs - (C10 : 70 - 74 ans)

[J1 : Di 24/01/2016 - R1]

1. LUNG Daniel		1943	FRA	AS CHERBOURG NATATION	16:46.53	420 pts
50 m :	48.61 (48.61)	100 m :	1:46.41 (57.80)	[1:46.41]	150 m :	2:46.70 (1:00.29)
250 m :	4:52.18 (1:04.00)	300 m :	5:57.38 (1:05.20)	[2:09.20]	350 m :	7:01.93 (1:04.55)
450 m :	9:11.30 (1:04.14)	500 m :	10:16.52 (1:05.22)	[2:09.36]	550 m :	11:21.62 (1:05.10)
650 m :	13:33.12 (1:05.49)	700 m :	14:39.63 (1:06.51)	[2:12.00]	750 m :	15:45.30 (1:05.67)
					800 m :	16:46.53 (1:01.23)

Résultats

Séries : 800 Nage Libre Messieurs - (C9 : 65 - 69 ans)

[J1 : Di 24/01/2016 - R1]

1. CHOQUENET Bruno		1950	FRA	CN COUTANCES		15:57.47	371 pts		
50 m :	48.43 (48.43)	100 m :	1:44.23 (55.80)	[1:44.23]	150 m :	---	200 m :	3:43.94 (1:59.71)	[1:59.71]
250 m :	---	300 m :	5:46.19 (2:02.25)	[2:02.25]	350 m :	---	400 m :	7:49.34 (2:03.15)	[2:03.15]
450 m :	---	500 m :	9:53.37 (2:04.03)	[2:04.03]	550 m :	---	600 m :	11:55.98 (2:02.61)	[2:02.61]
650 m :	---	700 m :	13:57.72 (2:01.74)	[2:01.74]	750 m :	---	800 m :	15:57.47 (1:59.75)	[1:59.75]

Séries : 800 Nage Libre Messieurs - (C8 : 60 - 64 ans)

[J1 : Di 24/01/2016 - R1]

1. THEARD Lionel		1954	FRA	OCTEVILLE NATATION		14:14.64	467 pts		
50 m :	46.86 (46.86)	100 m :	1:40.26 (53.40)	[1:40.26]	150 m :	---	200 m :	3:25.83 (1:45.57)	[1:45.57]
250 m :	---	300 m :	5:14.75 (1:48.92)	[1:48.92]	350 m :	---	400 m :	7:02.39 (1:47.64)	[1:47.64]
450 m :	---	500 m :	8:51.08 (1:48.69)	[1:48.69]	550 m :	---	600 m :	10:40.17 (1:49.09)	[1:49.09]
650 m :	---	700 m :	12:29.60 (1:49.43)	[1:49.43]	750 m :	---	800 m :	14:14.64 (1:45.04)	[1:45.04]

Séries : 800 Nage Libre Messieurs - (C7 : 55 - 59 ans)

[J1 : Di 24/01/2016 - R1]

1. HINAUT Guy		1959	FRA	OCTEVILLE NATATION		13:50.10	427 pts		
50 m :	45.39 (45.39)	100 m :	1:33.46 (48.07)	[1:33.46]	150 m :	---	200 m :	3:18.28 (1:44.82)	[1:44.82]
250 m :	---	300 m :	5:06.06 (1:47.78)	[1:47.78]	350 m :	---	400 m :	6:52.96 (1:46.90)	[1:46.90]
450 m :	---	500 m :	8:38.62 (1:45.66)	[1:45.66]	550 m :	---	600 m :	10:24.68 (1:46.06)	[1:46.06]
650 m :	---	700 m :	12:09.77 (1:45.09)	[1:45.09]	750 m :	---	800 m :	13:50.10 (1:40.33)	[1:40.33]
2. BOUTIN Marc		1960	FRA	CN AVRANCHES		13:58.25	409 pts		
50 m :	42.87 (42.87)	100 m :	1:33.82 (50.95)	[1:33.82]	150 m :	---	200 m :	3:20.31 (1:46.49)	[1:46.49]
250 m :	---	300 m :	5:07.42 (1:47.11)	[1:47.11]	350 m :	---	400 m :	6:56.09 (1:48.67)	[1:48.67]
450 m :	---	500 m :	---	---	550 m :	---	600 m :	10:28.15 (3:32.06)	[3:32.06]
650 m :	11:22.28 (54.13)	700 m :	12:15.52 (53.24)	[1:47.37]	750 m :	13:07.67 (52.15)	800 m :	13:58.25 (50.58)	[1:42.73]
3. COLLONGE Stéphane		1961	FRA	AS CHERBOURG NATATION		17:12.15	93 pts		
50 m :	49.13 (49.13)	100 m :	1:46.71 (57.58)	[1:46.71]	150 m :	2:49.46 (1:02.75)	200 m :	3:52.63 (1:03.17)	[2:05.92]
250 m :	4:55.72 (1:03.09)	300 m :	5:59.65 (1:03.93)	[2:07.02]	350 m :	7:04.97 (1:05.32)	400 m :	8:10.53 (1:05.56)	[2:10.88]
450 m :	9:17.00 (1:06.47)	500 m :	10:23.41 (1:06.41)	[2:12.88]	550 m :	11:30.09 (1:06.68)	600 m :	12:37.31 (1:07.22)	[2:13.90]
650 m :	13:46.66 (1:09.35)	700 m :	14:55.70 (1:09.04)	[2:18.39]	750 m :	16:04.97 (1:09.27)	800 m :	17:12.15 (1:07.18)	[2:16.45]

Séries : 800 Nage Libre Messieurs - (C6 : 50 - 54 ans)

[J1 : Di 24/01/2016 - R1]

1. BAUER Martial		1962	FRA	AS CHERBOURG NATATION		11:24.50	736 pts		
50 m :	36.67 (36.67)	100 m :	1:18.01 (41.34)	[1:18.01]	150 m :	---	200 m :	2:43.70 (1:25.69)	[1:25.69]
250 m :	---	300 m :	4:15.40 (1:31.70)	[1:31.70]	350 m :	---	400 m :	5:44.41 (1:29.01)	[1:29.01]
450 m :	---	500 m :	7:10.70 (1:26.29)	[1:26.29]	550 m :	---	600 m :	8:35.82 (1:25.12)	[1:25.12]
650 m :	---	700 m :	10:01.68 (1:25.86)	[1:25.86]	750 m :	---	800 m :	11:24.50 (1:22.82)	[1:22.82]
2. KALUZINSKI Eric		1964	FRA	AS CHERBOURG NATATION		14:03.34	329 pts		
50 m :	43.17 (43.17)	100 m :	1:32.41 (49.24)	[1:32.41]	150 m :	2:23.55 (51.14)	200 m :	3:14.70 (51.15)	[1:42.29]
250 m :	4:07.18 (52.48)	300 m :	5:01.34 (54.16)	[1:46.64]	350 m :	5:55.98 (54.64)	400 m :	6:51.72 (55.74)	[1:50.38]
450 m :	7:45.98 (54.26)	500 m :	8:40.51 (54.53)	[1:48.79]	550 m :	9:34.49 (53.98)	600 m :	10:28.21 (53.72)	[1:47.70]
650 m :	11:23.54 (55.33)	700 m :	12:18.83 (55.29)	[1:50.62]	750 m :	13:13.69 (54.86)	800 m :	14:03.34 (49.65)	[1:44.51]

Séries : 800 Nage Libre Messieurs - (C5 : 45 - 49 ans)

[J1 : Di 24/01/2016 - R1]

1. LECACHEUX Bruno		1970	FRA	AS CHERBOURG NATATION		10:11.44	907 pts		
50 m :	35.54 (35.54)	100 m :	1:13.60 (38.06)	[1:13.60]	150 m :	---	200 m :	2:30.81 (1:17.21)	[1:17.21]
250 m :	---	300 m :	3:48.50 (1:17.69)	[1:17.69]	350 m :	---	400 m :	5:04.78 (1:16.28)	[1:16.28]
450 m :	---	500 m :	6:21.25 (1:16.47)	[1:16.47]	550 m :	---	600 m :	7:38.14 (1:16.89)	[1:16.89]
650 m :	---	700 m :	8:55.21 (1:17.07)	[1:17.07]	750 m :	---	800 m :	10:11.44 (1:16.23)	[1:16.23]
2. SIZUN Vincent		1967	FRA	CN AVRANCHES		13:37.31	326 pts		
50 m :	44.70 (44.70)	100 m :	1:33.18 (48.48)	[1:33.18]	150 m :	2:23.41 (50.23)	200 m :	3:14.75 (51.34)	[1:41.57]
250 m :	4:05.99 (51.24)	300 m :	4:58.52 (52.53)	[1:43.77]	350 m :	5:50.86 (52.34)	400 m :	6:42.52 (51.66)	[1:44.00]
450 m :	7:35.47 (52.95)	500 m :	8:27.65 (52.18)	[1:45.13]	550 m :	9:20.13 (52.48)	600 m :	10:12.35 (52.22)	[1:44.70]
650 m :	11:04.89 (52.54)	700 m :	11:56.12 (51.23)	[1:43.77]	750 m :	12:48.87 (52.75)	800 m :	13:37.31 (48.44)	[1:41.19]
3. LETERRIER Stephane		1971	FRA	AS CHERBOURG NATATION		14:28.06	228 pts		
50 m :	45.83 (45.83)	100 m :	1:35.49 (49.66)	[1:35.49]	150 m :	2:27.16 (51.67)	200 m :	3:21.14 (53.98)	[1:45.65]
250 m :	4:15.41 (54.27)	300 m :	5:10.23 (54.82)	[1:49.09]	350 m :	6:06.74 (56.51)	400 m :	7:03.57 (56.83)	[1:53.34]
450 m :	7:59.73 (56.16)	500 m :	8:57.58 (57.85)	[1:54.01]	550 m :	---	600 m :	---	---
650 m :	---	700 m :	---	---	750 m :	---	800 m :	14:28.06 (5:30.48)	[5:30.48]

Résultats

(Suite) Séries : 800 Nage Libre Messieurs - (C5 : 45 - 49 ans)

[J1 : Di 24/01/2016 - R1]

4. ARNAUD Laurent		1968	FRA	AS CHERBOURG NATATION	15:01.15	173 pts		
50 m :	45.86 (45.86)	100 m :	1:36.49 (50.63)	150 m :	---	200 m :	3:27.65 (1:51.16)	[1:51.16]
250 m :	---	300 m :	5:25.28 (1:57.63)	350 m :	---	400 m :	7:19.12 (1:53.84)	[1:53.84]
450 m :	---	500 m :	9:15.93 (1:56.81)	550 m :	---	600 m :	11:13.64 (1:57.71)	[1:57.71]
650 m :	---	700 m :	13:08.78 (1:55.14)	750 m :	---	800 m :	15:01.15 (1:52.37)	[1:52.37]
5. BARTHELEMY Michel		1967	FRA	AS CHERBOURG NATATION	16:46.84	48 pts		
50 m :	53.45 (53.45)	100 m :	1:52.25 (58.80)	150 m :	---	200 m :	3:59.44 (2:07.19)	[2:07.19]
250 m :	---	300 m :	5:03.85 (1:04.41)	350 m :	---	400 m :	7:13.77 (2:09.92)	[2:09.92]
450 m :	---	500 m :	9:23.10 (2:09.33)	550 m :	---	600 m :	11:31.26 (2:08.16)	[2:08.16]
650 m :	---	700 m :	14:42.15 (3:10.89)	750 m :	---	800 m :	16:46.84 (2:04.69)	[2:04.69]

Séries : 800 Nage Libre Messieurs - (C4 : 40 - 44 ans)

[J1 : Di 24/01/2016 - R1]

1. VILLETTE Florent		1972	FRA	AS CHERBOURG NATATION	9:51.52	935 pts		
50 m :	35.08 (35.08)	100 m :	1:12.80 (37.72)	150 m :	---	200 m :	2:29.53 (1:16.73)	[1:16.73]
250 m :	---	300 m :	3:45.83 (1:16.30)	350 m :	---	400 m :	5:01.38 (1:15.55)	[1:15.55]
450 m :	---	500 m :	6:16.18 (1:14.80)	550 m :	---	600 m :	7:30.19 (1:14.01)	[1:14.01]
650 m :	---	700 m :	8:43.29 (1:13.10)	750 m :	---	800 m :	9:51.52 (1:08.23)	[1:08.23]
2. MOTIN Frederick		1973	FRA	CNP DE SAINT-LO	12:09.02	500 pts		
50 m :	39.88 (39.88)	100 m :	1:23.27 (43.39)	150 m :	---	200 m :	2:52.62 (1:29.35)	[1:29.35]
250 m :	---	300 m :	4:23.94 (1:31.32)	350 m :	---	400 m :	5:56.31 (1:32.37)	[1:32.37]
450 m :	---	500 m :	7:28.93 (1:32.62)	550 m :	---	600 m :	9:02.38 (1:33.45)	[1:33.45]
650 m :	---	700 m :	10:36.41 (1:34.03)	750 m :	---	800 m :	12:09.02 (1:32.61)	[1:32.61]
3. AUVRAY Frederic		1973	FRA	CNP DE SAINT-LO	13:21.81	324 pts		
50 m :	43.32 (43.32)	100 m :	1:31.56 (48.24)	150 m :	2:22.58 (51.02)	200 m :	3:14.00 (51.42)	[1:42.44]
250 m :	4:05.98 (51.98)	300 m :	4:56.65 (50.67)	350 m :	5:47.64 (50.99)	400 m :	6:38.85 (51.21)	[1:42.20]
450 m :	7:29.96 (51.11)	500 m :	8:20.45 (50.49)	550 m :	9:12.28 (51.83)	600 m :	10:02.05 (49.77)	[1:41.60]
650 m :	10:53.79 (51.74)	700 m :	11:45.71 (51.92)	750 m :	12:35.21 (49.50)	800 m :	13:21.81 (46.60)	[1:36.10]
4. MALHERBAUD Pierre		1974	FRA	CLUB NAUTIQUE DOMREMY 13	15:23.60	115 pts		
50 m :	47.39 (47.39)	100 m :	1:42.12 (54.73)	150 m :	---	200 m :	3:39.09 (1:56.97)	[1:56.97]
250 m :	---	300 m :	5:39.13 (2:00.04)	350 m :	---	400 m :	7:40.29 (2:01.16)	[2:01.16]
450 m :	---	500 m :	9:38.40 (1:58.11)	550 m :	---	600 m :	11:36.24 (1:57.84)	[1:57.84]
650 m :	---	700 m :	13:32.48 (1:56.24)	750 m :	---	800 m :	15:23.60 (1:51.12)	[1:51.12]
---	GIFFARD Romuald	1976	FRA	AS CHERBOURG NATATION	DNS	dec		

Séries : 800 Nage Libre Messieurs - (C3 : 35 - 39 ans)

[J1 : Di 24/01/2016 - R1]

1. WHITE Oliver		1978	GBR	AS CHERBOURG NATATION	9:52.94	898 pts		
50 m :	32.53 (32.53)	100 m :	1:09.91 (37.38)	150 m :	---	200 m :	2:26.41 (1:16.50)	[1:16.50]
250 m :	---	300 m :	3:42.85 (1:16.44)	350 m :	---	400 m :	4:58.60 (1:15.75)	[1:15.75]
450 m :	---	500 m :	6:14.11 (1:15.51)	550 m :	---	600 m :	7:28.70 (1:14.59)	[1:14.59]
650 m :	---	700 m :	8:42.31 (1:13.61)	750 m :	---	800 m :	9:52.94 (1:10.63)	[1:10.63]

Séries : 1500 Nage Libre Messieurs - (C13 : 85 - 89 ans)

[J1 : Di 24/01/2016 - R1]

1. GUIHO Gabriel		1930	FRA	ROUEN MASTERS CLUB	32:18.01	1108 pts	RFC13	
50 m :	59.40 (59.40)	100 m :	2:02.38 (1:02.98)	150 m :	---	200 m :	4:07.28 (2:04.90)	[2:04.90]
250 m :	---	300 m :	6:12.89 (2:05.61)	350 m :	---	400 m :	8:18.26 (2:05.37)	[2:05.37]
450 m :	---	500 m :	10:23.78 (2:05.52)	550 m :	---	600 m :	12:30.01 (2:06.23)	[2:06.23]
650 m :	---	700 m :	14:37.75 (2:07.74)	750 m :	---	800 m :	16:46.22 (2:08.47)	[2:08.47]
850 m :	---	900 m :	18:53.40 (2:07.18)	950 m :	---	1000 m :	21:05.56 (2:12.16)	[2:12.16]
1050 m :	---	1100 m :	23:17.18 (2:11.62)	1150 m :	---	1200 m :	25:30.35 (2:13.17)	[2:13.17]
1250 m :	---	1300 m :	27:49.00 (2:18.65)	1350 m :	---	1400 m :	29:59.75 (2:10.75)	[2:10.75]
1450 m :	---	1500 m :	32:18.01 (2:18.26)					

Résultats

Séries : 1500 Nage Libre Messieurs - (C7 : 55 - 59 ans)

[J1 : Di 24/01/2016 - R1]

1. BOUTIN Marc		1960	FRA	CN AVRANCHES	26:45.93	403 pts		
50 m :	44.85 (44.85)	100 m :	1:36.65 (51.80)	150 m :	---	200 m :	3:25.14 (1:48.49)	[1:48.49]
250 m :	---	300 m :	5:13.18 (1:48.04)	350 m :	---	400 m :	7:01.30 (1:48.12)	[1:48.12]
450 m :	---	500 m :	8:49.52 (1:48.22)	550 m :	---	600 m :	10:37.37 (1:47.85)	[1:47.85]
650 m :	---	700 m :	12:26.12 (1:48.75)	750 m :	---	800 m :	14:13.84 (1:47.72)	[1:47.72]
850 m :	---	900 m :	16:01.61 (1:47.77)	950 m :	---	1000 m :	17:49.76 (1:48.15)	[1:48.15]
1050 m :	---	1100 m :	19:38.06 (1:48.30)	1150 m :	---	1200 m :	21:26.07 (1:48.01)	[1:48.01]
1250 m :	---	1300 m :	23:13.44 (1:47.37)	1350 m :	---	1400 m :	25:00.49 (1:47.05)	[1:47.05]
1450 m :	---	1500 m :	26:45.93 (1:45.44)					

Séries : 1500 Nage Libre Messieurs - (C6 : 50 - 54 ans)

[J1 : Di 24/01/2016 - R1]

1. BAUER Martial		1962	FRA	AS CHERBOURG NATATION	22:01.75	706 pts		
50 m :	38.30 (38.30)	100 m :	1:20.77 (42.47)	150 m :	---	200 m :	2:49.83 (1:29.06)	[1:29.06]
250 m :	---	300 m :	4:19.14 (1:29.31)	350 m :	---	400 m :	5:48.10 (1:28.96)	[1:28.96]
450 m :	---	500 m :	7:17.30 (1:29.20)	550 m :	---	600 m :	8:48.25 (1:30.95)	[1:30.95]
650 m :	---	700 m :	10:15.14 (1:26.89)	750 m :	---	800 m :	11:44.12 (1:28.98)	[1:28.98]
850 m :	---	900 m :	13:13.92 (1:29.80)	950 m :	---	1000 m :	14:42.98 (1:29.06)	[1:29.06]
1050 m :	---	1100 m :	16:11.18 (1:28.20)	1150 m :	---	1200 m :	17:40.01 (1:28.83)	[1:28.83]
1250 m :	---	1300 m :	19:08.92 (1:28.91)	1350 m :	---	1400 m :	20:37.28 (1:28.36)	[1:28.36]
1450 m :	---	1500 m :	22:01.75 (1:24.47)					

2. LAMMENS Laurent		1965	FRA	JEANNE D'ARC EAUBONNE	22:29.34	664 pts		
50 m :	38.32 (38.32)	100 m :	1:20.97 (42.65)	150 m :	---	200 m :	2:48.39 (1:27.42)	[1:27.42]
250 m :	---	300 m :	4:17.31 (1:28.92)	350 m :	---	400 m :	5:47.59 (1:30.28)	[1:30.28]
450 m :	---	500 m :	7:18.61 (1:31.02)	550 m :	---	600 m :	8:50.40 (1:31.79)	[1:31.79]
650 m :	---	700 m :	10:22.59 (1:32.19)	750 m :	---	800 m :	11:53.18 (1:30.59)	[1:30.59]
850 m :	---	900 m :	13:24.71 (1:31.53)	950 m :	---	1000 m :	14:56.44 (1:31.73)	[1:31.73]
1050 m :	---	1100 m :	16:28.19 (1:31.75)	1150 m :	---	1200 m :	17:59.90 (1:31.71)	[1:31.71]
1250 m :	---	1300 m :	19:32.54 (1:32.64)	1350 m :	---	1400 m :	21:03.65 (1:31.11)	[1:31.11]
1450 m :	---	1500 m :	22:29.34 (1:25.69)					

3. PIQUOT Frédéric		1964	FRA	ESPÉRANCE VAILLANTE GRANVILLE	26:13.89	369 pts		
50 m :	44.96 (44.96)	100 m :	1:34.85 (49.89)	150 m :	---	200 m :	3:20.66 (1:45.81)	[1:45.81]
250 m :	---	300 m :	5:05.27 (1:44.61)	350 m :	---	400 m :	6:52.45 (1:47.18)	[1:47.18]
450 m :	---	500 m :	8:38.09 (1:45.64)	550 m :	---	600 m :	10:23.34 (1:45.25)	[1:45.25]
650 m :	---	700 m :	12:09.98 (1:46.64)	750 m :	---	800 m :	13:57.00 (1:47.02)	[1:47.02]
850 m :	---	900 m :	15:42.21 (1:45.21)	950 m :	---	1000 m :	17:30.30 (1:48.09)	[1:48.09]
1050 m :	---	1100 m :	19:17.24 (1:46.94)	1150 m :	---	1200 m :	21:03.62 (1:46.38)	[1:46.38]
1250 m :	---	1300 m :	22:51.76 (1:48.14)	1350 m :	---	1400 m :	24:35.65 (1:43.89)	[1:43.89]
1450 m :	---	1500 m :	26:13.89 (1:38.24)					

4. ALBENTOSA Christian		1965	FRA	ESPÉRANCE VAILLANTE GRANVILLE	28:12.30	249 pts		
50 m :	52.91 (52.91)	100 m :	1:44.75 (51.84)	150 m :	---	200 m :	3:34.11 (1:49.36)	[1:49.36]
250 m :	---	300 m :	5:28.09 (1:53.98)	350 m :	---	400 m :	7:23.74 (1:55.65)	[1:55.65]
450 m :	---	500 m :	9:19.14 (1:55.40)	550 m :	---	600 m :	11:13.03 (1:53.89)	[1:53.89]
650 m :	---	700 m :	13:06.44 (1:53.41)	750 m :	---	800 m :	15:01.10 (1:54.66)	[1:54.66]
850 m :	---	900 m :	16:54.75 (1:53.65)	950 m :	---	1000 m :	18:48.00 (1:53.25)	[1:53.25]
1050 m :	---	1100 m :	20:40.84 (1:52.84)	1150 m :	---	1200 m :	22:35.31 (1:54.47)	[1:54.47]
1250 m :	---	1300 m :	24:29.09 (1:53.78)	1350 m :	---	1400 m :	26:21.29 (1:52.20)	[1:52.20]
1450 m :	---	1500 m :	28:12.30 (1:51.01)					

Séries : 1500 Nage Libre Messieurs - (C5 : 45 - 49 ans)

[J1 : Di 24/01/2016 - R1]

1. LECACHEUX Bruno		1970	FRA	AS CHERBOURG NATATION	19:41.38	875 pts		
50 m :	36.72 (36.72)	100 m :	1:16.97 (40.25)	150 m :	---	200 m :	2:39.99 (1:23.02)	[1:23.02]
250 m :	---	300 m :	4:00.94 (1:20.95)	350 m :	---	400 m :	5:21.68 (1:20.74)	[1:20.74]
450 m :	---	500 m :	6:41.83 (1:20.15)	550 m :	---	600 m :	8:01.64 (1:19.81)	[1:19.81]
650 m :	---	700 m :	9:20.88 (1:19.24)	750 m :	---	800 m :	10:40.00 (1:19.12)	[1:19.12]
850 m :	---	900 m :	11:58.12 (1:18.12)	950 m :	---	1000 m :	13:16.16 (1:18.04)	[1:18.04]
1050 m :	---	1100 m :	14:34.38 (1:18.22)	1150 m :	---	1200 m :	16:52.44 (2:18.06)	[2:18.06]
1250 m :	---	1300 m :	17:09.97 (1:17.53)	1350 m :	---	1400 m :	18:26.94 (1:16.97)	[1:16.97]
1450 m :	---	1500 m :	19:41.38 (1:14.44)					

Résultats

(Suite) Séries : 1500 Nage Libre Messieurs - (C5 : 45 - 49 ans)

[J1 : Di 24/01/2016 - R1]

2. MALHERBE Cyriaque		1968	FRA	AS CHERBOURG NATATION	33:09.18	28 pts
50 m :	57.35 (57.35)	100 m :	2:06.01 (1:08.66)	[2:06.01]	150 m :	---
250 m :	---	300 m :	6:29.55 (2:14.75)	[2:14.75]	350 m :	---
450 m :	---	500 m :	10:56.82 (2:13.85)	[2:13.85]	550 m :	---
650 m :	---	700 m :	15:23.18 (2:13.76)	[2:13.76]	750 m :	---
850 m :	---	900 m :	19:52.92 (2:15.72)	[2:15.72]	950 m :	---
1050 m :	---	1100 m :	24:19.60 (2:12.58)	[2:12.58]	1150 m :	---
1250 m :	---	1300 m :	28:48.52 (2:14.60)	[2:14.60]	1350 m :	---
1450 m :	---	1500 m :	33:09.18 (2:07.18)	[2:07.18]	200 m :	4:14.80 (2:08.79)
					400 m :	8:42.97 (2:13.42)
					600 m :	13:09.42 (2:12.60)
					800 m :	17:37.20 (2:14.02)
					1000 m :	22:07.02 (2:14.10)
					1200 m :	26:33.92 (2:14.32)
					1400 m :	31:02.00 (2:13.48)

Séries : 1500 Nage Libre Messieurs - (C4 : 40 - 44 ans)

[J1 : Di 24/01/2016 - R1]

1. VILLETTE Florent		1972	FRA	AS CHERBOURG NATATION	19:30.33	854 pts
50 m :	36.19 (36.19)	100 m :	1:16.74 (40.55)	[1:16.74]	150 m :	---
250 m :	---	300 m :	4:00.55 (1:21.37)	[1:21.37]	350 m :	---
450 m :	---	500 m :	6:41.53 (1:20.15)	[1:20.15]	550 m :	---
650 m :	---	700 m :	9:20.54 (1:19.20)	[1:19.20]	750 m :	---
850 m :	---	900 m :	11:57.48 (1:17.81)	[1:17.81]	950 m :	---
1050 m :	---	1100 m :	14:31.73 (1:16.07)	[1:16.07]	1150 m :	---
1250 m :	---	1300 m :	17:00.75 (1:14.68)	[1:14.68]	1350 m :	---
1450 m :	---	1500 m :	19:30.33 (1:14.03)	[1:14.03]	200 m :	2:39.18 (1:22.44)
					400 m :	5:21.38 (1:20.83)
					600 m :	8:01.34 (1:19.81)
					800 m :	10:39.67 (1:19.13)
					1000 m :	13:15.66 (1:18.18)
					1200 m :	15:46.07 (1:14.34)
					1400 m :	18:16.30 (1:15.55)

Séries : 1500 Nage Libre Messieurs - (C3 : 35 - 39 ans)

[J1 : Di 24/01/2016 - R1]

1. CAUVIN Didier		1977	FRA	CNP DE SAINT-LO	22:22.38	548 pts
50 m :	36.91 (36.91)	100 m :	1:18.41 (41.50)	[1:18.41]	150 m :	---
250 m :	---	300 m :	4:12.45 (1:29.16)	[1:29.16]	350 m :	---
450 m :	---	500 m :	7:09.59 (1:28.21)	[1:28.21]	550 m :	---
650 m :	---	700 m :	10:09.06 (1:30.53)	[1:30.53]	750 m :	---
850 m :	---	900 m :	13:10.95 (1:31.08)	[1:31.08]	950 m :	---
1050 m :	---	1100 m :	16:14.85 (1:31.61)	[1:31.61]	1150 m :	---
1250 m :	---	1300 m :	19:18.92 (1:32.57)	[1:32.57]	1350 m :	---
1450 m :	---	1500 m :	22:22.38 (1:31.40)	[1:31.40]	200 m :	2:43.29 (1:24.88)
					400 m :	5:41.38 (1:28.93)
					600 m :	8:38.53 (1:28.94)
					800 m :	11:39.87 (1:30.81)
					1000 m :	14:43.24 (1:32.29)
					1200 m :	17:46.35 (1:31.50)
					1400 m :	20:50.98 (1:32.06)

Séries : 1500 Nage Libre Messieurs - (C2 : 30 - 34 ans)

[J1 : Di 24/01/2016 - R1]

1. LAMOTTE Jillian		1985	FRA	ALENÇON NC	18:13.68	955 pts
50 m :	30.65 (30.65)	100 m :	1:04.87 (34.22)	[1:04.87]	150 m :	---
250 m :	---	300 m :	3:27.05 (1:11.68)	[1:11.68]	350 m :	---
450 m :	---	500 m :	5:52.79 (1:13.21)	[1:13.21]	550 m :	---
650 m :	---	700 m :	8:19.93 (1:14.25)	[1:14.25]	750 m :	---
850 m :	---	900 m :	10:48.47 (1:14.16)	[1:14.16]	950 m :	---
1050 m :	---	1100 m :	13:17.69 (1:14.66)	[1:14.66]	1150 m :	---
1250 m :	---	1300 m :	15:46.28 (1:14.22)	[1:14.22]	1350 m :	---
1450 m :	---	1500 m :	18:13.68 (1:12.79)	[1:12.79]	200 m :	2:15.37 (1:10.50)
					400 m :	4:39.58 (1:12.53)
					600 m :	7:05.68 (1:12.89)
					800 m :	9:34.31 (1:14.38)
					1000 m :	12:03.03 (1:14.56)
					1200 m :	14:32.06 (1:14.37)
					1400 m :	17:00.89 (1:14.61)

Série : 400 4 Nages Messieurs - (C10 : 70 - 74 ans)

[J1 : Di 24/01/2016 - R1]

1. BRIEGEL Michel		1943	FRA	OCTEVILLE NATATION	9:01.58	565 pts
50 m :	1:02.23 (1:02.23)	100 m :	2:18.54 (1:16.31)	[2:18.54]	150 m :	3:33.08 (1:14.54)
250 m :	---	300 m :	7:04.22 (2:17.26)	[2:17.26]	350 m :	---
					200 m :	4:46.96 (1:13.88)
					400 m :	9:01.58 (1:57.36)

Série : 400 4 Nages Messieurs - (C6 : 50 - 54 ans)

[J1 : Di 24/01/2016 - R1]

1. LE GARREC Serge		1966	FRA	CNP DE SAINT-LO	7:13.00	475 pts
50 m :	43.33 (43.33)	100 m :	1:35.18 (51.85)	[1:35.18]	150 m :	---
250 m :	---	300 m :	5:36.92 (1:57.95)	[1:57.95]	350 m :	---
					200 m :	3:38.97 (2:03.79)
					400 m :	7:13.00 (1:36.08)
2. DESCAMPEAUX Olivier		1963	FRA	AS CHERBOURG NATATION	7:41.81	355 pts
50 m :	45.53 (45.53)	100 m :	1:42.09 (56.56)	[1:42.09]	150 m :	---
250 m :	---	300 m :	5:55.68 (2:08.48)	[2:08.48]	350 m :	---
					200 m :	3:47.20 (2:05.11)
					400 m :	7:41.81 (1:46.13)

Résultats

Série : 400 4 Nages Messieurs - (C5 : 45 - 49 ans)

[J1 : Di 24/01/2016 - R1]

1. LECACHEUX Bruno	1970	FRA	AS CHERBOURG NATATION	5:32.89	935 pts
50 m : 36.28 (36.28)	100 m : 1:17.70 (41.42)	[1:17.70]	150 m : ---	200 m : 2:45.21 (1:27.51)	[1:27.51]
250 m : ---	300 m : 4:17.14 (1:31.93)	[1:31.93]	350 m : ---	400 m : 5:32.89 (1:15.75)	[1:15.75]

Série : 400 4 Nages Messieurs - (C4 : 40 - 44 ans)

[J1 : Di 24/01/2016 - R1]

1. VILLETTE Florent	1972	FRA	AS CHERBOURG NATATION	5:39.79	832 pts
50 m : 36.44 (36.44)	100 m : 1:19.17 (42.73)	[1:19.17]	150 m : ---	200 m : 2:44.82 (1:25.65)	[1:25.65]
250 m : ---	300 m : 4:26.04 (1:41.22)	[1:41.22]	350 m : ---	400 m : 5:39.79 (1:13.75)	[1:13.75]

Série : 400 4 Nages Messieurs - (C2 : 30 - 34 ans)

[J1 : Di 24/01/2016 - R1]

1. LAMOTTE Jillian	1985	FRA	ALENÇON NC	5:14.22	928 pts
50 m : 33.10 (33.10)	100 m : 1:12.69 (39.59)	[1:12.69]	150 m : ---	200 m : ---	
250 m : ---	300 m : ---		350 m : ---	400 m : 5:14.22 (4:01.53)	[4:01.53]