

Résultats

[Cotation FFN]

Séries : 800 Nage Libre Dames - (Seniors : 18 ans et plus)

[J1 : Di 02/02/2020 - R1]

1. LUTHI-MAIRE Adèle		1999	FRA	C.S.C CARENTAN NATATION	11:10.87	740 pts	
50 m :	34.25 (34.25)	100 m :	1:13.39 (39.14) [1:13.39]	150 m :	1:54.53 (41.14)	200 m :	2:36.14 (41.61) [1:22.75]
250 m :	3:18.71 (42.57)	300 m :	4:01.53 (42.82) [1:25.39]	350 m :	4:44.14 (42.61)	400 m :	5:27.27 (43.13) [1:25.74]
450 m :	6:10.50 (43.23)	500 m :	6:54.21 (43.71) [1:26.94]	550 m :	7:37.78 (43.57)	600 m :	8:21.36 (43.58) [1:27.15]
650 m :	9:04.61 (43.25)	700 m :	9:47.28 (42.67) [1:25.92]	750 m :	10:30.28 (43.00)	800 m :	11:10.87 (40.59) [1:23.59]
2. LEVRARD Lucie		1997	FRA	C.S.C CARENTAN NATATION	13:25.88	380 pts	
50 m :	42.76 (42.76)	100 m :	1:31.91 (49.15) [1:31.91]	150 m :	2:21.74 (49.83)	200 m :	3:12.03 (50.29) [1:40.12]
250 m :	4:02.92 (50.89)	300 m :	4:54.29 (51.37) [1:42.26]	350 m :	5:46.12 (51.83)	400 m :	6:37.53 (51.41) [1:43.24]
450 m :	7:28.44 (50.91)	500 m :	8:19.03 (50.59) [1:41.50]	550 m :	9:10.38 (51.35)	600 m :	10:02.25 (51.87) [1:43.22]
650 m :	10:53.20 (50.95)	700 m :	11:43.85 (50.65) [1:41.60]	750 m :	12:34.78 (50.93)	800 m :	13:25.88 (51.10) [1:42.03]

Séries : 800 Nage Libre Dames - (Juniors 2 : 16 - 17 ans)

[J1 : Di 02/02/2020 - R1]

1. FREMOND Kenza		2004	FRA	CN COUTANCES	10:18.96	909 pts	
50 m :	34.86 (34.86)	100 m :	1:12.55 (37.69) [1:12.55]	150 m :	1:51.68 (39.13)	200 m :	2:30.97 (39.29) [1:18.42]
250 m :	3:10.42 (39.45)	300 m :	3:49.65 (39.23) [1:18.68]	350 m :	4:28.42 (38.77)	400 m :	5:07.39 (38.97) [1:17.74]
450 m :	5:46.32 (38.93)	500 m :	6:25.47 (39.15) [1:18.08]	550 m :	7:04.52 (39.05)	600 m :	7:43.75 (39.23) [1:18.28]
650 m :	8:22.88 (39.13)	700 m :	9:02.11 (39.23) [1:18.36]	750 m :	9:41.48 (39.37)	800 m :	10:18.96 (37.48) [1:16.85]
2. MOREAU Naomie		2004	FRA	CNP DE SAINT-LO	11:19.59	713 pts	
50 m :	37.58 (37.58)	100 m :	1:19.37 (41.79) [1:19.37]	150 m :	2:01.40 (42.03)	200 m :	2:43.72 (42.32) [1:24.35]
250 m :	3:27.25 (43.53)	300 m :	4:10.62 (43.37) [1:26.90]	350 m :	4:54.08 (43.46)	400 m :	5:36.94 (42.86) [1:26.32]
450 m :	6:19.47 (42.53)	500 m :	7:02.97 (43.50) [1:26.03]	550 m :	7:45.90 (42.93)	600 m :	8:29.19 (43.29) [1:26.22]
650 m :	9:11.79 (42.60)	700 m :	9:54.58 (42.79) [1:25.39]	750 m :	10:37.58 (43.00)	800 m :	11:19.59 (42.01) [1:25.01]
3. LAMY Clementine		2004	FRA	C.S.C CARENTAN NATATION	11:40.55	651 pts	
50 m :	34.50 (34.50)	100 m :	1:14.91 (40.41) [1:14.91]	150 m :	1:57.42 (42.51)	200 m :	2:41.25 (43.83) [1:26.34]
250 m :	3:25.42 (44.17)	300 m :	4:10.27 (44.85) [1:29.02]	350 m :	4:55.12 (44.85)	400 m :	5:40.39 (45.27) [1:30.12]
450 m :	6:25.56 (45.17)	500 m :	7:11.13 (45.57) [1:30.74]	550 m :	7:56.38 (45.25)	600 m :	8:42.25 (45.87) [1:31.12]
650 m :	9:28.06 (45.81)	700 m :	10:13.75 (45.69) [1:31.50]	750 m :	10:58.52 (44.77)	800 m :	11:40.55 (42.03) [1:26.80]
4. SAINT Alice		2004	FRA	CNP DE SAINT-LO	11:58.01	601 pts	
50 m :	38.62 (38.62)	100 m :	1:22.57 (43.95) [1:22.57]	150 m :	2:07.58 (45.01)	200 m :	2:52.35 (44.77) [1:29.78]
250 m :	3:37.64 (45.29)	300 m :	4:22.93 (45.29) [1:30.58]	350 m :	5:08.40 (45.47)	400 m :	5:54.05 (45.65) [1:31.12]
450 m :	6:39.68 (45.63)	500 m :	7:25.09 (45.41) [1:31.04]	550 m :	8:10.68 (45.59)	600 m :	8:57.05 (46.37) [1:31.96]
650 m :	9:43.00 (45.95)	700 m :	10:28.63 (45.63) [1:31.58]	750 m :	11:14.64 (46.01)	800 m :	11:58.01 (43.37) [1:29.38]
5. JOUIS Octavie		2004	FRA	ESPÉRANCE VAILLANTE GRANVILLE	12:46.19	474 pts	
50 m :	39.92 (39.92)	100 m :	1:25.49 (45.57) [1:25.49]	150 m :	2:12.98 (47.49)	200 m :	2:59.83 (46.85) [1:34.34]
250 m :	3:48.56 (48.73)	300 m :	4:36.91 (48.35) [1:37.08]	350 m :	5:25.68 (48.77)	400 m :	6:15.05 (49.37) [1:38.14]
450 m :	7:04.42 (49.37)	500 m :	7:53.87 (49.45) [1:38.82]	550 m :	8:43.16 (49.29)	600 m :	9:31.71 (48.55) [1:37.84]
650 m :	10:20.54 (48.83)	700 m :	11:09.79 (49.25) [1:38.08]	750 m :	11:59.12 (49.33)	800 m :	12:46.19 (47.07) [1:36.40]

Séries : 800 Nage Libre Dames - (Juniors 1 : 14 - 15 ans)

[J1 : Di 02/02/2020 - R1]

1. LEDRUILLENEC Karell		2005	FRA	CN COUTANCES	10:38.25	844 pts	
50 m :	35.28 (35.28)	100 m :	1:13.65 (38.37) [1:13.65]	150 m :	1:52.78 (39.13)	200 m :	2:32.05 (39.27) [1:18.40]
250 m :	3:11.80 (39.75)	300 m :	3:51.85 (40.05) [1:19.80]	350 m :	4:32.18 (40.33)	400 m :	5:12.27 (40.09) [1:20.42]
450 m :	---	500 m :	6:33.56 (1:21.29) [1:21.29]	550 m :	7:14.95 (41.39)	600 m :	7:55.48 (40.53) [1:21.92]
650 m :	8:36.87 (41.39)	700 m :	9:18.32 (41.45) [1:22.84]	750 m :	9:58.77 (40.45)	800 m :	10:38.25 (39.48) [1:19.93]
2. FREMOND Aya		2006	FRA	CN COUTANCES	12:25.01	528 pts	
50 m :	40.54 (40.54)	100 m :	1:24.81 (44.27) [1:24.81]	150 m :	2:10.90 (46.09)	200 m :	2:57.45 (46.55) [1:32.64]
250 m :	3:44.60 (47.15)	300 m :	4:32.11 (47.51) [1:34.66]	350 m :	5:19.42 (47.31)	400 m :	6:06.95 (47.53) [1:34.84]
450 m :	6:54.86 (47.91)	500 m :	7:42.77 (47.91) [1:35.82]	550 m :	8:30.84 (48.07)	600 m :	9:18.93 (48.09) [1:36.16]
650 m :	10:06.54 (47.61)	700 m :	10:54.13 (47.59) [1:35.20]	750 m :	11:41.04 (46.91)	800 m :	12:25.01 (43.97) [1:30.88]
3. LEFEUVRE Juliette		2005	FRA	ESPÉRANCE VAILLANTE GRANVILLE	12:48.34	468 pts	
50 m :	42.09 (42.09)	100 m :	1:30.31 (48.22) [1:30.31]	150 m :	2:17.93 (47.62)	200 m :	3:06.24 (48.31) [1:35.93]
250 m :	3:54.74 (48.50)	300 m :	4:43.18 (48.44) [1:36.94]	350 m :	5:32.52 (49.34)	400 m :	6:21.62 (49.10) [1:38.44]
450 m :	7:10.15 (48.53)	500 m :	7:59.31 (49.16) [1:37.69]	550 m :	8:48.87 (49.56)	600 m :	9:37.87 (49.00) [1:38.56]
650 m :	10:26.71 (48.84)	700 m :	11:15.62 (48.91) [1:37.75]	750 m :	12:03.81 (48.19)	800 m :	12:48.34 (44.53) [1:32.72]
4. GERMANICUS Verlainne		2006	FRA	ESPÉRANCE VAILLANTE GRANVILLE	12:59.21	442 pts	
50 m :	40.70 (40.70)	100 m :	1:28.37 (47.67) [1:28.37]	150 m :	2:17.36 (48.99)	200 m :	3:06.83 (49.47) [1:38.46]
250 m :	3:55.80 (48.97)	300 m :	4:45.63 (49.83) [1:38.80]	350 m :	5:36.10 (50.47)	400 m :	6:27.07 (50.97) [1:41.44]
450 m :	7:16.34 (49.27)	500 m :	8:07.15 (50.81) [1:40.08]	550 m :	8:56.60 (49.45)	600 m :	9:46.11 (49.51) [1:38.96]
650 m :	10:35.90 (49.79)	700 m :	11:25.99 (50.09) [1:39.88]	750 m :	12:14.48 (48.49)	800 m :	12:59.21 (44.73) [1:33.22]

Résultats

Série : 1500 Nage Libre Dames - (Juniors 2 : 16 - 17 ans)

[J1 : Di 02/02/2020 - R1]

1. FREMOND Kenza		2004	FRA	CN COUTANCES	20:08.54	891 pts	
50 m :	35.76 (35.76)	100 m :	1:16.17 (40.41) [1:16.17]	150 m :	1:57.22 (41.05)	200 m :	2:38.17 (40.95) [1:22.00]
250 m :	3:19.08 (40.91)	300 m :	3:59.79 (40.71) [1:21.62]	350 m :	4:40.32 (40.53)	400 m :	5:20.65 (40.33) [1:20.86]
450 m :	6:01.04 (40.39)	500 m :	6:41.09 (40.05) [1:20.44]	550 m :	7:21.92 (40.83)	600 m :	8:02.33 (40.41) [1:21.24]
650 m :	8:42.76 (40.43)	700 m :	9:23.33 (40.57) [1:21.00]	750 m :	10:03.78 (40.45)	800 m :	10:44.13 (40.35) [1:20.80]
850 m :	11:25.38 (41.25)	900 m :	12:06.11 (40.73) [1:21.98]	950 m :	12:46.76 (40.65)	1000 m :	13:27.54 (40.78) [1:21.43]
1050 m :	14:07.50 (39.96)	1100 m :	14:47.69 (40.19) [1:20.15]	1150 m :	15:28.26 (40.57)	1200 m :	16:08.23 (39.97) [1:20.54]
1250 m :	16:48.14 (39.91)	1300 m :	17:28.91 (40.77) [1:20.68]	1350 m :	18:09.50 (40.59)	1400 m :	18:50.69 (41.19) [1:21.78]
1450 m :	19:29.90 (39.21)	1500 m :	20:08.54 (38.64) [1:17.85]				

Série : 1500 Nage Libre Dames - (Juniors 1 : 14 - 15 ans)

[J1 : Di 02/02/2020 - R1]

1. THOME-HIAUMET Léa		2005	FRA	AC CHERBOURG EN COTENTIN	19:20.85	977 pts	
50 m :	33.42 (33.42)	100 m :	1:11.23 (37.81) [1:11.23]	150 m :	1:49.58 (38.35)	200 m :	2:28.75 (39.17) [1:17.52]
250 m :	3:01.02 (32.27)	300 m :	3:45.45 (44.43) [1:16.70]	350 m :	4:24.36 (38.91)	400 m :	5:03.09 (38.73) [1:17.64]
450 m :	5:42.02 (38.93)	500 m :	6:21.27 (39.25) [1:18.18]	550 m :	6:59.06 (37.79)	600 m :	7:38.37 (39.31) [1:17.10]
650 m :	8:17.52 (39.15)	700 m :	8:56.29 (38.77) [1:17.92]	750 m :	9:35.42 (39.13)	800 m :	10:14.23 (38.81) [1:17.94]
850 m :	10:53.30 (39.07)	900 m :	11:33.25 (39.95) [1:19.02]	950 m :	12:11.92 (38.67)	1000 m :	12:52.19 (40.27) [1:18.94]
1050 m :	13:30.58 (38.39)	1100 m :	14:10.55 (39.97) [1:18.36]	1150 m :	14:49.34 (38.79)	1200 m :	15:28.69 (39.35) [1:18.14]
1250 m :	16:07.24 (38.55)	1300 m :	16:46.57 (39.33) [1:17.88]	1350 m :	17:25.40 (38.83)	1400 m :	18:05.73 (40.33) [1:19.16]
1450 m :	18:44.36 (38.63)	1500 m :	19:20.85 (36.49) [1:15.12]				

2. LEDRUILLENEK Karell		2005	FRA	CN COUTANCES	21:10.86	786 pts	
50 m :	36.92 (36.92)	100 m :	1:18.20 (41.28) [1:18.20]	150 m :	1:59.31 (41.11)	200 m :	2:40.60 (41.29) [1:22.40]
250 m :	3:22.03 (41.43)	300 m :	4:03.25 (41.22) [1:22.65]	350 m :	4:45.06 (41.81)	400 m :	5:27.31 (42.25) [1:24.06]
450 m :	6:09.49 (42.18)	500 m :	6:51.81 (42.32) [1:24.50]	550 m :	7:34.17 (42.36)	600 m :	8:17.03 (42.86) [1:25.22]
650 m :	8:59.31 (42.28)	700 m :	9:42.17 (42.86) [1:25.14]	750 m :	10:24.87 (42.70)	800 m :	11:07.63 (42.76) [1:25.46]
850 m :	11:49.85 (42.22)	900 m :	12:32.31 (42.46) [1:24.68]	950 m :	13:15.56 (43.25)	1000 m :	13:58.49 (42.93) [1:26.18]
1050 m :	14:40.60 (42.11)	1100 m :	15:23.35 (42.75) [1:24.86]	1150 m :	16:05.77 (42.42)	1200 m :	16:48.10 (42.33) [1:24.75]
1250 m :	17:31.92 (43.82)	1300 m :	18:13.56 (41.64) [1:25.46]	1350 m :	18:56.52 (42.96)	1400 m :	19:39.10 (42.58) [1:25.54]
1450 m :	20:21.10 (42.00)	1500 m :	21:10.86 (49.76) [1:31.76]				

3. KONISHCHEVA Arina		2006	RUS	AC CHERBOURG EN COTENTIN	21:12.43	783 pts	
50 m :	35.08 (35.08)	100 m :	1:15.69 (40.61) [1:15.69]	150 m :	1:56.96 (41.27)	200 m :	2:38.77 (41.81) [1:23.08]
250 m :	3:20.84 (42.07)	300 m :	4:03.37 (42.53) [1:24.60]	350 m :	4:46.08 (42.71)	400 m :	5:28.89 (42.81) [1:25.52]
450 m :	6:11.68 (42.79)	500 m :	6:55.23 (43.55) [1:26.34]	550 m :	7:38.86 (43.63)	600 m :	8:21.63 (42.77) [1:26.40]
650 m :	9:05.06 (43.43)	700 m :	9:49.39 (44.33) [1:27.76]	750 m :	10:32.72 (43.33)	800 m :	11:15.47 (42.75) [1:26.08]
850 m :	11:58.26 (42.79)	900 m :	12:41.31 (43.05) [1:25.84]	950 m :	13:24.16 (42.85)	1000 m :	14:07.49 (43.33) [1:26.18]
1050 m :	14:49.98 (42.49)	1100 m :	15:33.19 (43.21) [1:25.70]	1150 m :	16:16.26 (43.07)	1200 m :	16:59.31 (43.05) [1:26.12]
1250 m :	17:42.72 (43.41)	1300 m :	18:26.25 (43.53) [1:26.94]	1350 m :	19:09.96 (43.71)	1400 m :	19:52.39 (42.43) [1:26.14]
1450 m :	20:33.28 (40.89)	1500 m :	21:12.43 (39.15) [1:20.04]				

4. LECLERC Romane		2005	FRA	C.S.C CARENTAN NATATION	21:58.24	710 pts	
50 m :	35.58 (35.58)	100 m :	1:17.09 (41.51) [1:17.09]	150 m :	2:01.34 (44.25)	200 m :	2:45.19 (43.85) [1:28.10]
250 m :	3:28.52 (43.33)	300 m :	4:11.51 (42.99) [1:26.32]	350 m :	4:55.64 (44.13)	400 m :	5:39.41 (43.77) [1:27.90]
450 m :	6:24.12 (44.71)	500 m :	7:07.85 (43.73) [1:28.44]	550 m :	7:52.34 (44.49)	600 m :	8:36.83 (44.49) [1:28.98]
650 m :	9:21.84 (45.01)	700 m :	10:06.29 (44.45) [1:29.46]	750 m :	10:52.04 (45.75)	800 m :	11:37.51 (45.47) [1:31.22]
850 m :	12:22.16 (44.65)	900 m :	13:06.85 (44.69) [1:29.34]	950 m :	13:51.90 (45.05)	1000 m :	14:35.99 (44.09) [1:29.14]
1050 m :	15:20.36 (44.37)	1100 m :	16:05.05 (44.69) [1:29.06]	1150 m :	16:49.78 (44.73)	1200 m :	17:34.51 (44.73) [1:29.46]
1250 m :	18:18.40 (43.89)	1300 m :	19:03.51 (45.11) [1:29.00]	1350 m :	19:48.44 (44.93)	1400 m :	20:33.11 (44.67) [1:29.60]
1450 m :	21:16.12 (43.01)	1500 m :	21:58.24 (42.12) [1:25.13]				

5. GERMANICUS Albane		2005	FRA	ESPÉRANCE VAILLANTE GRANVILLE	22:29.21	662 pts	
50 m :	38.20 (38.20)	100 m :	1:21.51 (43.31) [1:21.51]	150 m :	---	200 m :	2:49.58 (1:28.07) [1:28.07]
250 m :	---	300 m :	4:17.83 (1:28.25) [1:28.25]	350 m :	---	400 m :	5:47.38 (1:29.55) [1:29.55]
450 m :	---	500 m :	7:17.67 (1:30.29) [1:30.29]	550 m :	---	600 m :	8:48.78 (1:31.11) [1:31.11]
650 m :	---	700 m :	10:20.05 (1:31.27) [1:31.27]	750 m :	---	800 m :	11:52.42 (1:32.37) [1:32.37]
850 m :	---	900 m :	13:23.41 (1:30.99) [1:30.99]	950 m :	---	1000 m :	14:55.52 (1:32.11) [1:32.11]
1050 m :	---	1100 m :	16:27.43 (1:31.91) [1:31.91]	1150 m :	---	1200 m :	17:59.54 (1:32.11) [1:32.11]
1250 m :	---	1300 m :	19:30.49 (1:30.95) [1:30.95]	1350 m :	---	1400 m :	21:01.40 (1:30.91) [1:30.91]
1450 m :	---	1500 m :	22:29.21 (1:27.81) [1:27.81]				

Résultats

(Suite) Série : 1500 Nage Libre Dames - (Juniors 1 : 14 - 15 ans)

[J1 : Di 02/02/2020 - R1]

6. LE CAM MICHEL Margaux		2006	FRA	ESPÉRANCE VAILLANTE GRANVILLE	22:53.65	626 pts	
50 m :	36.74 (36.74)	100 m :	1:19.83 (43.09) [1:19.83]	150 m :	2:03.84 (44.01)	200 m :	2:47.81 (43.97) [1:27.98]
250 m :	3:32.28 (44.47)	300 m :	4:17.75 (45.47) [1:29.94]	350 m :	5:04.04 (46.29)	400 m :	5:49.53 (45.49) [1:31.78]
450 m :	6:36.48 (46.95)	500 m :	7:23.13 (46.65) [1:33.60]	550 m :	8:09.56 (46.43)	600 m :	8:56.95 (47.39) [1:33.82]
650 m :	9:43.52 (46.57)	700 m :	10:30.31 (46.79) [1:33.36]	750 m :	11:15.64 (45.33)	800 m :	12:04.00 (48.36) [1:33.69]
850 m :	12:50.37 (46.37)	900 m :	13:37.30 (46.93) [1:33.30]	950 m :	14:24.37 (47.07)	1000 m :	15:11.28 (46.91) [1:33.98]
1050 m :	15:58.21 (46.93)	1100 m :	16:45.26 (47.05) [1:33.98]	1150 m :	17:31.67 (46.41)	1200 m :	18:18.80 (47.13) [1:33.54]
1250 m :	19:06.11 (47.31)	1300 m :	19:53.02 (46.91) [1:34.22]	1350 m :	20:38.45 (45.43)	1400 m :	21:24.70 (46.25) [1:31.68]
1450 m :	22:09.91 (45.21)	1500 m :	22:53.65 (43.74) [1:28.95]				
7. GANCEL Maud		2006	FRA	C.S.C CARENTAN NATATION	24:31.99	490 pts	
50 m :	40.21 (40.21)	100 m :	1:25.65 (45.44) [1:25.65]	150 m :	2:13.15 (47.50)	200 m :	3:01.77 (48.62) [1:36.12]
250 m :	3:50.27 (48.50)	300 m :	4:39.36 (49.09) [1:37.59]	350 m :	5:29.33 (49.97)	400 m :	6:18.61 (49.28) [1:39.25]
450 m :	7:08.55 (49.94)	500 m :	7:58.43 (49.88) [1:39.82]	550 m :	8:47.36 (48.93)	600 m :	9:36.30 (48.94) [1:37.87]
650 m :	10:26.80 (50.50)	700 m :	11:15.90 (49.10) [1:39.60]	750 m :	12:05.90 (50.00)	800 m :	12:51.70 (45.80) [1:35.80]
850 m :	13:44.83 (53.13)	900 m :	14:35.77 (50.94) [1:44.07]	950 m :	15:26.77 (51.00)	1000 m :	16:16.55 (49.78) [1:40.78]
1050 m :	17:04.93 (48.38)	1100 m :	17:55.58 (50.65) [1:39.03]	1150 m :	18:44.99 (49.41)	1200 m :	19:32.77 (47.78) [1:37.19]
1250 m :	20:23.90 (51.13)	1300 m :	21:14.68 (50.78) [1:41.91]	1350 m :	22:04.99 (50.31)	1400 m :	22:53.71 (48.72) [1:39.03]
1450 m :	23:42.52 (48.81)	1500 m :	24:31.99 (49.47) [1:38.28]				

Séries : 400 4 Nages Dames - (Juniors 2 : 16 - 17 ans)

[J1 : Di 02/02/2020 - R2]

1. MOREAU Naomie		2004	FRA	CNP DE SAINT-LO	5:59.23	763 pts	
50 m :	39.38 (39.38)	100 m :	1:26.77 (47.39) [1:26.77]	150 m :	2:12.00 (45.23)	200 m :	2:55.89 (43.89) [1:29.12]
250 m :	3:45.82 (49.93)	300 m :	4:37.11 (51.29) [1:41.22]	350 m :	5:18.70 (41.59)	400 m :	5:59.23 (40.53) [1:22.12]
2. LAMY Clementine		2004	FRA	C.S.C CARENTAN NATATION	6:16.54	667 pts	
50 m :	40.54 (40.54)	100 m :	1:29.73 (49.19) [1:29.73]	150 m :	2:17.22 (47.49)	200 m :	3:02.79 (45.57) [1:33.06]
250 m :	3:56.60 (53.81)	300 m :	4:51.77 (55.17) [1:48.98]	350 m :	5:35.32 (43.55)	400 m :	6:16.54 (41.22) [1:24.77]
3. SAINT Alice		2004	FRA	CNP DE SAINT-LO	6:18.06	659 pts	
50 m :	40.60 (40.60)	100 m :	1:28.69 (48.09) [1:28.69]	150 m :	2:19.22 (50.53)	200 m :	3:06.75 (47.53) [1:38.06]
250 m :	3:58.38 (51.63)	300 m :	4:51.05 (52.67) [1:44.30]	350 m :	5:34.90 (43.85)	400 m :	6:18.06 (43.16) [1:27.01]
4. JOUIS Octavie		2004	FRA	ESPÉRANCE VAILLANTE GRANVILLE	6:50.11	498 pts	
50 m :	48.46 (48.46)	100 m :	1:47.49 (59.03) [1:47.49]	150 m :	2:38.88 (51.39)	200 m :	3:27.17 (48.29) [1:39.68]
250 m :	4:24.42 (57.25)	300 m :	5:22.15 (57.73) [1:54.98]	350 m :	6:07.12 (44.97)	400 m :	6:50.11 (42.99) [1:27.96]

Séries : 400 4 Nages Dames - (Juniors 1 : 14 - 15 ans)

[J1 : Di 02/02/2020 - R2]

1. LE CAM MICHEL Margaux		2006	FRA	ESPÉRANCE VAILLANTE GRANVILLE	6:22.86	633 pts	
50 m :	39.48 (39.48)	100 m :	1:25.67 (46.19) [1:25.67]	150 m :	2:15.28 (49.61)	200 m :	3:04.35 (49.07) [1:38.68]
250 m :	3:58.26 (53.91)	300 m :	4:52.73 (54.47) [1:48.38]	350 m :	5:38.98 (46.25)	400 m :	6:22.86 (43.88) [1:30.13]
2. GERMANICUS Albane		2005	FRA	ESPÉRANCE VAILLANTE GRANVILLE	6:27.14	611 pts	
50 m :	42.10 (42.10)	100 m :	1:34.85 (52.75) [1:34.85]	150 m :	2:23.77 (48.92)	200 m :	3:11.87 (48.10) [1:37.02]
250 m :	4:06.17 (54.30)	300 m :	5:01.35 (55.18) [1:49.48]	350 m :	5:44.67 (43.32)	400 m :	6:27.14 (42.47) [1:25.79]
3. LECLERC Romane		2005	FRA	C.S.C CARENTAN NATATION	6:31.65	588 pts	
50 m :	41.20 (41.20)	100 m :	1:35.09 (53.89) [1:35.09]	150 m :	2:26.31 (51.22)	200 m :	3:14.86 (48.55) [1:39.77]
250 m :	4:09.78 (54.92)	300 m :	---	350 m :	5:49.53 (1:39.75)	400 m :	6:31.65 (42.12) [3:16.79]
4. LEFEUVRE Juliette		2005	FRA	ESPÉRANCE VAILLANTE GRANVILLE	6:38.90	552 pts	
50 m :	45.50 (45.50)	100 m :	1:40.90 (55.40) [1:40.90]	150 m :	2:29.00 (48.10)	200 m :	3:16.69 (47.69) [1:35.79]
250 m :	4:14.22 (57.53)	300 m :	5:11.00 (56.78) [1:54.31]	350 m :	5:55.33 (44.33)	400 m :	6:38.90 (43.57) [1:27.90]
5. GERMANICUS Verlainne		2006	FRA	ESPÉRANCE VAILLANTE GRANVILLE	6:46.88	513 pts	
50 m :	45.40 (45.40)	100 m :	1:42.87 (57.47) [1:42.87]	150 m :	2:33.26 (50.39)	200 m :	3:22.81 (49.55) [1:39.94]
250 m :	4:18.70 (55.89)	300 m :	5:16.57 (57.87) [1:53.76]	350 m :	6:03.46 (46.89)	400 m :	6:46.88 (43.42) [1:30.31]
6. GANCEL Maud		2006	FRA	C.S.C CARENTAN NATATION	7:06.21	426 pts	
50 m :	45.90 (45.90)	100 m :	1:44.02 (58.12) [1:44.02]	150 m :	2:42.78 (58.76)	200 m :	3:37.76 (54.98) [1:53.74]
250 m :	4:35.69 (57.93)	300 m :	5:34.45 (58.76) [1:56.69]	350 m :	6:20.43 (45.98)	400 m :	7:06.21 (45.78) [1:31.76]

Série : 800 Nage Libre Messieurs - (Seniors : 19 ans et plus)

[J1 : Di 02/02/2020 - R1]

1. LEMAITRE Adrien		1988	FRA	CN COUTANCES	10:21.23	756 pts	
50 m :	33.06 (33.06)	100 m :	1:10.17 (37.11) [1:10.17]	150 m :	1:47.86 (37.69)	200 m :	2:26.55 (38.69) [1:16.38]
250 m :	3:05.46 (38.91)	300 m :	3:44.95 (39.49) [1:18.40]	350 m :	4:24.43 (39.48)	400 m :	5:04.02 (39.59) [1:19.07]
450 m :	5:43.03 (39.01)	500 m :	6:22.72 (39.69) [1:18.70]	550 m :	7:02.67 (39.95)	600 m :	7:42.68 (40.01) [1:19.96]
650 m :	8:22.43 (39.75)	700 m :	9:02.86 (40.43) [1:20.18]	750 m :	9:42.93 (40.07)	800 m :	10:21.23 (38.30) [1:18.37]

Résultats

(Suite) Série : 800 Nage Libre Messieurs - (Seniors : 19 ans et plus)

[J1 : Di 02/02/2020 - R1]

---	QUINTIN Pierre	1965	FRA	CN COUTANCES					DNS dec
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Série : 800 Nage Libre Messieurs - (Juniors 1 : 15 - 16 ans)

[J1 : Di 02/02/2020 - R1]

1. LEGROS-GUITTON Titouan		2005	FRA	CN COUTANCES			10:03.18	818 pts
50 m :	33.86 (33.86)	100 m :	1:11.83 (37.97)	[1:11.83]	150 m :	1:50.84 (39.01)	200 m :	2:29.75 (38.91) [1:17.92]
250 m :	3:08.12 (38.37)	300 m :	3:46.15 (38.03)	[1:16.40]	350 m :	4:24.68 (38.53)	400 m :	5:02.45 (37.77) [1:16.30]
450 m :	5:40.24 (37.79)	500 m :	6:17.94 (37.70)	[1:15.49]	550 m :	6:55.34 (37.40)	600 m :	7:32.55 (37.21) [1:14.61]
650 m :	8:12.28 (39.73)	700 m :	8:47.73 (35.45)	[1:15.18]	750 m :	9:25.66 (37.93)	800 m :	10:03.18 (37.52) [1:15.45]
2. DUCLOUX Malo		2004	FRA	CN COUTANCES			10:13.47	783 pts
50 m :	33.10 (33.10)	100 m :	1:11.19 (38.09)	[1:11.19]	150 m :	1:49.84 (38.65)	200 m :	2:29.73 (39.89) [1:18.54]
250 m :	3:08.72 (38.99)	300 m :	3:48.09 (39.37)	[1:18.36]	350 m :	4:26.76 (38.67)	400 m :	5:05.99 (39.23) [1:17.90]
450 m :	5:44.94 (38.95)	500 m :	6:23.73 (38.79)	[1:17.74]	550 m :	7:02.76 (39.03)	600 m :	7:41.23 (38.47) [1:17.50]
650 m :	8:19.68 (38.45)	700 m :	8:58.31 (38.63)	[1:17.08]	750 m :	9:36.28 (37.97)	800 m :	10:13.47 (37.19) [1:15.16]
3. BLAIZOT Ethan		2005	FRA	AC CHERBOURG EN COTENTIN			10:33.03	717 pts
50 m :	34.26 (34.26)	100 m :	1:13.25 (38.99)	[1:13.25]	150 m :	1:52.74 (39.49)	200 m :	2:32.35 (39.61) [1:19.10]
250 m :	3:12.24 (39.89)	300 m :	3:52.45 (40.21)	[1:20.10]	350 m :	4:33.38 (40.93)	400 m :	5:13.87 (40.49) [1:21.42]
450 m :	5:53.64 (39.77)	500 m :	---	---	550 m :	7:13.95 (1:20.31)	600 m :	7:54.78 (40.83) [2:40.91]
650 m :	8:34.75 (39.97)	700 m :	9:14.42 (39.67)	[1:19.64]	750 m :	9:54.95 (40.53)	800 m :	10:33.03 (38.08) [1:18.61]
4. LEDOLLEY Gauthier		2005	FRA	CN COUTANCES			10:49.67	664 pts
50 m :	34.12 (34.12)	100 m :	1:12.57 (38.45)	[1:12.57]	150 m :	1:52.50 (39.93)	200 m :	2:33.49 (40.99) [1:20.92]
250 m :	3:13.76 (40.27)	300 m :	3:55.05 (41.29)	[1:21.56]	350 m :	4:36.56 (41.51)	400 m :	5:18.79 (42.23) [1:23.74]
450 m :	6:01.12 (42.33)	500 m :	6:42.83 (41.71)	[1:24.04]	550 m :	7:25.16 (42.33)	600 m :	8:07.87 (42.71) [1:25.04]
650 m :	8:49.10 (41.23)	700 m :	9:30.70 (41.60)	[1:22.83]	750 m :	10:10.54 (39.84)	800 m :	10:49.67 (39.13) [1:18.97]
5. LALISSE Kenzo		2004	FRA	CN COUTANCES			10:53.92	651 pts
50 m :	35.65 (35.65)	100 m :	1:14.02 (38.37)	[1:14.02]	150 m :	1:53.62 (39.60)	200 m :	2:34.49 (40.87) [1:20.47]
250 m :	3:15.62 (41.13)	300 m :	3:56.77 (41.15)	[1:22.28]	350 m :	4:38.83 (42.06)	400 m :	5:19.99 (41.16) [1:23.22]
450 m :	6:01.52 (41.53)	500 m :	6:44.24 (42.72)	[1:24.25]	550 m :	7:25.30 (41.06)	600 m :	8:06.68 (41.38) [1:22.44]
650 m :	8:49.18 (42.50)	700 m :	9:31.93 (42.75)	[1:25.25]	750 m :	10:14.15 (42.22)	800 m :	10:53.92 (39.77) [1:21.99]

Séries : 1500 Nage Libre Messieurs - (Seniors : 19 ans et plus)

[J1 : Di 02/02/2020 - R1]

1. LEMAITRE Adrien		1988	FRA	CN COUTANCES			20:04.74	732 pts
50 m :	36.38 (36.38)	100 m :	1:17.73 (41.35)	[1:17.73]	150 m :	---	200 m :	2:42.20 (1:24.47) [1:24.47]
250 m :	---	300 m :	4:06.23 (1:24.03)	[1:24.03]	350 m :	---	400 m :	5:30.22 (1:23.99) [1:23.99]
450 m :	---	500 m :	6:52.65 (1:22.43)	[1:22.43]	550 m :	---	600 m :	8:13.62 (1:20.97) [1:20.97]
650 m :	---	700 m :	---	---	750 m :	---	800 m :	10:54.65 (2:41.03) [2:41.03]
850 m :	---	900 m :	12:13.58 (1:18.93)	[1:18.93]	950 m :	---	1000 m :	13:32.23 (1:18.65) [1:18.65]
1050 m :	---	1100 m :	14:50.38 (1:18.15)	[1:18.15]	1150 m :	---	1200 m :	16:09.69 (1:19.31) [1:19.31]
1250 m :	---	1300 m :	17:29.74 (1:20.05)	[1:20.05]	1350 m :	---	1400 m :	18:48.81 (1:19.07) [1:19.07]
1450 m :	---	1500 m :	20:04.74 (1:15.93)	[1:15.93]				

Séries : 1500 Nage Libre Messieurs - (Juniors 2 : 17 - 18 ans)

[J1 : Di 02/02/2020 - R1]

1. CANAVY Valentin		2002	FRA	CNP DE SAINT-LO			19:20.29	808 pts
50 m :	31.78 (31.78)	100 m :	1:08.81 (37.03)	[1:08.81]	150 m :	1:46.96 (38.15)	200 m :	2:24.89 (37.93) [1:16.08]
250 m :	3:03.43 (38.54)	300 m :	3:42.25 (38.82)	[1:17.36]	350 m :	4:21.36 (39.11)	400 m :	5:00.21 (38.85) [1:17.96]
450 m :	5:40.03 (39.82)	500 m :	6:18.78 (38.75)	[1:18.57]	550 m :	6:57.56 (38.78)	600 m :	7:36.78 (39.22) [1:18.00]
650 m :	8:15.00 (38.22)	700 m :	8:54.28 (39.28)	[1:17.50]	750 m :	9:33.78 (39.50)	800 m :	10:13.25 (39.47) [1:18.97]
850 m :	10:53.28 (40.03)	900 m :	11:32.68 (39.40)	[1:19.43]	950 m :	12:11.89 (39.21)	1000 m :	12:51.56 (39.67) [1:18.88]
1050 m :	13:31.17 (39.61)	1100 m :	14:10.75 (39.58)	[1:19.19]	1150 m :	14:49.64 (38.89)	1200 m :	15:29.00 (39.36) [1:18.25]
1250 m :	16:08.53 (39.53)	1300 m :	16:48.28 (39.75)	[1:19.28]	1350 m :	17:26.81 (38.53)	1400 m :	18:05.86 (39.05) [1:17.58]
1450 m :	18:44.93 (39.07)	1500 m :	19:20.29 (35.36)	[1:14.43]				

Résultats

Séries : 1500 Nage Libre Messieurs - (Juniors 1 : 15 - 16 ans)

[J1 : Di 02/02/2020 - R1]

1. PERROTTE Vadim		2004	FRA	CNP DE SAINT-LO		18:27.97	904 pts
50 m :	30.88 (30.88)	100 m :	1:06.35 (35.47) [1:06.35]	150 m :	1:43.02 (36.67)	200 m :	2:19.89 (36.87) [1:13.54]
250 m :	2:56.92 (37.03)	300 m :	3:34.27 (37.35) [1:14.38]	350 m :	4:11.90 (37.63)	400 m :	4:49.17 (37.27) [1:14.90]
450 m :	5:26.32 (37.15)	500 m :	6:04.05 (37.73) [1:14.88]	550 m :	6:41.42 (37.37)	600 m :	7:18.85 (37.43) [1:14.80]
650 m :	7:56.94 (38.09)	700 m :	8:34.37 (37.43) [1:15.52]	750 m :	9:11.62 (37.25)	800 m :	9:49.29 (37.67) [1:14.92]
850 m :	10:26.48 (37.19)	900 m :	11:04.05 (37.57) [1:14.76]	950 m :	11:41.50 (37.45)	1000 m :	12:18.55 (37.05) [1:14.50]
1050 m :	12:55.92 (37.37)	1100 m :	13:33.07 (37.15) [1:14.52]	1150 m :	14:10.36 (37.29)	1200 m :	14:47.79 (37.43) [1:14.72]
1250 m :	15:25.08 (37.29)	1300 m :	16:02.15 (37.07) [1:14.36]	1350 m :	16:39.74 (37.59)	1400 m :	17:16.63 (36.89) [1:14.48]
1450 m :	17:54.08 (37.45)	1500 m :	18:27.97 (33.89) [1:11.34]				
2. CHEVE Gabriel		2004	FRA	CNP DE SAINT-LO		18:54.53	855 pts
50 m :	30.94 (30.94)	100 m :	1:06.23 (35.29) [1:06.23]	150 m :	1:43.22 (36.99)	200 m :	---
250 m :	2:57.33 (1:14.11)	300 m :	3:34.86 (37.53) [2:28.63]	350 m :	4:12.97 (38.11)	400 m :	4:50.80 (37.83) [1:15.94]
450 m :	5:29.89 (39.09)	500 m :	6:08.96 (39.07) [1:18.16]	550 m :	6:48.75 (39.79)	600 m :	7:28.64 (39.89) [1:19.68]
650 m :	8:08.67 (40.03)	700 m :	8:47.76 (39.09) [1:19.12]	750 m :	9:27.01 (39.25)	800 m :	10:05.82 (38.81) [1:18.06]
850 m :	10:44.81 (38.99)	900 m :	11:23.32 (38.51) [1:17.50]	950 m :	12:02.27 (38.95)	1000 m :	12:40.76 (38.49) [1:17.44]
1050 m :	13:18.83 (38.07)	1100 m :	13:57.20 (38.37) [1:16.44]	1150 m :	14:35.01 (37.81)	1200 m :	15:13.48 (38.47) [1:16.28]
1250 m :	15:51.27 (37.79)	1300 m :	16:29.26 (37.99) [1:15.78]	1350 m :	17:07.13 (37.87)	1400 m :	17:44.66 (37.53) [1:15.40]
1450 m :	18:21.27 (36.61)	1500 m :	18:54.53 (33.26) [1:09.87]				
3. TURMEL Bastien		2004	FRA	ESPÉRANCE VAILLANTE GRANVILLE		18:55.06	854 pts
50 m :	32.96 (32.96)	100 m :	1:09.65 (36.69) [1:09.65]	150 m :	1:47.22 (37.57)	200 m :	2:25.25 (38.03) [1:15.60]
250 m :	3:03.58 (38.33)	300 m :	3:41.77 (38.19) [1:16.52]	350 m :	4:20.18 (38.41)	400 m :	4:58.83 (38.65) [1:17.06]
450 m :	5:37.02 (38.19)	500 m :	6:15.69 (38.67) [1:16.86]	550 m :	6:53.90 (38.21)	600 m :	7:31.95 (38.05) [1:16.26]
650 m :	8:10.30 (38.35)	700 m :	8:48.29 (37.99) [1:16.34]	750 m :	9:26.18 (37.89)	800 m :	10:04.27 (38.09) [1:15.98]
850 m :	10:42.72 (38.45)	900 m :	11:20.11 (37.39) [1:15.84]	950 m :	11:58.80 (38.69)	1000 m :	12:37.13 (38.33) [1:17.02]
1050 m :	13:15.10 (37.97)	1100 m :	13:53.46 (38.36) [1:16.33]	1150 m :	14:31.61 (38.15)	1200 m :	15:09.72 (38.11) [1:16.26]
1250 m :	15:47.97 (38.25)	1300 m :	16:26.32 (38.35) [1:16.60]	1350 m :	17:04.33 (38.01)	1400 m :	17:42.88 (38.55) [1:16.56]
1450 m :	18:20.23 (37.35)	1500 m :	18:55.06 (34.83) [1:12.18]				
4. LEBEDEL Ange		2005	FRA	CNP DE SAINT-LO		19:15.84	816 pts
50 m :	32.26 (32.26)	100 m :	1:08.10 (35.84) [1:08.10]	150 m :	1:45.79 (37.69)	200 m :	2:23.44 (37.65) [1:15.34]
250 m :	3:01.59 (38.15)	300 m :	3:39.60 (38.01) [1:16.16]	350 m :	4:18.41 (38.81)	400 m :	4:56.96 (38.55) [1:17.36]
450 m :	5:35.79 (38.83)	500 m :	6:14.24 (38.45) [1:17.28]	550 m :	6:53.21 (38.97)	600 m :	7:31.74 (38.53) [1:17.50]
650 m :	8:10.61 (38.87)	700 m :	8:49.42 (38.81) [1:17.68]	750 m :	9:28.77 (39.35)	800 m :	10:07.78 (39.01) [1:18.36]
850 m :	10:46.89 (39.11)	900 m :	11:27.20 (40.31) [1:19.42]	950 m :	12:06.55 (39.35)	1000 m :	12:46.38 (39.83) [1:19.18]
1050 m :	13:25.75 (39.37)	1100 m :	14:05.64 (39.89) [1:19.26]	1150 m :	14:45.75 (40.11)	1200 m :	15:25.10 (39.35) [1:19.46]
1250 m :	16:05.19 (40.09)	1300 m :	16:44.20 (39.01) [1:19.10]	1350 m :	17:23.55 (39.35)	1400 m :	18:02.58 (39.03) [1:18.38]
1450 m :	18:40.49 (37.91)	1500 m :	19:15.84 (35.35) [1:13.26]				
5. DUCLOUX Malo		2004	FRA	CN COUTANCES		20:05.73	730 pts
50 m :	34.50 (34.50)	100 m :	1:14.47 (39.97) [1:14.47]	150 m :	1:55.43 (40.96)	200 m :	2:36.80 (41.37) [1:22.33]
250 m :	3:17.11 (40.31)	300 m :	3:57.78 (40.67) [1:20.98]	350 m :	4:38.65 (40.87)	400 m :	5:19.00 (40.35) [1:21.22]
450 m :	6:00.25 (41.25)	500 m :	6:41.25 (41.00) [1:22.25]	550 m :	7:21.65 (40.40)	600 m :	8:01.58 (39.93) [1:20.33]
650 m :	8:42.43 (40.85)	700 m :	9:23.33 (40.90) [1:21.75]	750 m :	10:03.93 (40.60)	800 m :	10:43.78 (39.85) [1:20.45]
850 m :	11:24.72 (40.94)	900 m :	12:04.90 (40.18) [1:21.12]	950 m :	12:45.22 (40.32)	1000 m :	13:24.72 (39.50) [1:19.82]
1050 m :	14:05.08 (40.36)	1100 m :	14:45.78 (40.70) [1:21.06]	1150 m :	15:27.00 (41.22)	1200 m :	16:07.36 (40.36) [1:21.58]
1250 m :	16:49.11 (41.75)	1300 m :	17:28.47 (39.36) [1:21.11]	1350 m :	18:08.93 (40.46)	1400 m :	18:47.86 (38.93) [1:19.39]
1450 m :	19:27.33 (39.47)	1500 m :	20:05.73 (38.40) [1:17.87]				
6. LEGROS-GUITTON Titouan		2005	FRA	CN COUTANCES		20:39.54	674 pts
50 m :	33.32 (33.32)	100 m :	1:11.65 (38.33) [1:11.65]	150 m :	1:52.28 (40.63)	200 m :	2:33.33 (41.05) [1:21.68]
250 m :	3:14.52 (41.19)	300 m :	3:55.89 (41.37) [1:22.56]	350 m :	4:37.56 (41.67)	400 m :	5:20.11 (42.55) [1:24.22]
450 m :	6:02.24 (42.13)	500 m :	6:45.21 (42.97) [1:25.10]	550 m :	7:28.40 (43.19)	600 m :	8:10.71 (42.31) [1:25.50]
650 m :	8:51.50 (40.79)	700 m :	9:34.43 (42.93) [1:23.72]	750 m :	10:16.96 (42.53)	800 m :	10:59.72 (42.76) [1:25.29]
850 m :	11:42.33 (42.61)	900 m :	12:25.60 (43.27) [1:25.88]	950 m :	13:08.71 (43.11)	1000 m :	13:51.19 (42.48) [1:25.59]
1050 m :	14:33.32 (42.13)	1100 m :	15:16.99 (43.67) [1:25.80]	1150 m :	15:59.58 (42.59)	1200 m :	16:39.85 (40.27) [1:22.86]
1250 m :	17:18.90 (39.05)	1300 m :	17:59.11 (40.21) [1:19.26]	1350 m :	18:40.58 (41.47)	1400 m :	19:20.25 (39.67) [1:21.14]
1450 m :	20:01.72 (41.47)	1500 m :	20:39.54 (37.82) [1:19.29]				
7. LEDOLLEY Gauthier		2005	FRA	CN COUTANCES		20:45.67	665 pts
50 m :	37.58 (37.58)	100 m :	1:19.05 (41.47) [1:19.05]	150 m :	2:01.68 (42.63)	200 m :	2:43.74 (42.06) [1:24.69]
250 m :	3:26.05 (42.31)	300 m :	4:09.43 (43.38) [1:25.69]	350 m :	4:51.80 (42.37)	400 m :	5:34.15 (42.35) [1:24.72]
450 m :	6:16.96 (42.81)	500 m :	7:00.30 (43.34) [1:26.15]	550 m :	7:42.24 (41.94)	600 m :	8:24.96 (42.72) [1:24.66]
650 m :	9:07.24 (42.28)	700 m :	9:49.86 (42.62) [1:24.90]	750 m :	10:31.40 (41.54)	800 m :	11:13.33 (41.93) [1:23.47]
850 m :	11:54.30 (40.97)	900 m :	12:35.05 (40.75) [1:21.72]	950 m :	13:13.77 (38.72)	1000 m :	13:53.96 (40.19) [1:18.91]
1050 m :	14:34.68 (40.72)	1100 m :	15:16.08 (41.40) [1:22.12]	1150 m :	15:58.11 (42.03)	1200 m :	16:39.61 (41.50) [1:23.53]
1250 m :	17:21.02 (41.41)	1300 m :	18:02.11 (41.09) [1:22.50]	1350 m :	18:43.21 (41.10)	1400 m :	19:24.46 (41.25) [1:22.35]
1450 m :	20:05.18 (40.72)	1500 m :	20:45.67 (40.49) [1:21.21]				

Résultats

(Suite) Séries : 1500 Nage Libre Messieurs - (Juniors 1 : 15 - 16 ans)

[J1 : Di 02/02/2020 - R1]

8. LALISSE Kenzo		2004	FRA	CN COUTANCES	20:52.22	654 pts	
50 m :	36.50 (36.50)	100 m :	1:16.87 (40.37) [1:16.87]	150 m :	1:58.14 (41.27)	200 m :	2:39.61 (41.47) [1:22.74]
250 m :	3:21.78 (42.17)	300 m :	4:03.83 (42.05) [1:24.22]	350 m :	4:46.18 (42.35)	400 m :	5:28.77 (42.59) [1:24.94]
450 m :	6:10.72 (41.95)	500 m :	6:52.35 (41.63) [1:23.58]	550 m :	7:33.40 (41.05)	600 m :	8:14.61 (41.21) [1:22.26]
650 m :	8:55.32 (40.71)	700 m :	9:37.25 (41.93) [1:22.64]	750 m :	10:17.60 (40.35)	800 m :	10:59.45 (41.85) [1:22.20]
850 m :	11:40.70 (41.25)	900 m :	12:22.77 (42.07) [1:23.32]	950 m :	13:04.74 (41.97)	1000 m :	13:46.67 (41.93) [1:23.90]
1050 m :	14:29.04 (42.37)	1100 m :	15:11.89 (42.85) [1:25.22]	1150 m :	15:55.12 (43.23)	1200 m :	16:38.45 (43.33) [1:26.56]
1250 m :	17:21.06 (42.61)	1300 m :	18:03.49 (42.43) [1:25.04]	1350 m :	18:46.68 (43.19)	1400 m :	19:29.41 (42.73) [1:25.92]
1450 m :	20:11.50 (42.09)	1500 m :	20:52.22 (40.72) [1:22.81]				
9. BELLEGUIC Felix		2004	FRA	CNP DE SAINT-LO	21:10.81	625 pts	
50 m :	34.72 (34.72)	100 m :	1:14.51 (39.79) [1:14.51]	150 m :	---	200 m :	2:37.48 (1:22.97) [1:22.97]
250 m :	---	300 m :	4:00.57 (1:23.09) [1:23.09]	350 m :	---	400 m :	5:25.18 (1:24.61) [1:24.61]
450 m :	---	500 m :	6:50.21 (1:25.03) [1:25.03]	550 m :	---	600 m :	8:15.46 (1:25.25) [1:25.25]
650 m :	---	700 m :	9:41.61 (1:26.15) [1:26.15]	750 m :	---	800 m :	11:06.78 (1:25.17) [1:25.17]
850 m :	---	900 m :	12:31.81 (1:25.03) [1:25.03]	950 m :	---	1000 m :	13:57.82 (1:26.01) [1:26.01]
1050 m :	---	1100 m :	15:25.67 (1:27.85) [1:27.85]	1150 m :	---	1200 m :	16:53.16 (1:27.49) [1:27.49]
1250 m :	---	1300 m :	18:19.82 (1:26.66) [1:26.66]	1350 m :	---	1400 m :	19:40.91 (1:21.09) [1:21.09]
1450 m :	---	1500 m :	21:10.81 (1:29.90) [1:29.90]				
10. JORET Corentin		2005	FRA	ESPÉRANCE VAILLANTE GRANVILLE	22:35.96	500 pts	
50 m :	36.94 (36.94)	100 m :	1:20.45 (43.51) [1:20.45]	150 m :	2:05.36 (44.91)	200 m :	2:50.59 (45.23) [1:30.14]
250 m :	3:35.84 (45.25)	300 m :	4:21.93 (46.09) [1:31.34]	350 m :	5:07.56 (45.63)	400 m :	5:52.43 (44.87) [1:30.50]
450 m :	6:37.58 (45.15)	500 m :	7:24.61 (47.03) [1:32.18]	550 m :	8:09.40 (44.79)	600 m :	8:53.73 (44.33) [1:29.12]
650 m :	9:40.34 (46.61)	700 m :	10:25.73 (45.39) [1:32.00]	750 m :	11:12.26 (46.53)	800 m :	11:59.53 (47.27) [1:33.80]
850 m :	12:43.40 (43.87)	900 m :	13:33.13 (49.73) [1:33.60]	950 m :	14:19.24 (46.11)	1000 m :	15:04.77 (45.53) [1:31.64]
1050 m :	15:51.54 (46.77)	1100 m :	16:37.87 (46.33) [1:33.10]	1150 m :	17:24.00 (46.13)	1200 m :	18:11.69 (47.69) [1:33.82]
1250 m :	18:58.34 (46.65)	1300 m :	19:42.23 (43.89) [1:30.54]	1350 m :	20:26.02 (43.79)	1400 m :	21:10.57 (44.55) [1:28.34]
1450 m :	21:54.16 (43.59)	1500 m :	22:35.96 (41.80) [1:25.39]				

Série : 400 4 Nages Messieurs - (Juniors 2 : 17 - 18 ans)

[J1 : Di 02/02/2020 - R2]

1. CANAVY Valentin		2002	FRA	CNP DE SAINT-LO	5:26.60	784 pts	
50 m :	32.04 (32.04)	100 m :	1:10.09 (38.05) [1:10.09]	150 m :	1:53.58 (43.49)	200 m :	2:35.81 (42.23) [1:25.72]
250 m :	3:24.04 (48.23)	300 m :	4:12.69 (48.65) [1:36.88]	350 m :	4:50.00 (37.31)	400 m :	5:26.60 (36.60) [1:13.91]

Série : 400 4 Nages Messieurs - (Juniors 1 : 15 - 16 ans)

[J1 : Di 02/02/2020 - R2]

1. PERROTTE Vadim		2004	FRA	CNP DE SAINT-LO	5:11.72	879 pts	
50 m :	31.32 (31.32)	100 m :	1:08.99 (37.67) [1:08.99]	150 m :	1:49.48 (40.49)	200 m :	2:28.89 (39.41) [1:19.90]
250 m :	3:13.94 (45.05)	300 m :	3:59.97 (46.03) [1:31.08]	350 m :	4:36.30 (36.33)	400 m :	5:11.72 (35.42) [1:11.75]
2. TURMEL Bastien		2004	FRA	ESPÉRANCE VAILLANTE GRANVILLE	5:19.70	827 pts	
50 m :	34.32 (34.32)	100 m :	1:15.45 (41.13) [1:15.45]	150 m :	1:56.06 (40.61)	200 m :	2:35.69 (39.63) [1:20.24]
250 m :	3:22.60 (46.91)	300 m :	4:09.70 (47.10) [1:34.01]	350 m :	4:45.60 (35.90)	400 m :	5:19.70 (34.10) [1:10.00]
3. CHEVE Gabriel		2004	FRA	CNP DE SAINT-LO	5:31.86	752 pts	
50 m :	35.80 (35.80)	100 m :	1:20.09 (44.29) [1:20.09]	150 m :	2:02.20 (42.11)	200 m :	2:44.12 (41.92) [1:24.03]
250 m :	3:30.45 (46.33)	300 m :	4:17.74 (47.29) [1:33.62]	350 m :	4:55.21 (37.47)	400 m :	5:31.86 (36.65) [1:14.12]
4. LEBEDEL Ange		2005	FRA	CNP DE SAINT-LO	5:34.93	733 pts	
50 m :	33.91 (33.91)	100 m :	1:14.79 (40.88) [1:14.79]	150 m :	1:59.62 (44.83)	200 m :	2:42.44 (42.82) [1:27.65]
250 m :	3:31.72 (49.28)	300 m :	4:21.72 (50.00) [1:39.28]	350 m :	5:00.62 (38.90)	400 m :	5:34.93 (34.31) [1:13.21]
5. BELLEGUIC Felix		2004	FRA	CNP DE SAINT-LO	5:36.00	727 pts	
50 m :	35.77 (35.77)	100 m :	1:19.85 (44.08) [1:19.85]	150 m :	2:04.63 (44.78)	200 m :	2:49.03 (44.40) [1:29.18]
250 m :	3:34.60 (45.57)	300 m :	4:21.60 (47.00) [1:32.57]	350 m :	4:59.67 (38.07)	400 m :	5:36.00 (36.33) [1:14.40]
6. JORET Corentin		2005	FRA	ESPÉRANCE VAILLANTE GRANVILLE	6:19.29	492 pts	
50 m :	44.71 (44.71)	100 m :	1:42.32 (57.61) [1:42.32]	150 m :	2:27.45 (45.13)	200 m :	3:12.30 (44.85) [1:29.98]
250 m :	4:05.73 (53.43)	300 m :	4:59.52 (53.79) [1:47.22]	350 m :	5:40.46 (40.94)	400 m :	6:19.29 (38.83) [1:19.77]