

## Résultats

[Cotation FFN]

### Séries : 200 Nage Libre Dames - (AVENIRS : 6 - 11 ans)

[J1 : Di 19/03/2023 - R1]

1.	Lisa DUPUY	2012	FRA	CN LE MANS						<b>3:05.12</b>	437 pts
50 m :	41.15 (41.15)				100 m :	1:28.39 (47.24) [1:28.39]	150 m :	2:16.74 (48.35)	200 m :	3:05.12 (48.38) [1:36.73]	
2.	Emna CHEUTIN	2012	FRA	CN LE MANS						<b>3:17.40</b>	327 pts
50 m :	45.09 (45.09)				100 m :	1:35.33 (50.24) [1:35.33]	150 m :	2:27.30 (51.97)	200 m :	3:17.40 (50.10) [1:42.07]	
3.	Violette BRETON-BELHOMME	2012	FRA	CN LE MANS						<b>3:18.19</b>	321 pts
50 m :	43.71 (43.71)				100 m :	1:34.75 (51.04) [1:34.75]	150 m :	2:27.52 (52.77)	200 m :	3:18.19 (50.67) [1:43.44]	
4.	Naelle LEGENTIL	2012	FRA	CN LE MANS						<b>3:26.00</b>	260 pts
50 m :	47.72 (47.72)				100 m :	1:41.52 (53.80) [1:41.52]	150 m :	2:34.85 (53.33)	200 m :	3:26.00 (51.15) [1:44.48]	
5.	Sidonie JUPIN	2012	FRA	CN LE MANS						<b>3:29.04</b>	238 pts
50 m :	46.98 (46.98)				100 m :	1:42.62 (55.64) [1:42.62]	150 m :	2:38.89 (56.27)	200 m :	3:29.04 (50.15) [1:46.42]	
6.	Héloïse KERGASTEL	2012	FRA	ALLONNES JEUNESSE SPORTIVE						<b>3:29.26</b>	236 pts
50 m :	47.11 (47.11)				100 m :	1:40.42 (53.31) [1:40.42]	150 m :	2:36.88 (56.46)	200 m :	3:29.26 (52.38) [1:48.84]	
7.	Eva FOGANG	2013	FRA	ALLONNES JEUNESSE SPORTIVE						<b>3:31.52</b>	220 pts
50 m :	44.89 (44.89)				100 m :	1:39.21 (54.32) [1:39.21]	150 m :	2:38.11 (58.90)	200 m :	3:31.52 (53.41) [1:52.31]	
8.	Maëva CECHETTI	2013	FRA	ALLONNES JEUNESSE SPORTIVE						<b>3:32.03</b>	217 pts
50 m :	48.19 (48.19)				100 m :	1:41.95 (53.76) [1:41.95]	150 m :	2:37.28 (55.33)	200 m :	3:32.03 (54.75) [1:50.08]	
9.	Lucile RAOUL	2012	FRA	CN LE MANS						<b>3:34.62</b>	200 pts
50 m :	48.93 (48.93)				100 m :	1:45.21 (56.28) [1:45.21]	150 m :	2:41.28 (56.07)	200 m :	3:34.62 (53.34) [1:49.41]	
10.	Laysa ZIDANE	2013	FRA	CN BERCE BELINOIS						<b>3:39.31</b>	170 pts
50 m :	46.30 (46.30)				100 m :	1:43.07 (56.77) [1:43.07]	150 m :	2:41.93 (58.86)	200 m :	3:39.31 (57.38) [1:56.24]	
11.	Eglantine AUGEREAU	2013	FRA	ALLONNES JEUNESSE SPORTIVE						<b>3:42.83</b>	150 pts
50 m :	50.28 (50.28)				100 m :	1:46.44 (56.16) [1:46.44]	150 m :	2:47.07 (1:00.63)	200 m :	3:42.83 (55.76) [1:56.39]	
12.	Irem SAHIN	2014	FRA	CN LE MANS						<b>3:43.05</b>	149 pts
50 m :	50.74 (50.74)				100 m :	1:46.45 (55.71) [1:46.45]	150 m :	2:46.25 (59.80)	200 m :	3:43.05 (56.80) [1:56.60]	
13.	May PETIOT	2013	FRA	CN LE MANS						<b>3:46.29</b>	131 pts
50 m :	52.04 (52.04)				100 m :	1:50.98 (58.94) [1:50.98]	150 m :	2:51.43 (1:00.45)	200 m :	3:46.29 (54.86) [1:55.31]	
14.	Emma GUILLEMIN	2012	FRA	JS COULAINES						<b>3:46.84</b>	128 pts
50 m :	50.28 (50.28)				100 m :	1:50.34 (1:00.06) [1:50.34]	150 m :	2:53.35 (1:03.01)	200 m :	3:46.84 (53.49) [1:56.60]	
15.	Amaia ESTELLANO	2013	FRA	CN LE MANS						<b>3:52.17</b>	102 pts
50 m :	49.06 (49.06)				100 m :	1:47.18 (58.12) [1:47.18]	150 m :	2:49.79 (1:02.61)	200 m :	3:52.17 (1:02.38) [2:04.99]	
16.	Selen DESSERTENNE	2012	FRA	CN LE MANS						<b>3:54.72</b>	90 pts
50 m :	52.77 (52.77)				100 m :	1:52.05 (59.28) [1:52.05]	150 m :	2:52.49 (1:00.44)	200 m :	3:54.72 (1:02.23) [2:02.67]	
17.	Estelle TAVERDET CHEVALIER	2012	FRA	ALLONNES JEUNESSE SPORTIVE						<b>3:58.11</b>	76 pts
50 m :	54.12 (54.12)				100 m :	1:54.67 (1:00.55) [1:54.67]	150 m :	2:59.69 (1:05.02)	200 m :	3:58.11 (58.42) [2:03.44]	
18.	Myriam LAKLACH	2012	FRA	CN LE MANS						<b>3:58.56</b>	74 pts
50 m :	52.67 (52.67)				100 m :	1:55.02 (1:02.35) [1:55.02]	150 m :	2:59.07 (1:04.05)	200 m :	3:58.56 (59.49) [2:03.54]	
19.	Aitana ESTELLANO	2013	FRA	CN LE MANS						<b>3:58.72</b>	74 pts
50 m :	53.57 (53.57)				100 m :	1:52.54 (58.97) [1:52.54]	150 m :	2:54.82 (1:02.28)	200 m :	3:58.72 (1:03.90) [2:06.18]	
20.	Manon HERSANT	2013	FRA	CN BERCE BELINOIS						<b>3:59.02</b>	72 pts
50 m :	51.40 (51.40)				100 m :	1:55.40 (1:04.00) [1:55.40]	150 m :	3:00.24 (1:04.84)	200 m :	3:59.02 (58.78) [2:03.62]	
21.	Lalie CATTEAU	2014	FRA	ALLONNES JEUNESSE SPORTIVE						<b>4:05.84</b>	48 pts
50 m :	55.63 (55.63)				100 m :	1:59.08 (1:03.45) [1:59.08]	150 m :	3:02.90 (1:03.82)	200 m :	4:05.84 (1:02.94) [2:06.76]	
22.	Garance BRETON-BELHOMME	2015	FRA	CN LE MANS						<b>4:17.02</b>	19 pts
50 m :	59.11 (59.11)				100 m :	2:08.05 (1:08.94) [2:08.05]	150 m :	3:15.41 (1:07.36)	200 m :	4:17.02 (1:01.61) [2:08.97]	
23.	Gabrielle FERY	2014	FRA	CN LE MANS						<b>4:28.09</b>	3 pts
50 m :	---				100 m :	2:09.13 (2:09.13) [2:09.13]	150 m :	3:20.14 (1:11.01)	200 m :	4:28.09 (1:07.95) [2:18.96]	
24.	Romane DESPIERRES	2013	FRA	LA NAT'SUZERAINNE						<b>4:31.40</b>	1 pt
50 m :	59.66 (59.66)				100 m :	2:10.56 (1:10.90) [2:10.56]	150 m :	3:23.27 (1:12.71)	200 m :	4:31.40 (1:08.13) [2:20.84]	
25.	Ninon VALENTIN	2013	FRA	ALLONNES JEUNESSE SPORTIVE						<b>4:36.04</b>	1 pt
50 m :	1:01.12 (1:01.12)				100 m :	2:13.66 (1:12.54) [2:13.66]	150 m :	3:27.85 (1:14.19)	200 m :	4:36.04 (1:08.19) [2:22.38]	
26.	Livia MANIRAKIZA	2013	FRA	ALLONNES JEUNESSE SPORTIVE						<b>4:47.18</b>	1 pt
50 m :	58.66 (58.66)				100 m :	2:10.53 (1:11.87) [2:10.53]	150 m :	3:34.15 (1:23.62)	200 m :	4:47.18 (1:13.03) [2:36.65]	
27.	Laia ESTELLANO	2014	FRA	CN LE MANS						<b>4:48.63</b>	1 pt
50 m :	1:05.16 (1:05.16)				100 m :	2:17.93 (1:12.77) [2:17.93]	150 m :	3:35.05 (1:17.12)	200 m :	4:48.63 (1:13.58) [2:30.70]	
28.	Louise CHEUTIN	2014	FRA	CN LE MANS						<b>4:51.04</b>	1 pt
50 m :	1:05.58 (1:05.58)				100 m :	2:20.08 (1:14.50) [2:20.08]	150 m :	3:38.47 (1:18.39)	200 m :	4:51.04 (1:12.57) [2:30.96]	
29.	Elina BLOT	2014	FRA	CN LE MANS						<b>5:16.19</b>	1 pt
50 m :	1:16.86 (1:16.86)				100 m :	2:38.87 (1:22.01) [2:38.87]	150 m :	3:59.52 (1:20.65)	200 m :	5:16.19 (1:16.67) [2:37.32]	
30.	Louise LOUVEL	2014	FRA	ALLONNES JEUNESSE SPORTIVE						<b>5:22.31</b>	1 pt
50 m :	1:11.69 (1:11.69)				100 m :	2:37.76 (1:26.07) [2:37.76]	150 m :	4:02.76 (1:25.00)	200 m :	5:22.31 (1:19.55) [2:44.55]	

## Résultats

### (Suite) Séries : 200 Nage Libre Dames - (AVENIRS : 6 - 11 ans)

[J1 : Di 19/03/2023 - R1]

31.	Lucille DAI ZHENG	2013	FRA	US LA FLÈCHE	<b>5:25.23</b>	1 pt	
50 m :	57.59 (57.59)	100 m :	2:27.66 (1:30.07) [2:27.66]	150 m :	3:56.29 (1:28.63)	200 m :	5:25.23 (1:28.94) [2:57.57]
32.	Ayline LINAIS	2014	FRA	LA NAT'SUZERAINE	<b>5:35.22</b>	1 pt	
50 m :	1:57.69 (1:57.69)	100 m :	3:12.38 (1:14.69) [3:12.38]	150 m :	4:24.84 (1:12.46)	200 m :	5:35.22 (1:10.38) [2:22.84]
---	Candice COCHARD LOPEZ	2013	FRA	JS COULAINES	<b>DNS dec</b>		
---	Miléna COCHARD LOPEZ	2013	FRA	JS COULAINES	<b>DNS dec</b>		

### Séries : 400 Nage Libre Dames - (BENJAMINES : 12 - 13 ans)

[J1 : Di 19/03/2023 - R2]

1.	Jade ACHI	2011	FRA	ALLONNES JEUNESSE SPORTIVE	<b>6:16.65</b>	475 pts	
50 m :	42.59 (42.59)	100 m :	1:31.20 (48.61) [1:31.20]	150 m :	2:17.84 (46.64)	200 m :	3:04.62 (46.78) [1:33.42]
250 m :	3:52.56 (47.94)	300 m :	4:41.53 (48.97) [1:36.91]	350 m :	5:29.34 (47.81)	400 m :	6:16.65 (47.31) [1:35.12]
2.	Gaby BEAUVOIR	2011	FRA	CN LE MANS	<b>6:20.10</b>	458 pts	
50 m :	41.93 (41.93)	100 m :	1:30.20 (48.27) [1:30.20]	150 m :	2:18.20 (48.00)	200 m :	3:06.19 (47.99) [1:35.99]
250 m :	3:55.12 (48.93)	300 m :	4:44.62 (49.50) [1:38.43]	350 m :	5:31.77 (47.15)	400 m :	6:20.10 (48.33) [1:35.48]
3.	Enolyne DELERABLE	2011	FRA	LES GOÉLANDS SABLÉ-SUR-SARTHE	<b>6:37.42</b>	377 pts	
50 m :	43.18 (43.18)	100 m :	1:31.11 (47.93) [1:31.11]	150 m :	2:21.74 (50.63)	200 m :	3:12.69 (50.95) [1:41.58]
250 m :	4:04.33 (51.64)	300 m :	4:56.33 (52.00) [1:43.64]	350 m :	5:47.11 (50.78)	400 m :	6:37.42 (50.31) [1:41.09]
4.	Yana GHOTANYAN	2011	ARM	CN LE MANS	<b>6:52.79</b>	312 pts	
50 m :	44.04 (44.04)	100 m :	1:36.33 (52.29) [1:36.33]	150 m :	2:28.88 (52.55)	200 m :	3:20.83 (51.95) [1:44.50]
250 m :	4:14.22 (53.39)	300 m :	5:05.82 (51.60) [1:44.99]	350 m :	5:59.03 (53.21)	400 m :	6:52.79 (53.76) [1:46.97]
5.	Bérénice BLOT	2011	FRA	CN LE MANS	<b>6:57.59</b>	293 pts	
50 m :	47.74 (47.74)	100 m :	1:41.48 (53.74) [1:41.48]	150 m :	2:35.58 (54.10)	200 m :	3:28.52 (52.94) [1:47.04]
250 m :	4:22.21 (53.69)	300 m :	5:16.17 (53.96) [1:47.65]	350 m :	6:08.88 (52.71)	400 m :	6:57.59 (48.71) [1:41.42]
6.	Sarah BEN AMAR	2011	FRA	ALLONNES JEUNESSE SPORTIVE	<b>7:06.71</b>	259 pts	
50 m :	46.81 (46.81)	100 m :	2:35.48 (1:48.67) [2:35.48]	150 m :	4:24.22 (1:48.74)	200 m :	5:20.23 (56.01) [2:44.75]
250 m :	6:15.15 (54.92)	300 m :	7:06.71 (51.56) [1:46.48]	350 m :	6:15.15 (-51.56)	400 m :	7:06.71 (51.56)
7.	Jeanne LOUVEL	2011	FRA	ALLONNES JEUNESSE SPORTIVE	<b>7:10.95</b>	244 pts	
50 m :	48.79 (48.79)	100 m :	1:45.01 (56.22) [1:45.01]	150 m :	2:40.29 (55.28)	200 m :	3:35.87 (55.58) [1:50.86]
250 m :	4:32.10 (56.23)	300 m :	5:26.91 (54.81) [1:51.04]	350 m :	6:21.27 (54.36)	400 m :	7:10.95 (49.68) [1:44.04]
8.	Clémentine LANCELEUR	2011	FRA	US LA FLÈCHE	<b>7:20.11</b>	212 pts	
50 m :	48.57 (48.57)	100 m :	1:44.55 (55.98) [1:44.55]	150 m :	2:40.29 (55.74)	200 m :	3:36.32 (56.03) [1:51.77]
250 m :	4:33.41 (57.09)	300 m :	5:31.22 (57.81) [1:54.90]	350 m :	6:27.57 (56.35)	400 m :	7:20.11 (52.54) [1:48.89]
9.	Céleste BODEREAU	2010	FRA	US LA FLÈCHE	<b>7:47.74</b>	130 pts	
50 m :	47.03 (47.03)	100 m :	1:41.75 (54.72) [1:41.75]	150 m :	2:40.22 (58.47)	200 m :	3:41.61 (1:01.39) [1:59.86]
250 m :	4:42.50 (1:00.89)	300 m :	5:43.58 (1:01.08) [2:01.97]	350 m :	6:46.59 (1:03.01)	400 m :	7:47.74 (1:01.15) [2:04.16]
---	Maëlys DAI ZHENG	2010	FRA	US LA FLÈCHE	<b>DNS dec</b>		
---	Silje LANGEN	2010	FRA	CN LE MANS	<b>DNS dec</b>		

### Séries : 800 Nage Libre Dames - (BENJAMINES : 12 - 13 ans)

[J1 : Di 19/03/2023 - R1]

1.	Lisa PAYEN	2010	FRA	LES GOÉLANDS SABLÉ-SUR-SARTHE	<b>10:47.70</b>	813 pts	
50 m :	37.36 (37.36)	100 m :	1:17.86 (40.50) [1:17.86]	150 m :	1:58.24 (40.38)	200 m :	2:39.23 (40.99) [1:21.37]
250 m :	3:19.20 (39.97)	300 m :	4:00.19 (40.99) [1:20.96]	350 m :	4:40.76 (40.57)	400 m :	5:22.10 (41.34) [1:21.91]
450 m :	6:03.75 (41.65)	500 m :	6:45.28 (41.53) [1:23.18]	550 m :	7:26.93 (41.65)	600 m :	8:08.11 (41.18) [1:22.83]
650 m :	8:49.58 (41.47)	700 m :	9:30.51 (40.93) [1:22.40]	750 m :	10:10.65 (40.14)	800 m :	10:47.70 (37.05) [1:17.19]
2.	Kymia ESSIEMI-OKALE	2010	FRA	ALLONNES JEUNESSE SPORTIVE	<b>11:28.41</b>	686 pts	
50 m :	38.65 (38.65)	100 m :	1:21.05 (42.40) [1:21.05]	150 m :	2:03.23 (42.18)	200 m :	2:46.30 (43.07) [1:25.25]
250 m :	3:29.84 (43.54)	300 m :	4:13.98 (44.14) [1:27.68]	350 m :	4:58.10 (44.12)	400 m :	5:42.14 (44.04) [1:28.16]
450 m :	6:26.55 (44.41)	500 m :	7:11.05 (44.50) [1:28.91]	550 m :	7:55.35 (44.30)	600 m :	8:39.51 (44.16) [1:28.46]
650 m :	9:23.15 (43.64)	700 m :	10:06.47 (43.32) [1:26.96]	750 m :	10:49.22 (42.75)	800 m :	11:28.41 (39.19) [1:21.94]
3.	Léa ROUSSEAU	2010	FRA	ALLONNES JEUNESSE SPORTIVE	<b>11:30.48</b>	680 pts	
50 m :	40.21 (40.21)	100 m :	2:06.39 (1:26.18) [2:06.39]	150 m :	2:50.58 (44.19)	200 m :	3:33.83 (43.25) [1:27.44]
250 m :	4:18.46 (44.63)	300 m :	5:03.05 (44.59) [1:29.22]	350 m :	5:47.58 (44.53)	400 m :	6:31.24 (43.66) [1:28.19]
450 m :	7:15.73 (44.49)	500 m :	7:58.74 (43.01) [1:27.50]	550 m :	8:42.60 (43.86)	600 m :	9:25.31 (42.71) [1:26.57]
650 m :	10:08.82 (43.51)	700 m :	10:50.71 (41.89) [1:25.40]	750 m :	---	800 m :	11:30.48 (39.77) [39.77]
4.	Juliette DANILO	2010	FRA	ALLONNES JEUNESSE SPORTIVE	<b>12:01.92</b>	590 pts	
50 m :	41.28 (41.28)	100 m :	1:27.05 (45.77) [1:27.05]	150 m :	---	200 m :	2:58.11 (1:31.06) [1:31.06]
250 m :	3:43.21 (45.10)	300 m :	4:28.01 (44.80) [1:29.90]	350 m :	5:13.11 (45.10)	400 m :	5:57.76 (44.65) [1:29.75]
450 m :	6:43.06 (45.30)	500 m :	7:28.80 (45.74) [1:31.04]	550 m :	8:14.52 (45.72)	600 m :	9:00.18 (45.66) [1:31.38]
650 m :	9:46.20 (46.02)	700 m :	10:31.82 (45.62) [1:31.64]	750 m :	11:16.31 (44.49)	800 m :	12:01.92 (45.61) [1:30.10]

## Résultats

### (Suite) Séries : 800 Nage Libre Dames - (BENJAMINES : 12 - 13 ans)

[J1 : Di 19/03/2023 - R1]

5. Silje LANGEN		2010	FRA	CN LE MANS	<b>12:10.36</b>	567 pts	
50 m :	40.68 (40.68)	100 m :	1:25.09 (44.41) [1:25.09]	150 m :	2:09.62 (44.53)	200 m :	2:54.74 (45.12) [1:29.65]
250 m :	3:40.84 (46.10)	300 m :	4:26.02 (45.18) [1:31.28]	350 m :	5:12.12 (46.10)	400 m :	5:57.59 (45.47) [1:31.57]
450 m :	6:43.51 (45.92)	500 m :	7:30.47 (46.96) [1:32.88]	550 m :	8:18.20 (47.73)	600 m :	9:04.54 (46.34) [1:34.07]
650 m :	9:51.93 (47.39)	700 m :	10:38.26 (46.33) [1:33.72]	750 m :	11:25.46 (47.20)	800 m :	12:10.36 (44.90) [1:32.10]
6. Marwa AZARKAN		2010	FRA	ALLONNES JEUNESSE SPORTIVE	<b>12:16.01</b>	552 pts	
50 m :	44.25 (44.25)	100 m :	1:29.86 (45.61) [1:29.86]	150 m :	3:47.23 (2:17.37)	200 m :	4:33.90 (46.67) [3:04.04]
250 m :	5:21.29 (47.39)	300 m :	6:08.64 (47.35) [1:34.74]	350 m :	6:55.70 (47.06)	400 m :	7:43.31 (47.61) [1:34.67]
450 m :	8:29.40 (46.09)	500 m :	9:16.49 (47.09) [1:33.18]	550 m :	10:04.18 (47.69)	600 m :	10:49.63 (45.45) [1:33.14]
650 m :	11:35.52 (45.89)	700 m :	---	750 m :	---	800 m :	12:16.01 (40.49) [1:26.38]
7. Pauline GONSARD		2010	FRA	CN LE MANS	<b>12:57.20</b>	447 pts	
50 m :	40.84 (40.84)	100 m :	1:27.25 (46.41) [1:27.25]	150 m :	2:14.84 (47.59)	200 m :	3:03.68 (48.84) [1:36.43]
250 m :	3:52.18 (48.50)	300 m :	4:41.38 (49.20) [1:37.70]	350 m :	5:30.20 (48.82)	400 m :	6:20.03 (49.83) [1:38.65]
450 m :	7:09.52 (49.49)	500 m :	7:59.32 (49.80) [1:39.29]	550 m :	8:49.90 (50.58)	600 m :	9:39.65 (49.75) [1:40.33]
650 m :	10:30.48 (50.83)	700 m :	11:21.05 (50.57) [1:41.40]	750 m :	12:10.62 (49.57)	800 m :	12:57.20 (46.58) [1:36.15]
8. Ilana GESLIN		2010	FRA	CN LE MANS	<b>13:08.05</b>	421 pts	
50 m :	42.48 (42.48)	100 m :	1:29.68 (47.20) [1:29.68]	150 m :	2:18.60 (48.92)	200 m :	3:07.59 (48.99) [1:37.91]
250 m :	3:57.46 (49.87)	300 m :	4:48.43 (50.97) [1:40.84]	350 m :	5:38.44 (50.01)	400 m :	6:28.61 (50.17) [1:40.18]
450 m :	7:18.42 (49.81)	500 m :	8:07.70 (49.28) [1:39.09]	550 m :	8:58.14 (50.44)	600 m :	9:49.29 (51.15) [1:41.59]
650 m :	10:39.91 (50.62)	700 m :	11:30.95 (51.04) [1:41.66]	750 m :	12:21.96 (51.01)	800 m :	13:08.05 (46.09) [1:37.10]
9. Ema GOYCETA		2010	FRA	ALLONNES JEUNESSE SPORTIVE	<b>13:27.63</b>	376 pts	
50 m :	43.84 (43.84)	100 m :	1:33.64 (49.80) [1:33.64]	150 m :	---	200 m :	3:16.75 (1:43.11) [1:43.11]
250 m :	---	300 m :	---	350 m :	---	400 m :	---
450 m :	---	500 m :	---	550 m :	---	600 m :	---
650 m :	---	700 m :	---	750 m :	13:27.63 (10:10.88)	800 m :	13:27.63 [10:10.88]
10. Anelie LEROUX		2010	FRA	CN LE MANS	<b>13:29.96</b>	371 pts	
50 m :	42.12 (42.12)	100 m :	1:30.71 (48.59) [1:30.71]	150 m :	2:21.40 (50.69)	200 m :	3:12.83 (51.43) [1:42.12]
250 m :	4:04.69 (51.86)	300 m :	4:57.00 (52.31) [1:44.17]	350 m :	5:48.83 (51.83)	400 m :	6:42.81 (53.98) [1:45.81]
450 m :	7:34.13 (51.32)	500 m :	8:24.47 (50.34) [1:41.66]	550 m :	9:16.96 (52.49)	600 m :	10:08.35 (51.39) [1:43.88]
650 m :	10:59.17 (50.82)	700 m :	11:50.44 (51.27) [1:42.09]	750 m :	12:41.50 (51.06)	800 m :	13:29.96 (48.46) [1:39.52]
11. Lilya ZIDANE		2010	FRA	CN BERCE BELINOIS	<b>14:06.50</b>	295 pts	
50 m :	45.05 (45.05)	100 m :	1:34.95 (49.90) [1:34.95]	150 m :	2:27.71 (52.76)	200 m :	3:21.58 (53.87) [1:46.63]
250 m :	4:15.57 (53.99)	300 m :	5:09.70 (54.13) [1:48.12]	350 m :	6:04.27 (54.57)	400 m :	6:58.32 (54.05) [1:48.62]
450 m :	7:52.15 (53.83)	500 m :	8:46.95 (54.80) [1:48.63]	550 m :	9:42.26 (55.31)	600 m :	10:36.16 (53.90) [1:49.21]
650 m :	11:30.49 (54.33)	700 m :	12:23.40 (52.91) [1:47.24]	750 m :	13:14.92 (51.52)	800 m :	14:06.50 (51.58) [1:43.10]
12. Clémence HEURTEBIZE		2010	FRA	ALLONNES JEUNESSE SPORTIVE	<b>14:23.23</b>	264 pts	
50 m :	48.53 (48.53)	100 m :	1:40.85 (52.32) [1:40.85]	150 m :	2:35.07 (54.22)	200 m :	3:29.45 (54.38) [1:48.60]
250 m :	4:23.79 (54.34)	300 m :	5:19.31 (55.52) [1:49.86]	350 m :	6:13.79 (54.48)	400 m :	7:09.27 (55.48) [1:49.96]
450 m :	8:06.76 (57.49)	500 m :	9:02.74 (55.98) [1:53.47]	550 m :	9:58.52 (55.78)	600 m :	10:53.05 (54.53) [1:50.31]
650 m :	11:49.06 (56.01)	700 m :	12:42.33 (53.27) [1:49.28]	750 m :	13:33.58 (51.25)	800 m :	14:23.23 (49.65) [1:40.90]

### Séries : 25 Dos Dames - (AVENIRS : 6 - 11 ans)

[J1 : Di 19/03/2023 - R1]

1.	Violette BRETON-BELHOMME	2012	FRA	CN LE MANS	<b>20.35</b>
2.	Sidonie JUPIN	2012	FRA	CN LE MANS	<b>22.21</b>
3.	Fatiha ER-RAYAH	2012	FRA	VSF LA FERTÉ-BERNARD	<b>22.61</b>
4.	Ines LE TOULLEC	2012	FRA	VSF LA FERTÉ-BERNARD	<b>22.71</b>
5.	Manon HERSANT	2013	FRA	CN BERCE BELINOIS	<b>22.73</b>
6.	Louane COUDRAY	2012	FRA	VSF LA FERTÉ-BERNARD	<b>22.91</b>
7.	Laysa ZIDANE	2013	FRA	CN BERCE BELINOIS	<b>24.14</b>
8.	Emma GUILLEMIN	2012	FRA	JS COULAINES	<b>25.34</b>
8.	Myriam LAKLACH	2012	FRA	CN LE MANS	<b>25.34</b>
10.	Héloïse KERGASTEL	2012	FRA	ALLONNES JEUNESSE SPORTIVE	<b>25.46</b>
11.	Emma PLARD	2014	FRA	US LA FLÈCHE	<b>25.89</b>
12.	Lehna PEAN	2012	FRA	US LA FLÈCHE	<b>25.94</b>
13.	Lalie CATTEAU	2014	FRA	ALLONNES JEUNESSE SPORTIVE	<b>26.02</b>
14.	Ninon VALENTIN	2013	FRA	ALLONNES JEUNESSE SPORTIVE	<b>26.58</b>
15.	Lucille DAI ZHENG	2013	FRA	US LA FLÈCHE	<b>27.08</b>
16.	Romane DESPIERRES	2013	FRA	LA NAT'SUZERAINNE	<b>27.15</b>
17.	Ayline LINAIS	2014	FRA	LA NAT'SUZERAINNE	<b>27.21</b>
18.	Manon RAYER	2015	FRA	US LA FLÈCHE	<b>28.11</b>
19.	Irem SAHIN	2014	FRA	CN LE MANS	<b>28.50</b>

Résultats

(Suite) Séries : 25 Dos Dames - (AVENIRS : 6 - 11 ans)

[J1 : Di 19/03/2023 - R1]

20.	Gabrielle FERY	2014	FRA	CN LE MANS	28.66
21.	Laia ESTELLANO	2014	FRA	CN LE MANS	30.80
22.	Romane BUARD	2012	FRA	VSF LA FERTÉ-BERNARD	31.02
23.	Capucine DELAROCHE	2014	FRA	US LA FLÈCHE	31.16
24.	Louise LOUVEL	2014	FRA	ALLONNES JEUNESSE SPORTIVE	33.65
25.	Louise GUILLEMIN	2015	FRA	JS COULAINES	33.96
---	Cally CHAFFIN	2013	FRA	US LA FLÈCHE	DNS dec
---	Candice COCHARD LOPEZ	2013	FRA	JS COULAINES	DNS dec
---	Miléna COCHARD LOPEZ	2013	FRA	JS COULAINES	DNS dec

Séries : 50 Dos Dames - (BENJAMINES : 12 - 13 ans)

[J1 : Di 19/03/2023 - R2]

1.	Léa ROUSSEAU	2010	FRA	ALLONNES JEUNESSE SPORTIVE	34.48	948 pts
2.	Lisa PAYEN	2010	FRA	LES GOËLANDS SABLÉ-SUR-SARTHE	37.02	824 pts
3.	Silje LANGEN	2010	FRA	CN LE MANS	39.37	717 pts
4.	Marwa AZARKAN	2010	FRA	ALLONNES JEUNESSE SPORTIVE	44.23	519 pts
5.	Juliette DANILO	2010	FRA	ALLONNES JEUNESSE SPORTIVE	44.87	496 pts
6.	Ilana GESLIN	2010	FRA	CN LE MANS	45.29	480 pts
7.	Lena CHENIER	2010	FRA	VSF LA FERTÉ-BERNARD	47.60	401 pts
8.	Sarah BEN AMAR	2011	FRA	ALLONNES JEUNESSE SPORTIVE	48.24	380 pts
9.	Jeanne LOUVEL	2011	FRA	ALLONNES JEUNESSE SPORTIVE	48.25	380 pts
10.	Yana GHOTANYAN	2011	ARM	CN LE MANS	54.35	210 pts
11.	Clémentine LANCELEUR	2011	FRA	US LA FLÈCHE	55.75	178 pts
12.	Chloé DU BOISREVENU	2011	FRA	VSF LA FERTÉ-BERNARD	1:06.35	22 pts
---	Céleste BODEREAU	2010	FRA	US LA FLÈCHE	DSQ	
---	Lilya ZIDANE	2010	FRA	CN BERCE BELINOIS	DSQ	
---	Maëlys DAI ZHENG	2010	FRA	US LA FLÈCHE	DNS dec	

Séries : 25 Brasse Dames - (AVENIRS : 6 - 11 ans)

[J1 : Di 19/03/2023 - R2]

1.	Emna CHEUTIN	2012	FRA	CN LE MANS	22.50
2.	Eva FOGANG	2013	FRA	ALLONNES JEUNESSE SPORTIVE	23.62
3.	Maëva CECHETTI	2013	FRA	ALLONNES JEUNESSE SPORTIVE	24.28
4.	Estelle TAVERDET CHEVALIER	2012	FRA	ALLONNES JEUNESSE SPORTIVE	27.12
5.	May PETIOT	2013	FRA	CN LE MANS	27.18
6.	Laysa ZIDANE	2013	FRA	CN BERCE BELINOIS	27.24
7.	Ines LE TOULLEC	2012	FRA	VSF LA FERTÉ-BERNARD	27.37
8.	Amaia ESTELLANO	2013	FRA	CN LE MANS	27.50
9.	Louane COUDRAY	2012	FRA	VSF LA FERTÉ-BERNARD	27.53
10.	Emma GUILLEMIN	2012	FRA	JS COULAINES	27.80
11.	Manon HERSANT	2013	FRA	CN BERCE BELINOIS	28.79
12.	Eglantine AUGEREAU	2013	FRA	ALLONNES JEUNESSE SPORTIVE	28.82
13.	Ayline LINAIS	2014	FRA	LA NAT'SUZERAINNE	29.32
14.	Garance BRETON-BELHOMME	2015	FRA	CN LE MANS	29.64
15.	Lucille DAI ZHENG	2013	FRA	US LA FLÈCHE	30.89
16.	Louise CHEUTIN	2014	FRA	CN LE MANS	31.32
17.	Romane BUARD	2012	FRA	VSF LA FERTÉ-BERNARD	33.01
18.	Romane DESPIERRES	2013	FRA	LA NAT'SUZERAINNE	33.62
19.	Elina BLOT	2014	FRA	CN LE MANS	35.28
20.	Lehna PEAN	2012	FRA	US LA FLÈCHE	36.56
21.	Livia MANIRAKIZA	2013	FRA	ALLONNES JEUNESSE SPORTIVE	38.78
22.	Capucine DELAROCHE	2014	FRA	US LA FLÈCHE	43.12
23.	Louise GUILLEMIN	2015	FRA	JS COULAINES	43.28
24.	Emma PLARD	2014	FRA	US LA FLÈCHE	44.19
25.	Manon RAYER	2015	FRA	US LA FLÈCHE	1:05.44
---	Aitana ESTELLANO	2013	FRA	CN LE MANS	DSQ
---	Cally CHAFFIN	2013	FRA	US LA FLÈCHE	DNS dec

## Résultats

### Séries : 50 Brasse Dames - (BENJAMINES : 12 - 13 ans)

[J1 : Di 19/03/2023 - R1]

1.	Ema GOYCETA	2010	FRA	ALLONNES JEUNESSE SPORTIVE	<b>45.55</b>	614 pts
2.	Jade ACHI	2011	FRA	ALLONNES JEUNESSE SPORTIVE	<b>47.92</b>	524 pts
3.	Clémentine LANCELEUR	2011	FRA	US LA FLÈCHE	<b>49.20</b>	479 pts
4.	Astrid MALLARD	2010	FRA	VSF LA FERTÉ-BERNARD	<b>50.70</b>	428 pts
5.	Bérénice BLOT	2011	FRA	CN LE MANS	<b>53.74</b>	334 pts
6.	Clémence HEURTEBIZE	2010	FRA	ALLONNES JEUNESSE SPORTIVE	<b>56.34</b>	263 pts
7.	Lena CHENIER	2010	FRA	VSF LA FERTÉ-BERNARD	<b>1:04.11</b>	101 pts
8.	Céleste BODEREAU	2010	FRA	US LA FLÈCHE	<b>1:05.02</b>	87 pts
---	Chloé DU BOISREVENU	2011	FRA	VSF LA FERTÉ-BERNARD	<b>DSQ</b>	
---	Anelie LEROUX	2010	FRA	CN LE MANS	<b>DSQ</b>	
---	Maëlys DAI ZHENG	2010	FRA	US LA FLÈCHE	<b>DNS dec</b>	

### Séries : 25 Papillon Dames - (AVENIRS : 6 - 11 ans)

[J1 : Di 19/03/2023 - R2]

1.	Lisa DUPUY	2012	FRA	CN LE MANS	<b>18.47</b>	
2.	Naelle LEGENTIL	2012	FRA	CN LE MANS	<b>20.72</b>	
3.	Lucile RAOUL	2012	FRA	CN LE MANS	<b>21.64</b>	
4.	Fatiha ER-RAYAH	2012	FRA	VSF LA FERTÉ-BERNARD	<b>23.09</b>	
5.	Ines LE TOULLEC	2012	FRA	VSF LA FERTÉ-BERNARD	<b>23.90</b>	
6.	Laysa ZIDANE	2013	FRA	CN BERCE BELINOIS	<b>24.15</b>	
7.	Emma GUILLEMIN	2012	FRA	JS COULAINES	<b>27.21</b>	
8.	Selen DESSERTENNE	2012	FRA	CN LE MANS	<b>27.56</b>	
9.	Louane COUDRAY	2012	FRA	VSF LA FERTÉ-BERNARD	<b>29.59</b>	
10.	Romane DESPIERRES	2013	FRA	LA NAT'SUZERAINE	<b>31.33</b>	
11.	Emma PLARD	2014	FRA	US LA FLÈCHE	<b>33.60</b>	
12.	Capucine DELAROCHE	2014	FRA	US LA FLÈCHE	<b>35.64</b>	
13.	Ayline LINAIS	2014	FRA	LA NAT'SUZERAINE	<b>38.33</b>	
---	Lucille DAI ZHENG	2013	FRA	US LA FLÈCHE	<b>DSQ</b>	
---	Louise GUILLEMIN	2015	FRA	JS COULAINES	<b>DSQ</b>	
---	Lehna PEAN	2012	FRA	US LA FLÈCHE	<b>DSQ</b>	
---	Manon RAYER	2015	FRA	US LA FLÈCHE	<b>DSQ</b>	
---	Cally CHAFFIN	2013	FRA	US LA FLÈCHE	<b>DNS dec</b>	

### Séries : 50 Papillon Dames - (BENJAMINES : 12 - 13 ans)

[J1 : Di 19/03/2023 - R1]

1.	Lisa PAYEN	2010	FRA	LES GOÉLANDS SABLÉ-SUR-SARTHE	<b>34.86</b>	801 pts
2.	Kymia ESSIEMI-OKALE	2010	FRA	ALLONNES JEUNESSE SPORTIVE	<b>38.26</b>	630 pts
3.	Pauline GONSARD	2010	FRA	CN LE MANS	<b>38.93</b>	598 pts
4.	Gaby BEAUVOIR	2011	FRA	CN LE MANS	<b>41.30</b>	493 pts
5.	Enolyne DELERABLE	2011	FRA	LES GOÉLANDS SABLÉ-SUR-SARTHE	<b>49.33</b>	213 pts
6.	Clémentine LANCELEUR	2011	FRA	US LA FLÈCHE	<b>50.57</b>	180 pts
7.	Astrid MALLARD	2010	FRA	VSF LA FERTÉ-BERNARD	<b>51.95</b>	147 pts
8.	Céleste BODEREAU	2010	FRA	US LA FLÈCHE	<b>55.60</b>	75 pts
---	Maëlys DAI ZHENG	2010	FRA	US LA FLÈCHE	<b>DNS dec</b>	

### Séries : 100 4 Nages Dames - (AVENIRS : 6 - 11 ans)

[J1 : Di 19/03/2023 - R2]

1.	Lisa DUPUY	2012	FRA	CN LE MANS	<b>1:35.17</b>	491 pts
50 m :	43.58 (43.58)	100 m :	1:35.17 (51.59)	[1:35.17]		
2.	Emna CHEUTIN	2012	FRA	CN LE MANS	<b>1:42.63</b>	362 pts
50 m :	50.81 (50.81)	100 m :	1:42.63 (51.82)	[1:42.63]		
3.	Violette BRETON-BELHOMME	2012	FRA	CN LE MANS	<b>1:42.79</b>	360 pts
50 m :	---	100 m :	1:42.79 (1:42.79)	[1:42.79]		
4.	Sidonie JUPIN	2012	FRA	CN LE MANS	<b>1:48.53</b>	274 pts
50 m :	---	100 m :	1:48.53 (1:48.53)	[1:48.53]		
5.	Naelle LEGENTIL	2012	FRA	CN LE MANS	<b>1:48.61</b>	273 pts
50 m :	52.40 (52.40)	100 m :	1:48.61 (56.21)	[1:48.61]		

## Résultats

### (Suite) Séries : 100 4 Nages Dames - (AVENIRS : 6 - 11 ans)

[J1 : Di 19/03/2023 - R2]

6.	Maëva CECHETTI	2013	FRA	ALLONNES JEUNESSE SPORTIVE	<b>1:48.69</b>	272 pts
50 m :	51.90 (51.90)	100 m :	1:48.69 (56.79)	[1:48.69]		
7.	Eva FOGANG	2013	FRA	ALLONNES JEUNESSE SPORTIVE	<b>1:52.04</b>	227 pts
50 m :	---	100 m :	1:52.04 (1:52.04)	[1:52.04]		
8.	May PETIOT	2013	FRA	CN LE MANS	<b>1:52.44</b>	222 pts
50 m :	55.97 (55.97)	100 m :	1:52.44 (56.47)	[1:52.44]		
9.	Laysa ZIDANE	2013	FRA	CN BERCE BELINOIS	<b>1:53.18</b>	213 pts
50 m :	52.70 (52.70)	100 m :	1:53.18 (1:00.48)	[1:53.18]		
10.	Ines LE TOULLEC	2012	FRA	VSF LA FERTÉ-BERNARD	<b>1:55.97</b>	180 pts
50 m :	---	100 m :	1:55.97 (1:55.97)	[1:55.97]		
11.	Lucile RAOUL	2012	FRA	CN LE MANS	<b>1:57.75</b>	161 pts
50 m :	---	100 m :	1:57.75 (1:57.75)	[1:57.75]		
12.	Amaia ESTELLANO	2013	FRA	CN LE MANS	<b>2:00.65</b>	132 pts
50 m :	58.06 (58.06)	100 m :	2:00.65 (1:02.59)	[2:00.65]		
13.	Emma GUILLEMIN	2012	FRA	JS COULAINES	<b>2:02.24</b>	117 pts
50 m :	58.28 (58.28)	100 m :	2:02.24 (1:03.96)	[2:02.24]		
14.	Eglantine AUGEREAU	2013	FRA	ALLONNES JEUNESSE SPORTIVE	<b>2:03.97</b>	102 pts
50 m :	1:01.70 (1:01.70)	100 m :	2:03.97 (1:02.27)	[2:03.97]		
15.	Irem SAHIN	2014	FRA	CN LE MANS	<b>2:04.06</b>	101 pts
50 m :	2:04.06 (2:04.06)	100 m :	2:04.06	[2:04.06]		
16.	Selen DESSERTENNE	2012	FRA	CN LE MANS	<b>2:05.84</b>	86 pts
50 m :	59.72 (59.72)	100 m :	2:05.84 (1:06.12)	[2:05.84]		
17.	Héloïse KERGASTEL	2012	FRA	ALLONNES JEUNESSE SPORTIVE	<b>2:05.95</b>	86 pts
50 m :	1:00.25 (1:00.25)	100 m :	2:05.95 (1:05.70)	[2:05.95]		
18.	Estelle TAVERDET CHEVALIER	2012	FRA	ALLONNES JEUNESSE SPORTIVE	<b>2:07.29</b>	75 pts
50 m :	1:05.31 (1:05.31)	100 m :	2:07.29 (1:01.98)	[2:07.29]		
19.	Lalie CATTEAU	2014	FRA	ALLONNES JEUNESSE SPORTIVE	<b>2:09.82</b>	58 pts
50 m :	1:02.48 (1:02.48)	100 m :	2:09.82 (1:07.34)	[2:09.82]		
20.	Myriam LAKLACH	2012	FRA	CN LE MANS	<b>2:14.60</b>	32 pts
50 m :	---	100 m :	2:14.60 (2:14.60)	[2:14.60]		
21.	Garance BRETON-BELHOMME	2015	FRA	CN LE MANS	<b>2:15.75</b>	26 pts
50 m :	1:06.47 (1:06.47)	100 m :	2:15.75 (1:09.28)	[2:15.75]		
22.	Ayline LINAIS	2014	FRA	LA NAT'SUZERAINNE	<b>2:21.47</b>	8 pts
50 m :	1:10.72 (1:10.72)	100 m :	2:21.47 (1:10.75)	[2:21.47]		
23.	Livia MANIRAKIZA	2013	FRA	ALLONNES JEUNESSE SPORTIVE	<b>2:26.95</b>	1 pt
50 m :	1:14.27 (1:14.27)	100 m :	2:26.95 (1:12.68)	[2:26.95]		
24.	Lehna PEAN	2012	FRA	US LA FLÈCHE	<b>2:27.08</b>	1 pt
50 m :	1:03.61 (1:03.61)	100 m :	2:27.08 (1:23.47)	[2:27.08]		
25.	Louise CHEUTIN	2014	FRA	CN LE MANS	<b>2:28.73</b>	1 pt
50 m :	1:13.38 (1:13.38)	100 m :	2:28.73 (1:15.35)	[2:28.73]		
26.	Capucine DELAROCHE	2014	FRA	US LA FLÈCHE	<b>2:43.90</b>	1 pt
50 m :	---	100 m :	2:43.90 (2:43.90)	[2:43.90]		
27.	Manon RAYER	2015	FRA	US LA FLÈCHE	<b>2:47.98</b>	1 pt
50 m :	1:09.75 (1:09.75)	100 m :	2:47.98 (1:38.23)	[2:47.98]		
---	Elina BLOT	2014	FRA	CN LE MANS	<b>DSQ</b>	
---	Louane COUDRAY	2012	FRA	VSF LA FERTÉ-BERNARD	<b>DSQ</b>	
---	Lucille DAI ZHENG	2013	FRA	US LA FLÈCHE	<b>DSQ</b>	
---	Romane DESPIERRES	2013	FRA	LA NAT'SUZERAINNE	<b>DSQ</b>	
---	Fatiha ER-RAYAH	2012	FRA	VSF LA FERTÉ-BERNARD	<b>DSQ</b>	
---	Aitana ESTELLANO	2013	FRA	CN LE MANS	<b>DSQ</b>	
---	Laia ESTELLANO	2014	FRA	CN LE MANS	<b>DSQ</b>	
---	Gabrielle FERY	2014	FRA	CN LE MANS	<b>DSQ</b>	
---	Manon HERSANT	2013	FRA	CN BERCE BELINOIS	<b>DSQ</b>	
---	Louise LOUVEL	2014	FRA	ALLONNES JEUNESSE SPORTIVE	<b>DSQ</b>	
---	Emma PLARD	2014	FRA	US LA FLÈCHE	<b>DSQ</b>	
---	Ninon VALENTIN	2013	FRA	ALLONNES JEUNESSE SPORTIVE	<b>DSQ</b>	
---	Cally CHAFFIN	2013	FRA	US LA FLÈCHE	<b>DNS dec</b>	

## Résultats

### Séries : 200 4 Nages Dames - (BENJAMINES : 12 - 13 ans)

[J1 : Di 19/03/2023 - R1]

1.	Gaby BEAUVOIR	2011	FRA	CN LE MANS	<b>3:18.20</b>	492 pts	
50 m :	42.10 (42.10)	100 m :	1:34.51 (52.41) [1:34.51]	150 m :	2:31.59 (57.08)	200 m :	3:18.20 (46.61) [1:43.69]
2.	Jade ACHI	2011	FRA	ALLONNES JEUNESSE SPORTIVE	<b>3:29.72</b>	391 pts	
50 m :	50.14 (50.14)	100 m :	1:45.85 (55.71) [1:45.85]	150 m :	2:41.17 (55.32)	200 m :	3:29.72 (48.55) [1:43.87]
3.	Astrid MALLARD	2010	FRA	VSF LA FERTÉ-BERNARD	<b>3:36.31</b>	338 pts	
50 m :	50.03 (50.03)	100 m :	1:44.15 (54.12) [1:44.15]	150 m :	2:46.65 (1:02.50)	200 m :	3:36.31 (49.66) [1:52.16]
4.	Enolyne DELERABLE	2011	FRA	LES GOÉLANDS SABLÉ-SUR-SARTHE	<b>3:36.61</b>	336 pts	
50 m :	52.39 (52.39)	100 m :	1:48.39 (56.00) [1:48.39]	150 m :	2:49.58 (1:01.19)	200 m :	3:36.61 (47.03) [1:48.22]
5.	Clémentine LANCELEUR	2011	FRA	US LA FLÈCHE	<b>3:47.06</b>	260 pts	
50 m :	52.92 (52.92)	100 m :	1:56.18 (1:03.26) [1:56.18]	150 m :	2:54.81 (58.63)	200 m :	3:47.06 (52.25) [1:50.88]
6.	Lena CHENIER	2010	FRA	VSF LA FERTÉ-BERNARD	<b>3:48.61</b>	250 pts	
50 m :	48.49 (48.49)	100 m :	1:42.87 (54.38) [1:42.87]	150 m :	2:57.58 (1:14.71)	200 m :	3:48.61 (51.03) [2:05.74]
7.	Yana GHOTANYAN	2011	ARM	CN LE MANS	<b>3:53.16</b>	221 pts	
50 m :	53.24 (53.24)	100 m :	1:55.87 (1:02.63) [1:55.87]	150 m :	3:01.33 (1:05.46)	200 m :	3:53.16 (51.83) [1:57.29]
8.	Jeanne LOUVEL	2011	FRA	ALLONNES JEUNESSE SPORTIVE	<b>3:54.17</b>	214 pts	
50 m :	55.59 (55.59)	100 m :	1:54.57 (58.98) [1:54.57]	150 m :	3:00.70 (1:06.13)	200 m :	3:54.17 (53.47) [1:59.60]
9.	Sarah BEN AMAR	2011	FRA	ALLONNES JEUNESSE SPORTIVE	<b>4:01.02</b>	174 pts	
50 m :	56.05 (56.05)	100 m :	1:56.99 (1:00.94) [1:56.99]	150 m :	3:10.49 (1:13.50)	200 m :	4:01.02 (50.53) [2:04.03]
10.	Céleste BODEREAU	2010	FRA	US LA FLÈCHE	<b>4:22.25</b>	77 pts	
50 m :	56.78 (56.78)	100 m :	2:02.72 (1:05.94) [2:02.72]	150 m :	3:24.76 (1:22.04)	200 m :	4:22.25 (57.49) [2:19.53]
---	Bérénice BLOT	2011	FRA	CN LE MANS	<b>DSQ</b>		
---	Maëlys DAI ZHENG	2010	FRA	US LA FLÈCHE	<b>DNS dec</b>		
---	Silje LANGEN	2010	FRA	CN LE MANS	<b>DNS dec</b>		

### Séries : 400 4 Nages Dames - (BENJAMINES : 12 - 13 ans)

[J1 : Di 19/03/2023 - R2]

1.	Lisa PAYEN	2010	FRA	LES GOÉLANDS SABLÉ-SUR-SARTHE	<b>5:57.39</b>	774 pts	
50 m :	38.66 (38.66)	100 m :	1:24.75 (46.09) [1:24.75]	150 m :	2:10.71 (45.96)	200 m :	2:55.48 (44.77) [1:30.73]
250 m :	3:45.05 (49.57)	300 m :	4:36.51 (51.46) [1:41.03]	350 m :	5:18.06 (41.55)	400 m :	5:57.39 (39.33) [1:20.88]
2.	Léa ROUSSEAU	2010	FRA	ALLONNES JEUNESSE SPORTIVE	<b>6:00.87</b>	754 pts	
50 m :	38.83 (38.83)	100 m :	1:23.09 (44.26) [1:23.09]	150 m :	2:08.60 (45.51)	200 m :	2:53.94 (45.34) [1:30.85]
250 m :	3:43.17 (49.23)	300 m :	---	350 m :	5:19.78 (1:36.61)	400 m :	6:00.87 (41.09) [3:06.93]
3.	Kymia ESSIEMI-OKALE	2010	FRA	ALLONNES JEUNESSE SPORTIVE	<b>6:25.04</b>	622 pts	
50 m :	41.85 (41.85)	100 m :	1:30.13 (48.28) [1:30.13]	150 m :	2:19.32 (49.19)	200 m :	3:08.46 (49.14) [1:38.33]
250 m :	4:00.50 (52.04)	300 m :	4:57.38 (56.88) [1:48.92]	350 m :	5:42.76 (45.38)	400 m :	6:25.04 (42.28) [1:27.66]
4.	Silje LANGEN	2010	FRA	CN LE MANS	<b>6:36.66</b>	563 pts	
50 m :	45.25 (45.25)	100 m :	1:37.32 (52.07) [1:37.32]	150 m :	2:26.17 (48.85)	200 m :	3:14.16 (47.99) [1:36.84]
250 m :	4:10.01 (55.85)	300 m :	5:07.22 (57.21) [1:53.06]	350 m :	5:53.09 (45.87)	400 m :	6:36.66 (43.57) [1:29.44]
5.	Juliette DANILO	2010	FRA	ALLONNES JEUNESSE SPORTIVE	<b>6:37.89</b>	557 pts	
50 m :	43.96 (43.96)	100 m :	1:38.18 (54.22) [1:38.18]	150 m :	2:28.81 (50.63)	200 m :	3:19.35 (50.54) [1:41.17]
250 m :	4:13.44 (54.09)	300 m :	5:09.93 (56.49) [1:50.58]	350 m :	5:55.25 (45.32)	400 m :	6:37.89 (42.64) [1:27.96]
6.	Pauline GONSARD	2010	FRA	CN LE MANS	<b>6:40.90</b>	542 pts	
50 m :	44.71 (44.71)	100 m :	1:35.96 (51.25) [1:35.96]	150 m :	2:27.72 (51.76)	200 m :	3:19.49 (51.77) [1:43.53]
250 m :	4:14.25 (54.76)	300 m :	5:09.80 (55.55) [1:50.31]	350 m :	5:57.69 (47.89)	400 m :	6:40.90 (43.21) [1:31.10]
7.	Ilana GESLIN	2010	FRA	CN LE MANS	<b>7:12.65</b>	399 pts	
50 m :	49.95 (49.95)	100 m :	1:46.17 (56.22) [1:46.17]	150 m :	2:40.32 (54.15)	200 m :	3:33.92 (53.60) [1:47.75]
250 m :	4:33.50 (59.58)	300 m :	5:35.51 (1:02.01) [2:01.59]	350 m :	6:24.81 (49.30)	400 m :	7:12.65 (47.84) [1:37.14]
8.	Anelie LEROUX	2010	FRA	CN LE MANS	<b>7:19.79</b>	369 pts	
50 m :	48.87 (48.87)	100 m :	1:46.89 (58.02) [1:46.89]	150 m :	2:47.37 (1:00.48)	200 m :	3:44.42 (57.05) [1:57.53]
250 m :	4:41.40 (56.98)	300 m :	5:40.07 (58.67) [1:55.65]	350 m :	6:31.09 (51.02)	400 m :	7:19.79 (48.70) [1:39.72]
9.	Ema GOYCETA	2010	FRA	ALLONNES JEUNESSE SPORTIVE	<b>7:25.80</b>	346 pts	
50 m :	51.94 (51.94)	100 m :	1:54.35 (1:02.41) [1:54.35]	150 m :	2:51.39 (57.04)	200 m :	3:54.85 (1:03.46) [2:00.50]
250 m :	4:42.93 (48.08)	300 m :	5:41.33 (58.40) [1:46.48]	350 m :	6:34.95 (53.62)	400 m :	7:25.80 (50.85) [1:44.47]
---	Marwa AZARKAN	2010	FRA	ALLONNES JEUNESSE SPORTIVE	<b>DSQ</b>		
---	Clémence HEURTEBIZE	2010	FRA	ALLONNES JEUNESSE SPORTIVE	<b>DSQ</b>		

### Séries : 200 Nage Libre Messieurs - (AVENIRS : 6 - 12 ans)

[J1 : Di 19/03/2023 - R1]

1.	Colin CATTEAU	2011	FRA	ALLONNES JEUNESSE SPORTIVE	<b>2:53.56</b>	384 pts	
50 m :	40.61 (40.61)	100 m :	1:24.97 (44.36) [1:24.97]	150 m :	2:10.44 (45.47)	200 m :	2:53.56 (43.12) [1:28.59]

## Résultats

### (Suite) Séries : 200 Nage Libre Messieurs - (AVENIRS : 6 - 12 ans)

[J1 : Di 19/03/2023 - R1]

2.	Maxence SIONNEAU	2011	FRA	ALLONNES JEUNESSE SPORTIVE	<b>2:59.25</b>	330 pts	
50 m :	41.54 (41.54)	100 m :	1:26.82 (45.28) [1:26.82]	150 m :	2:13.88 (47.06)	200 m :	2:59.25 (45.37) [1:32.43]
3.	Léopold FOSSE	2011	FRA	CN LE MANS	<b>3:02.52</b>	301 pts	
50 m :	41.91 (41.91)	100 m :	1:29.07 (47.16) [1:29.07]	150 m :	2:17.50 (48.43)	200 m :	3:02.52 (45.02) [1:33.45]
4.	Gabin LEGRAND	2011	FRA	ALLONNES JEUNESSE SPORTIVE	<b>3:08.45</b>	252 pts	
50 m :	42.96 (42.96)	100 m :	1:32.39 (49.43) [1:32.39]	150 m :	2:23.94 (51.55)	200 m :	3:08.45 (44.51) [1:36.06]
5.	Naël BENECH	2012	FRA	CN LE MANS	<b>3:14.95</b>	203 pts	
50 m :	42.56 (42.56)	100 m :	1:32.65 (50.09) [1:32.65]	150 m :	2:26.97 (54.32)	200 m :	3:14.95 (47.98) [1:42.30]
6.	Louis Marin BAGOT	2011	FRA	JS COULAINES	<b>3:15.02</b>	203 pts	
50 m :	44.42 (44.42)	100 m :	1:34.69 (50.27) [1:34.69]	150 m :	2:27.23 (52.54)	200 m :	3:15.02 (47.79) [1:40.33]
7.	Jules SURGOT	2012	FRA	CN LE MANS	<b>3:19.61</b>	171 pts	
50 m :	42.51 (42.51)	100 m :	1:35.83 (53.32) [1:35.83]	150 m :	2:30.27 (54.44)	200 m :	3:19.61 (49.34) [1:43.78]
8.	Clément FOUREAU	2011	FRA	LA NAT'SUZERAINE	<b>3:24.28</b>	142 pts	
50 m :	40.89 (40.89)	100 m :	1:35.17 (54.28) [1:35.17]	150 m :	2:32.29 (57.12)	200 m :	3:24.28 (51.99) [1:49.11]
9.	Paul SURGOT	2013	FRA	CN LE MANS	<b>3:27.74</b>	122 pts	
50 m :	45.15 (45.15)	100 m :	1:40.07 (54.92) [1:40.07]	150 m :	2:35.92 (55.85)	200 m :	3:27.74 (51.82) [1:47.67]
10.	Mael HENRY	2012	FRA	ALLONNES JEUNESSE SPORTIVE	<b>3:36.53</b>	79 pts	
50 m :	47.47 (47.47)	100 m :	1:45.11 (57.64) [1:45.11]	150 m :	2:44.24 (59.13)	200 m :	3:36.53 (52.29) [1:51.42]
11.	Kenzo PLU	2012	FRA	ALLONNES JEUNESSE SPORTIVE	<b>3:38.83</b>	69 pts	
50 m :	52.67 (52.67)	100 m :	1:49.78 (57.11) [1:49.78]	150 m :	2:45.25 (55.47)	200 m :	3:38.83 (53.58) [1:49.05]
12.	Ersin SAHIN	2011	FRA	CN LE MANS	<b>3:43.28</b>	52 pts	
50 m :	50.04 (50.04)	100 m :	1:46.40 (56.36) [1:46.40]	150 m :	2:47.69 (1:01.29)	200 m :	3:43.28 (55.59) [1:56.88]
13.	Gabriel LEGRAND	2012	FRA	CN LE MANS	<b>3:47.27</b>	38 pts	
50 m :	52.02 (52.02)	100 m :	1:49.76 (57.74) [1:49.76]	150 m :	2:49.19 (59.43)	200 m :	3:47.27 (58.08) [1:57.51]
14.	Noé MARQUENTIN	2012	FRA	ALLONNES JEUNESSE SPORTIVE	<b>3:54.49</b>	19 pts	
50 m :	50.73 (50.73)	100 m :	1:52.00 (1:01.27) [1:52.00]	150 m :	2:56.12 (1:04.12)	200 m :	3:54.49 (58.37) [2:02.49]
15.	Charles FOUREAU	2011	FRA	LA NAT'SUZERAINE	<b>3:57.25</b>	14 pts	
50 m :	42.59 (42.59)	100 m :	1:47.70 (1:05.11) [1:47.70]	150 m :	2:54.62 (1:06.92)	200 m :	3:57.25 (1:02.63) [2:09.55]
16.	Hippolyte CRETINON	2012	USA	US LA FLÈCHE	<b>3:57.99</b>	12 pts	
50 m :	47.43 (47.43)	100 m :	1:50.42 (1:02.99) [1:50.42]	150 m :	2:55.75 (1:05.33)	200 m :	3:57.99 (1:02.24) [2:07.57]
17.	Amine BOUDAUD	2013	FRA	CN LE MANS	<b>4:05.57</b>	3 pts	
50 m :	53.40 (53.40)	100 m :	1:54.56 (1:01.16) [1:54.56]	150 m :	3:00.69 (1:06.13)	200 m :	4:05.57 (1:04.88) [2:11.01]
18.	Titouan DUPONT	2011	FRA	CN BERCE BELINOIS	<b>4:07.07</b>	2 pts	
50 m :	48.65 (48.65)	100 m :	1:54.23 (1:05.58) [1:54.23]	150 m :	3:01.40 (1:07.17)	200 m :	4:07.07 (1:05.67) [2:12.84]
19.	Etienne BRETEAU	2011	FRA	US LA FLÈCHE	<b>4:13.30</b>	1 pt	
50 m :	53.52 (53.52)	100 m :	1:57.48 (1:03.96) [1:57.48]	150 m :	3:05.41 (1:07.93)	200 m :	4:13.30 (1:07.89) [2:15.82]
20.	Jules DUPUY	2014	FRA	CN LE MANS	<b>4:15.59</b>	1 pt	
50 m :	54.13 (54.13)	100 m :	2:01.14 (1:07.01) [2:01.14]	150 m :	3:10.01 (1:08.87)	200 m :	4:15.59 (1:05.58) [2:14.45]
21.	Gabriel JUHEL	2012	FRA	US LA FLÈCHE	<b>4:20.18</b>	1 pt	
50 m :	56.80 (56.80)	100 m :	2:04.19 (1:07.39) [2:04.19]	150 m :	3:12.34 (1:08.15)	200 m :	4:20.18 (1:07.84) [2:15.99]
22.	Néo WEERTS	2012	FRA	US LA FLÈCHE	<b>4:30.22</b>	1 pt	
50 m :	54.18 (54.18)	100 m :	2:04.06 (1:09.88) [2:04.06]	150 m :	3:18.79 (1:14.73)	200 m :	4:30.22 (1:11.43) [2:26.16]
23.	Marcellin TRUELLE	2014	FRA	CN LE MANS	<b>4:35.31</b>	1 pt	
50 m :	59.43 (59.43)	100 m :	2:10.79 (1:11.36) [2:10.79]	150 m :	3:27.24 (1:16.45)	200 m :	4:35.31 (1:08.07) [2:24.52]
24.	Malik BRAHIMI	2013	FRA	ALLONNES JEUNESSE SPORTIVE	<b>4:47.24</b>	1 pt	
50 m :	58.03 (58.03)	100 m :	2:12.80 (1:14.77) [2:12.80]	150 m :	3:32.86 (1:20.06)	200 m :	4:47.24 (1:14.38) [2:34.44]
25.	Paulin DESPIERRES	2013	FRA	LA NAT'SUZERAINE	<b>4:50.61</b>	1 pt	
50 m :	1:00.64 (1:00.64)	100 m :	2:15.28 (1:14.64) [2:15.28]	150 m :	3:33.52 (1:18.24)	200 m :	4:50.61 (1:17.09) [2:35.33]
---	Arthus DENG-TROTTIER	2013	FRA	CN LE MANS	<b>DNS</b>	dec	
---	Milo HERAULT	2014	FRA	CN BERCE BELINOIS	<b>DNF</b>		
---	Gabriel PERRIERE	2012	FRA	JS COULAINES	<b>DNS</b>	dec	

### Séries : 400 Nage Libre Messieurs - (BENJAMINS : 13 - 14 ans)

[J1 : Di 19/03/2023 - R2]

1.	Charles AUGEREAU	2010	FRA	ALLONNES JEUNESSE SPORTIVE	<b>5:03.92</b>	717 pts	
50 m :	35.69 (35.69)	100 m :	1:14.89 (39.20) [1:14.89]	150 m :	1:54.39 (39.50)	200 m :	2:34.02 (39.63) [1:19.13]
250 m :	3:12.88 (38.86)	300 m :	3:50.83 (37.95) [1:16.81]	350 m :	4:28.37 (37.54)	400 m :	5:03.92 (35.55) [1:13.09]
2.	Salvador CADIZ LABELLE	2010	FRA	ALLONNES JEUNESSE SPORTIVE	<b>5:06.16</b>	702 pts	
50 m :	36.27 (36.27)	100 m :	1:15.36 (39.09) [1:15.36]	150 m :	1:55.03 (39.67)	200 m :	2:34.49 (39.46) [1:19.13]
250 m :	3:13.54 (39.05)	300 m :	3:52.02 (38.48) [1:17.53]	350 m :	4:30.43 (38.41)	400 m :	5:06.16 (35.73) [1:14.14]



Résultats

(Suite) Séries : 400 Nage Libre Messieurs - (BENJAMINS : 13 - 14 ans)

[J1 : Di 19/03/2023 - R2]

3.	Ethan HAMIME	2010	FRA	CN LE MANS			<b>5:23.10</b>	595 pts	
50 m :	36.29 (36.29)	100 m :	1:16.08 (39.79)	[1:16.08]	150 m :	1:57.36 (41.28)	200 m :	2:39.26 (41.90)	[1:23.18]
250 m :	3:20.30 (41.04)	300 m :	4:01.61 (41.31)	[1:22.35]	350 m :	4:43.61 (42.00)	400 m :	5:23.10 (39.49)	[1:21.49]
4.	Adam PETIOT	2010	FRA	CN LE MANS			<b>5:42.03</b>	486 pts	
50 m :	37.24 (37.24)	100 m :	1:18.33 (41.09)	[1:18.33]	150 m :	2:02.33 (44.00)	200 m :	2:46.11 (43.78)	[1:27.78]
250 m :	3:31.07 (44.96)	300 m :	4:15.29 (44.22)	[1:29.18]	350 m :	4:58.63 (43.34)	400 m :	5:42.03 (43.40)	[1:26.74]
5.	Jarvis BOURGOUIN	2010	FRA	ALLONNES JEUNESSE SPORTIVE			<b>6:06.08</b>	364 pts	
50 m :	41.69 (41.69)	100 m :	1:28.06 (46.37)	[1:28.06]	150 m :	2:15.41 (47.35)	200 m :	3:01.72 (46.31)	[1:33.66]
250 m :	3:48.28 (46.56)	300 m :	4:35.44 (47.16)	[1:33.72]	350 m :	5:21.79 (46.35)	400 m :	6:06.08 (44.29)	[1:30.64]
6.	Gaetan VIEILHOMME	2010	FRA	CN LE MANS			<b>6:08.63</b>	352 pts	
50 m :	37.91 (37.91)	100 m :	1:24.09 (46.18)	[1:24.09]	150 m :	2:11.61 (47.52)	200 m :	3:00.20 (48.59)	[1:36.11]
250 m :	3:42.03 (41.83)	300 m :	4:37.32 (55.29)	[1:37.12]	350 m :	5:24.98 (47.66)	400 m :	6:08.63 (43.65)	[1:31.31]
7.	Ilyan MEBARKI	2010	FRA	CN LE MANS			<b>6:41.03</b>	217 pts	
50 m :	43.54 (43.54)	100 m :	1:34.83 (51.29)	[1:34.83]	150 m :	2:26.29 (51.46)	200 m :	3:18.03 (51.74)	[1:43.20]
250 m :	4:09.49 (51.46)	300 m :	5:00.66 (51.17)	[1:42.63]	350 m :	5:51.65 (50.99)	400 m :	6:41.03 (49.38)	[1:40.37]
8.	Arthur NIVAUULT	2010	FRA	CN LE MANS			<b>6:41.89</b>	214 pts	
50 m :	42.99 (42.99)	100 m :	1:33.19 (50.20)	[1:33.19]	150 m :	2:26.02 (52.83)	200 m :	3:17.67 (51.65)	[1:44.48]
250 m :	4:10.63 (52.96)	300 m :	5:01.89 (51.26)	[1:44.22]	350 m :	5:52.15 (50.26)	400 m :	6:41.89 (49.74)	[1:40.00]
9.	Hadrien MENARD	2010	FRA	ALLONNES JEUNESSE SPORTIVE			<b>6:48.38</b>	191 pts	
50 m :	48.10 (48.10)	100 m :	1:40.89 (52.79)	[1:40.89]	150 m :	2:33.52 (52.63)	200 m :	3:26.81 (53.29)	[1:45.92]
250 m :	4:19.36 (52.55)	300 m :	5:11.59 (52.23)	[1:44.78]	350 m :	6:01.09 (49.50)	400 m :	6:48.38 (47.29)	[1:36.79]
10.	Basile JUPIN	2010	FRA	CN LE MANS			<b>6:56.33</b>	165 pts	
50 m :	46.33 (46.33)	100 m :	1:40.54 (54.21)	[1:40.54]	150 m :	2:33.76 (53.22)	200 m :	3:27.82 (54.06)	[1:47.28]
250 m :	4:20.03 (52.21)	300 m :	5:12.89 (52.86)	[1:45.07]	350 m :	6:05.94 (53.05)	400 m :	6:56.33 (50.39)	[1:43.44]
11.	Nathan LAUNAY	2010	FRA	US LA FLÈCHE			<b>7:38.51</b>	58 pts	
50 m :	52.10 (52.10)	100 m :	1:48.85 (56.75)	[1:48.85]	150 m :	2:48.43 (59.58)	200 m :	3:49.27 (1:00.84)	[2:00.42]
250 m :	4:50.25 (1:00.98)	300 m :	5:49.81 (59.56)	[2:00.54]	350 m :	6:47.96 (58.15)	400 m :	7:38.51 (50.55)	[1:48.70]
12.	Ferdinand RANNOU DICKINSON	2010	FRA	US LA FLÈCHE			<b>8:56.68</b>	1 pt	
50 m :	1:04.58 (1:04.58)	100 m :	2:13.36 (1:08.78)	[2:13.36]	150 m :	3:23.47 (1:10.11)	200 m :	4:29.23 (1:05.76)	[2:15.87]
250 m :	5:33.91 (1:04.68)	300 m :	6:45.53 (1:11.62)	[2:16.30]	350 m :	7:48.64 (1:03.11)	400 m :	8:56.68 (1:08.04)	[2:11.15]
---	Mael LEROUX	2010	FRA	CN LE MANS			<b>DSQ</b>		

Séries : 800 Nage Libre Messieurs - (BENJAMINS : 13 - 14 ans)

[J1 : Di 19/03/2023 - R1]

1.	Zack LEPOITTEVIN	2009	FRA	CN LE MANS			<b>10:12.53</b>	786 pts	
50 m :	35.18 (35.18)	100 m :	1:13.54 (38.36)	[1:13.54]	150 m :	1:52.29 (38.75)	200 m :	2:31.20 (38.91)	[1:17.66]
250 m :	3:09.86 (38.66)	300 m :	3:48.87 (39.01)	[1:17.67]	350 m :	4:27.68 (38.81)	400 m :	5:07.13 (39.45)	[1:18.26]
450 m :	5:45.32 (38.19)	500 m :	6:23.27 (37.95)	[1:16.14]	550 m :	7:01.51 (38.24)	600 m :	7:40.42 (38.91)	[1:17.15]
650 m :	8:19.08 (38.66)	700 m :	8:57.55 (38.47)	[1:17.13]	750 m :	9:35.77 (38.22)	800 m :	10:12.53 (36.76)	[1:14.98]
2.	Janis JOUSSE	2009	FRA	CN LE MANS			<b>10:26.63</b>	738 pts	
50 m :	35.87 (35.87)	100 m :	1:15.27 (39.40)	[1:15.27]	150 m :	1:55.50 (40.23)	200 m :	2:34.83 (39.33)	[1:19.56]
250 m :	3:14.31 (39.48)	300 m :	3:53.77 (39.46)	[1:18.94]	350 m :	4:33.93 (40.16)	400 m :	5:13.69 (39.76)	[1:19.92]
450 m :	5:53.20 (39.51)	500 m :	6:32.84 (39.64)	[1:19.15]	550 m :	7:12.70 (39.86)	600 m :	7:51.61 (38.91)	[1:18.27]
650 m :	8:30.06 (38.45)	700 m :	9:08.68 (38.62)	[1:17.07]	750 m :	9:48.48 (39.80)	800 m :	10:26.63 (38.15)	[1:17.95]
3.	Hugo LOMBRICI	2009	FRA	ALLONNES JEUNESSE SPORTIVE			<b>10:36.29</b>	707 pts	
50 m :	36.07 (36.07)	100 m :	1:16.06 (39.99)	[1:16.06]	150 m :	2:37.49 (1:21.43)	200 m :	3:18.62 (41.13)	[2:02.56]
250 m :	3:58.75 (40.13)	300 m :	4:39.32 (40.57)	[1:20.70]	350 m :	5:20.57 (41.25)	400 m :	6:01.55 (40.98)	[1:22.23]
450 m :	6:41.99 (40.44)	500 m :	7:22.09 (40.10)	[1:20.54]	550 m :	8:02.48 (40.39)	600 m :	8:42.09 (39.61)	[1:20.00]
650 m :	9:20.81 (38.72)	700 m :	9:59.24 (38.43)	[1:17.15]	750 m :	10:36.29 (37.05)	800 m :	10:36.29	[37.05]
4.	David JEAN	2009	FRA	ALLONNES JEUNESSE SPORTIVE			<b>11:11.36</b>	597 pts	
50 m :	38.38 (38.38)	100 m :	1:18.58 (40.20)	[1:18.58]	150 m :	2:00.40 (41.82)	200 m :	2:42.27 (41.87)	[1:23.69]
250 m :	3:24.49 (42.22)	300 m :	4:06.96 (42.47)	[1:24.69]	350 m :	4:49.79 (42.83)	400 m :	5:32.36 (42.57)	[1:25.40]
450 m :	6:15.47 (43.11)	500 m :	6:58.70 (43.23)	[1:26.34]	550 m :	7:40.81 (42.11)	600 m :	8:22.52 (41.71)	[1:23.82]
650 m :	9:05.82 (43.30)	700 m :	9:48.93 (43.11)	[1:26.41]	750 m :	10:31.38 (42.45)	800 m :	11:11.36 (39.98)	[1:22.43]
5.	Thomas DIQUET	2009	FRA	ALLONNES JEUNESSE SPORTIVE			<b>11:14.80</b>	587 pts	
50 m :	36.57 (36.57)	100 m :	1:17.93 (41.36)	[1:17.93]	150 m :	2:00.46 (42.53)	200 m :	2:42.13 (41.67)	[1:24.20]
250 m :	3:24.80 (42.67)	300 m :	4:07.17 (42.37)	[1:25.04]	350 m :	4:50.03 (42.86)	400 m :	5:32.28 (42.25)	[1:25.11]
450 m :	6:14.57 (42.29)	500 m :	6:57.62 (43.05)	[1:25.34]	550 m :	7:41.61 (43.99)	600 m :	8:23.87 (42.26)	[1:26.25]
650 m :	9:07.27 (43.40)	700 m :	9:50.84 (43.57)	[1:26.97]	750 m :	10:33.40 (42.56)	800 m :	11:14.80 (41.40)	[1:23.96]

## Résultats

### (Suite) Séries : 800 Nage Libre Messieurs - (BENJAMINS : 13 - 14 ans)

[J1 : Di 19/03/2023 - R1]

<b>6. Lukas GAUGAIN</b>	2009	FRA	ALLONNES JEUNESSE SPORTIVE	<b>11:32.68</b>	<b>536 pts</b>
50 m : 37.40 (37.40)	100 m : 1:19.64 (42.24)	[1:19.64]	150 m : 2:01.99 (42.35)	200 m : 2:44.58 (42.59)	[1:24.94]
250 m : 3:28.07 (43.49)	300 m : 4:11.87 (43.80)	[1:27.29]	350 m : 4:54.91 (43.04)	400 m : 5:39.93 (45.02)	[1:28.06]
450 m : 6:24.15 (44.22)	500 m : 7:08.55 (44.40)	[1:28.62]	550 m : 7:53.05 (44.50)	600 m : 8:38.39 (45.34)	[1:29.84]
650 m : 9:23.25 (44.86)	700 m : 10:07.77 (44.52)	[1:29.38]	750 m : 10:50.39 (42.62)	800 m : 11:32.68 (42.29)	[1:24.91]
<b>7. Clément DORE</b>	2009	FRA	CN BERCE BELINOIS	<b>12:29.43</b>	<b>387 pts</b>
50 m : 36.83 (36.83)	100 m : 1:19.25 (42.42)	[1:19.25]	150 m : 2:03.70 (44.45)	200 m : 2:50.36 (46.66)	[1:31.11]
250 m : 3:38.42 (48.06)	300 m : 4:25.37 (46.95)	[1:35.01]	350 m : 5:13.64 (48.27)	400 m : 6:02.47 (48.83)	[1:37.10]
450 m : 6:51.48 (49.01)	500 m : 7:40.89 (49.41)	[1:38.42]	550 m : 8:30.13 (49.24)	600 m : 9:18.89 (48.76)	[1:38.00]
650 m : 10:09.42 (50.53)	700 m : 10:59.21 (49.79)	[1:40.32]	750 m : 11:47.80 (48.59)	800 m : 12:29.43 (41.63)	[1:30.22]
<b>8. Aaron BOUCHER</b>	2009	FRA	JS COULAINES	<b>13:01.21</b>	<b>315 pts</b>
50 m : 43.48 (43.48)	100 m : 1:30.90 (47.42)	[1:30.90]	150 m : 2:21.83 (50.93)	200 m : 3:14.01 (52.18)	[1:43.11]
250 m : 4:04.78 (50.77)	300 m : 4:55.59 (50.81)	[1:41.58]	350 m : 5:46.17 (50.58)	400 m : 6:37.53 (51.36)	[1:41.94]
450 m : 7:27.22 (49.69)	500 m : 8:16.65 (49.43)	[1:39.12]	550 m : 9:06.09 (49.44)	600 m : 9:54.81 (48.72)	[1:38.16]
650 m : 10:41.82 (47.01)	700 m : 11:29.09 (47.27)	[1:34.28]	750 m : 12:17.30 (48.21)	800 m : 13:01.21 (43.91)	[1:32.12]
<b>9. Joao IVANES</b>	2009	FRA	CN BERCE BELINOIS	<b>14:24.90</b>	<b>160 pts</b>
50 m : 44.38 (44.38)	100 m : 1:33.85 (49.47)	[1:33.85]	150 m : 2:26.18 (52.33)	200 m : 3:19.89 (53.71)	[1:46.04]
250 m : 4:14.42 (54.53)	300 m : 5:10.09 (55.67)	[1:50.20]	350 m : 6:06.36 (56.27)	400 m : 7:03.08 (56.72)	[1:52.99]
450 m : 8:00.34 (57.26)	500 m : 8:58.67 (58.33)	[1:55.59]	550 m : 9:57.77 (59.10)	600 m : 10:55.16 (57.39)	[1:56.49]
650 m : 11:52.36 (57.20)	700 m : 12:45.97 (53.61)	[1:50.81]	750 m : 13:37.29 (51.32)	800 m : 14:24.90 (47.61)	[1:38.93]
<b>10. Arthur REVERT</b>	2009	FRA	US LA FLÈCHE	<b>15:11.57</b>	<b>96 pts</b>
50 m : 46.65 (46.65)	100 m : 1:39.52 (52.87)	[1:39.52]	150 m : 2:38.21 (58.69)	200 m : 3:35.07 (56.86)	[1:55.55]
250 m : 4:32.01 (56.94)	300 m : 5:30.40 (58.39)	[1:55.33]	350 m : 6:28.08 (57.68)	400 m : 7:27.65 (59.57)	[1:57.25]
450 m : 8:27.12 (59.47)	500 m : 9:25.65 (58.53)	[1:58.00]	550 m : 10:25.35 (59.70)	600 m : 11:24.25 (58.90)	[1:58.60]
650 m : 12:23.38 (59.13)	700 m : 13:21.37 (57.99)	[1:57.12]	750 m : 14:18.67 (57.30)	800 m : 15:11.57 (52.90)	[1:50.20]

### Séries : 25 Dos Messieurs - (AVENIRS : 6 - 12 ans)

[J1 : Di 19/03/2023 - R1]

1. Léopold FOSSE	2011	FRA	CN LE MANS	<b>20.34</b>
2. Charles FOUREAU	2011	FRA	LA NAT'SUZERAINE	<b>22.64</b>
3. Paul SURGOT	2013	FRA	CN LE MANS	<b>22.79</b>
4. Clément FOUREAU	2011	FRA	LA NAT'SUZERAINE	<b>23.61</b>
5. Hippolyte CRETINON	2012	USA	US LA FLÈCHE	<b>23.80</b>
6. Mael HENRY	2012	FRA	ALLONNES JEUNESSE SPORTIVE	<b>23.93</b>
7. Etienne BRETEAU	2011	FRA	US LA FLÈCHE	<b>24.37</b>
8. Gabriel LEGRAND	2012	FRA	CN LE MANS	<b>24.62</b>
9. Titouan DUPONT	2011	FRA	CN BERCE BELINOIS	<b>24.86</b>
10. Louis Marin BAGOT	2011	FRA	JS COULAINES	<b>24.96</b>
11. Milo HERAULT	2014	FRA	CN BERCE BELINOIS	<b>26.02</b>
12. Adem COUTABLE	2012	FRA	JS COULAINES	<b>26.81</b>
13. Jules DUPUY	2014	FRA	CN LE MANS	<b>28.81</b>
14. Evan SAURET	2015	FRA	US LA FLÈCHE	<b>29.65</b>
15. Gabriel JUHEL	2012	FRA	US LA FLÈCHE	<b>29.85</b>
16. Néo WEERTS	2012	FRA	US LA FLÈCHE	<b>29.94</b>
17. Paulin DESPIERRES	2013	FRA	LA NAT'SUZERAINE	<b>30.81</b>
18. Hugo FORMOSA	2013	FRA	ALLONNES JEUNESSE SPORTIVE	<b>34.87</b>
--- Sacha MONCHATRE POHU	2012	FRA	US LA FLÈCHE	<b>DNS dec</b>
--- Gabriel PERRIERE	2012	FRA	JS COULAINES	<b>DNS dec</b>

### Séries : 50 Dos Messieurs - (BENJAMINS : 13 - 14 ans)

[J1 : Di 19/03/2023 - R2]

1. Hugo LOMBRICI	2009	FRA	ALLONNES JEUNESSE SPORTIVE	<b>31.84</b>	<b>896 pts</b>
2. Salvador CADIZ LABELLE	2010	FRA	ALLONNES JEUNESSE SPORTIVE	<b>33.66</b>	<b>803 pts</b>
3. Zack LEPOITTEVIN	2009	FRA	CN LE MANS	<b>34.18</b>	<b>778 pts</b>
4. Charles AUGEREAU	2010	FRA	ALLONNES JEUNESSE SPORTIVE	<b>35.71</b>	<b>705 pts</b>
5. Thomas DIQUET	2009	FRA	ALLONNES JEUNESSE SPORTIVE	<b>39.72</b>	<b>531 pts</b>
6. David JEAN	2009	FRA	ALLONNES JEUNESSE SPORTIVE	<b>39.87</b>	<b>525 pts</b>
7. Basile JUPIN	2010	FRA	CN LE MANS	<b>47.52</b>	<b>263 pts</b>
8. Nathan LAUNAY	2010	FRA	US LA FLÈCHE	<b>48.45</b>	<b>237 pts</b>
9. Arthur REVERT	2009	FRA	US LA FLÈCHE	<b>52.47</b>	<b>141 pts</b>

Résultats

(Suite) Séries : 50 Dos Messieurs - (BENJAMINS : 13 - 14 ans)

[J1 : Di 19/03/2023 - R2]

10.	Ferdinand RANNOU DICKINSON	2010	FRA	US LA FLÈCHE	1:02.46	10 pts
---	Clément DORE	2009	FRA	CN BERCE BELINOIS	DSQ	
---	Arthur NIVAULT	2010	FRA	CN LE MANS	DSQ	

Séries : 25 Brasse Messieurs - (AVENIRS : 6 - 12 ans)

[J1 : Di 19/03/2023 - R2]

1.	Maxence SIONNEAU	2011	FRA	ALLONNES JEUNESSE SPORTIVE	20.92	
2.	Colin CATTEAU	2011	FRA	ALLONNES JEUNESSE SPORTIVE	21.78	
3.	Nael BENECH	2012	FRA	CN LE MANS	22.01	
4.	Louis Marin BAGOT	2011	FRA	JS COULAINES	22.37	
5.	Ersin SAHIN	2011	FRA	CN LE MANS	24.09	
6.	Kenzo PLU	2012	FRA	ALLONNES JEUNESSE SPORTIVE	24.78	
7.	Amine BOUDAUD	2013	FRA	CN LE MANS	26.81	
8.	Clément FOUREAU	2011	FRA	LA NAT'SUZERAIN	27.59	
9.	Milo HERAULT	2014	FRA	CN BERCE BELINOIS	28.19	
10.	Etienne BRETEAU	2011	FRA	US LA FLÈCHE	28.28	
11.	Paulin DESPIERRES	2013	FRA	LA NAT'SUZERAIN	29.96	
12.	Hippolyte CRETINON	2012	USA	US LA FLÈCHE	30.06	
13.	Néo WEERTS	2012	FRA	US LA FLÈCHE	31.12	
14.	Hugo FORMOSA	2013	FRA	ALLONNES JEUNESSE SPORTIVE	36.07	
15.	Gabriel JUHEL	2012	FRA	US LA FLÈCHE	38.46	
16.	Evan SAURET	2015	FRA	US LA FLÈCHE	39.06	
---	Malik BRAHIMI	2013	FRA	ALLONNES JEUNESSE SPORTIVE	DSQ	
---	Adem COUTABLE	2012	FRA	JS COULAINES	DSQ	
---	Charles FOUREAU	2011	FRA	LA NAT'SUZERAIN	DSQ	
---	Sacha MONCHATRE POHU	2012	FRA	US LA FLÈCHE	DNS dec	
---	Gabriel PERRIERE	2012	FRA	JS COULAINES	DNS dec	
---	Marcellin TRUELLE	2014	FRA	CN LE MANS	DNS dec	

Séries : 50 Brasse Messieurs - (BENJAMINS : 13 - 14 ans)

[J1 : Di 19/03/2023 - R1]

1.	Clément DORE	2009	FRA	CN BERCE BELINOIS	38.23	749 pts
2.	Lukas GAUGAIN	2009	FRA	ALLONNES JEUNESSE SPORTIVE	39.90	679 pts
3.	Jarvis BOURGOUIN	2010	FRA	ALLONNES JEUNESSE SPORTIVE	40.59	651 pts
4.	Adam PETIOT	2010	FRA	CN LE MANS	43.24	549 pts
5.	Nathan LAUNAY	2010	FRA	US LA FLÈCHE	44.91	489 pts
6.	Aaron BOUCHER	2009	FRA	JS COULAINES	45.14	481 pts
7.	Joao IVANES	2009	FRA	CN BERCE BELINOIS	47.67	398 pts
8.	Hadrien MENARD	2010	FRA	ALLONNES JEUNESSE SPORTIVE	49.67	337 pts
9.	Mael LEROUX	2010	FRA	CN LE MANS	50.93	302 pts
10.	Ilyan MEBARKI	2010	FRA	CN LE MANS	52.11	271 pts
11.	Ferdinand RANNOU DICKINSON	2010	FRA	US LA FLÈCHE	57.17	155 pts
12.	Noa LEMESLE	2010	FRA	US LA FLÈCHE	1:03.00	62 pts
---	Arthur REVERT	2009	FRA	US LA FLÈCHE	DSQ	

Séries : 25 Papillon Messieurs - (AVENIRS : 6 - 12 ans)

[J1 : Di 19/03/2023 - R2]

1.	Jules SURGOT	2012	FRA	CN LE MANS	19.58	
2.	Louis Marin BAGOT	2011	FRA	JS COULAINES	21.09	
3.	Gabin LEGRAND	2011	FRA	ALLONNES JEUNESSE SPORTIVE	21.46	
4.	Adem COUTABLE	2012	FRA	JS COULAINES	21.92	
5.	Titouan DUPONT	2011	FRA	CN BERCE BELINOIS	24.65	
6.	Clément FOUREAU	2011	FRA	LA NAT'SUZERAIN	25.43	
7.	Noé MARQUENTIN	2012	FRA	ALLONNES JEUNESSE SPORTIVE	25.78	
8.	Etienne BRETEAU	2011	FRA	US LA FLÈCHE	26.45	
9.	Charles FOUREAU	2011	FRA	LA NAT'SUZERAIN	26.63	
10.	Néo WEERTS	2012	FRA	US LA FLÈCHE	28.69	

Résultats

(Suite) Séries : 25 Papillon Messieurs - (AVENIRS : 6 - 12 ans)

[J1 : Di 19/03/2023 - R2]

11.	Gabriel JUHEL	2012	FRA	US LA FLÈCHE	32.17
12.	Evan SAURET	2015	FRA	US LA FLÈCHE	38.25
---	Hippolyte CRETINON	2012	USA	US LA FLÈCHE	DSQ
---	Marcellin TRUELLE	2014	FRA	CN LE MANS	DSQ
---	Arthus DENG-TROTTIER	2013	FRA	CN LE MANS	DNS dec
---	Sacha MONCHATRE POHU	2012	FRA	US LA FLÈCHE	DNS dec
---	Gabriel PERRIERE	2012	FRA	JS COULAINES	DNS dec

Séries : 50 Papillon Messieurs - (BENJAMINS : 13 - 14 ans)

[J1 : Di 19/03/2023 - R1]

1.	Janis JOUSSE	2009	FRA	CN LE MANS	30.87	847 pts
2.	Ethan HAMIME	2010	FRA	CN LE MANS	34.07	672 pts
3.	David JEAN	2009	FRA	ALLONNES JEUNESSE SPORTIVE	37.59	503 pts
4.	Gaetan VIEILHOMME	2010	FRA	CN LE MANS	38.69	455 pts
5.	Nathan LAUNAY	2010	FRA	US LA FLÈCHE	49.02	122 pts
6.	Joao IVANES	2009	FRA	CN BERCE BELINOIS	49.88	104 pts
7.	Arthur REVERT	2009	FRA	US LA FLÈCHE	55.11	25 pts
8.	Ferdinand RANNOU DICKINSON	2010	FRA	US LA FLÈCHE	1:08.47	1 pt
---	Noa LEMESLE	2010	FRA	US LA FLÈCHE	DSQ	

Séries : 100 4 Nages Messieurs - (AVENIRS : 6 - 12 ans)

[J1 : Di 19/03/2023 - R2]

1.	Colin CATTEAU	2011	FRA	ALLONNES JEUNESSE SPORTIVE	1:31.85	385 pts
50 m :	44.80 (44.80)	100 m :	1:31.85 (47.05)	[1:31.85]		
2.	Maxence SIONNEAU	2011	FRA	ALLONNES JEUNESSE SPORTIVE	1:36.11	315 pts
50 m :	48.41 (48.41)	100 m :	1:36.11 (47.70)	[1:36.11]		
3.	Nael BENECH	2012	FRA	CN LE MANS	1:37.51	293 pts
50 m :	47.67 (47.67)	100 m :	1:37.51 (49.84)	[1:37.51]		
4.	Léopold FOSSE	2011	FRA	CN LE MANS	1:40.02	256 pts
50 m :	48.37 (48.37)	100 m :	1:40.02 (51.65)	[1:40.02]		
5.	Jules SURGOT	2012	FRA	CN LE MANS	1:41.44	236 pts
50 m :	44.82 (44.82)	100 m :	1:41.44 (56.62)	[1:41.44]		
6.	Louis Marin BAGOT	2011	FRA	JS COULAINES	1:47.57	160 pts
50 m :	53.20 (53.20)	100 m :	1:47.57 (54.37)	[1:47.57]		
7.	Mael HENRY	2012	FRA	ALLONNES JEUNESSE SPORTIVE	1:47.93	156 pts
50 m :	---	100 m :	1:47.93 (1:47.93)	[1:47.93]		
8.	Gabin LEGRAND	2011	FRA	ALLONNES JEUNESSE SPORTIVE	1:49.66	137 pts
50 m :	52.10 (52.10)	100 m :	1:49.66 (57.56)	[1:49.66]		
9.	Clément FOUREAU	2011	FRA	LA NAT'SUZERAINE	1:51.21	122 pts
50 m :	55.05 (55.05)	100 m :	1:51.21 (56.16)	[1:51.21]		
10.	Charles FOUREAU	2011	FRA	LA NAT'SUZERAINE	1:51.90	115 pts
50 m :	55.09 (55.09)	100 m :	1:51.90 (56.81)	[1:51.90]		
11.	Ersin SAHIN	2011	FRA	CN LE MANS	1:54.71	90 pts
50 m :	57.32 (57.32)	100 m :	1:54.71 (57.39)	[1:54.71]		
12.	Kenzo PLU	2012	FRA	ALLONNES JEUNESSE SPORTIVE	1:55.14	86 pts
50 m :	58.06 (58.06)	100 m :	1:55.14 (57.08)	[1:55.14]		
13.	Paul SURGOT	2013	FRA	CN LE MANS	1:55.82	81 pts
50 m :	52.81 (52.81)	100 m :	1:55.82 (1:03.01)	[1:55.82]		
14.	Titouan DUPONT	2011	FRA	CN BERCE BELINOIS	1:57.76	66 pts
50 m :	55.44 (55.44)	100 m :	1:57.76 (1:02.32)	[1:57.76]		
15.	Amine BOUDAUD	2013	FRA	CN LE MANS	2:08.05	13 pts
50 m :	1:00.81 (1:00.81)	100 m :	2:08.05 (1:07.24)	[2:08.05]		
16.	Gabriel LEGRAND	2012	FRA	CN LE MANS	2:08.82	10 pts
50 m :	---	100 m :	2:08.82 (2:08.82)	[2:08.82]		
17.	Noé MARQUENTIN	2012	FRA	ALLONNES JEUNESSE SPORTIVE	2:10.06	7 pts
50 m :	1:03.88 (1:03.88)	100 m :	2:10.06 (1:06.18)	[2:10.06]		
18.	Néo WEERTS	2012	FRA	US LA FLÈCHE	2:15.15	1 pt
50 m :	1:03.70 (1:03.70)	100 m :	2:15.15 (1:11.45)	[2:15.15]		
19.	Milo HERAULT	2014	FRA	CN BERCE BELINOIS	2:24.25	1 pt
50 m :	1:20.39 (1:20.39)	100 m :	2:24.25 (1:03.86)	[2:24.25]		

## Résultats

### (Suite) Séries : 100 4 Nages Messieurs - (AVENIRS : 6 - 12 ans)

[J1 : Di 19/03/2023 - R2]

20.	Gabriel JUHEL	2012	FRA	US LA FLÈCHE	<b>2:26.07</b>	1 pt
50 m :	1:09.40 (1:09.40)	100 m :	2:26.07 (1:16.67)	[2:26.07]		
21.	Malik BRAHIMI	2013	FRA	ALLONNES JEUNESSE SPORTIVE	<b>2:27.63</b>	1 pt
50 m :	1:14.15 (1:14.15)	100 m :	2:27.63 (1:13.48)	[2:27.63]		
22.	Marcellin TRUDELLE	2014	FRA	CN LE MANS	<b>2:28.27</b>	1 pt
50 m :	1:14.40 (1:14.40)	100 m :	2:28.27 (1:13.87)	[2:28.27]		
23.	Paulin DESPIERRES	2013	FRA	LA NAT'SUZERAINE	<b>2:32.18</b>	1 pt
50 m :	---	100 m :	2:32.18 (2:32.18)	[2:32.18]		
24.	Evan SAURET	2015	FRA	US LA FLÈCHE	<b>2:40.96</b>	1 pt
50 m :	---	100 m :	2:40.96 (2:40.96)	[2:40.96]		
---	Etienne BRETEAU	2011	FRA	US LA FLÈCHE	<b>DSQ</b>	
---	Adem COUTABLE	2012	FRA	JS COULAINES	<b>DSQ</b>	
---	Hippolyte CRETINON	2012	USA	US LA FLÈCHE	<b>DSQ</b>	
---	Hugo FORMOSA	2013	FRA	ALLONNES JEUNESSE SPORTIVE	<b>DSQ</b>	
---	Arthus DENG-TROTTIER	2013	FRA	CN LE MANS	<b>DNS dec</b>	
---	Jules DUPUY	2014	FRA	CN LE MANS	<b>DNS dec</b>	
---	Sacha MONCHATRE POHU	2012	FRA	US LA FLÈCHE	<b>DNS dec</b>	
---	Gabriel PERRIERE	2012	FRA	JS COULAINES	<b>DNS dec</b>	

### Séries : 200 4 Nages Messieurs - (BENJAMINS : 13 - 14 ans)

[J1 : Di 19/03/2023 - R1]

1.	Charles AUGEREAU	2010	FRA	ALLONNES JEUNESSE SPORTIVE	<b>2:40.10</b>	730 pts
50 m :	35.49 (35.49)	100 m :	1:19.57 (44.08)	[1:19.57]	150 m :	2:03.41 (43.84)
					200 m :	2:40.10 (36.69)
						[1:20.53]
2.	Salvador CADIZ LABELLE	2010	FRA	ALLONNES JEUNESSE SPORTIVE	<b>2:40.99</b>	719 pts
50 m :	34.80 (34.80)	100 m :	1:16.98 (42.18)	[1:16.98]	150 m :	2:05.18 (48.20)
					200 m :	2:40.99 (35.81)
						[1:24.01]
3.	Ethan HAMIME	2010	FRA	CN LE MANS	<b>2:50.37</b>	612 pts
50 m :	34.44 (34.44)	100 m :	1:19.06 (44.62)	[1:19.06]	150 m :	2:09.06 (50.00)
					200 m :	2:50.37 (41.31)
						[1:31.31]
4.	Jarvis BOURGOUIN	2010	FRA	ALLONNES JEUNESSE SPORTIVE	<b>3:04.10</b>	471 pts
50 m :	41.41 (41.41)	100 m :	1:25.30 (43.89)	[1:25.30]	150 m :	2:18.31 (53.01)
					200 m :	3:04.10 (45.79)
						[1:38.80]
5.	Gaetan VIEILHOMME	2010	FRA	CN LE MANS	<b>3:12.02</b>	398 pts
50 m :	41.52 (41.52)	100 m :	1:30.47 (48.95)	[1:30.47]	150 m :	2:24.47 (54.00)
					200 m :	3:12.02 (47.55)
						[1:41.55]
6.	Aaron BOUCHER	2009	FRA	JS COULAINES	<b>3:19.16</b>	337 pts
50 m :	47.37 (47.37)	100 m :	1:41.21 (53.84)	[1:41.21]	150 m :	2:34.11 (52.90)
					200 m :	3:19.16 (45.05)
						[1:37.95]
7.	Ilyan MEBARKI	2010	FRA	CN LE MANS	<b>3:29.40</b>	259 pts
50 m :	50.71 (50.71)	100 m :	1:47.38 (56.67)	[1:47.38]	150 m :	2:46.44 (59.06)
					200 m :	3:29.40 (42.96)
						[1:42.02]
8.	Nathan LAUNAY	2010	FRA	US LA FLÈCHE	<b>3:33.97</b>	227 pts
50 m :	49.67 (49.67)	100 m :	1:45.65 (55.98)	[1:45.65]	150 m :	2:42.98 (57.33)
					200 m :	3:33.97 (50.99)
						[1:48.32]
9.	Hadrien MENARD	2010	FRA	ALLONNES JEUNESSE SPORTIVE	<b>3:34.12</b>	226 pts
50 m :	51.65 (51.65)	100 m :	1:44.78 (53.13)	[1:44.78]	150 m :	2:45.67 (1:00.89)
					200 m :	3:34.12 (48.45)
						[1:49.34]
10.	Mael LEROUX	2010	FRA	CN LE MANS	<b>3:39.61</b>	191 pts
50 m :	48.98 (48.98)	100 m :	1:50.21 (1:01.23)	[1:50.21]	150 m :	2:49.23 (59.02)
					200 m :	3:39.61 (50.38)
						[1:49.40]
11.	Basile JUPIN	2010	FRA	CN LE MANS	<b>3:44.76</b>	161 pts
50 m :	49.97 (49.97)	100 m :	1:46.07 (56.10)	[1:46.07]	150 m :	2:54.63 (1:08.56)
					200 m :	3:44.76 (50.13)
						[1:58.69]
12.	Ferdinand RANNOU DICKINSON	2010	FRA	US LA FLÈCHE	<b>4:36.85</b>	1 pt
50 m :	1:08.06 (1:08.06)	100 m :	2:26.41 (1:18.35)	[2:26.41]	150 m :	3:31.71 (1:05.30)
					200 m :	4:36.85 (1:05.14)
						[2:10.44]
---	Noa LEMESLE	2010	FRA	US LA FLÈCHE	<b>DSQ</b>	
---	Arthur NIVALT	2010	FRA	CN LE MANS	<b>DSQ</b>	
---	Adam PETIOT	2010	FRA	CN LE MANS	<b>DSQ</b>	

### Séries : 400 4 Nages Messieurs - (BENJAMINS : 13 - 14 ans)

[J1 : Di 19/03/2023 - R2]

1.	Zack LEPOITTEVIN	2009	FRA	CN LE MANS	<b>5:28.95</b>	769 pts
50 m :	38.09 (38.09)	100 m :	1:22.23 (44.14)	[1:22.23]	150 m :	2:03.68 (41.45)
250 m :	3:29.13 (44.31)	300 m :	4:14.75 (45.62)	[1:29.93]	350 m :	4:52.28 (37.53)
					400 m :	5:28.95 (36.67)
						[1:14.20]
2.	Janis JOUSSE	2009	FRA	CN LE MANS	<b>5:36.70</b>	723 pts
50 m :	36.67 (36.67)	100 m :	1:18.59 (41.92)	[1:18.59]	150 m :	2:02.39 (43.80)
250 m :	3:33.40 (48.56)	300 m :	4:21.59 (48.19)	[1:36.75]	350 m :	4:59.42 (37.83)
					400 m :	5:36.70 (37.28)
						[1:15.11]

# TROPHEE DU NAGEUR COMPLET

LA FLÈCHE (FRA)  
19 mars 2023 - Bassin de 25 m

## Résultats

(Suite) Séries : 400 4 Nages Messieurs - (BENJAMINS : 13 - 14 ans)

[J1 : Di 19/03/2023 - R2]

3.	Hugo LOMBRICI	2009	FRA	ALLONNES JEUNESSE SPORTIVE	<b>5:38.37</b>	<b>713 pts</b>	
50 m :	37.27 (37.27)	100 m :	1:21.31 (44.04) [1:21.31]	150 m :	2:05.12 (43.81)	200 m :	2:45.93 (40.81) [1:24.62]
250 m :	3:32.93 (47.00)	300 m :	4:20.33 (47.40) [1:34.40]	350 m :	5:01.23 (40.90)	400 m :	5:38.37 (37.14) [1:18.04]
4.	David JEAN	2009	FRA	ALLONNES JEUNESSE SPORTIVE	<b>6:13.32</b>	<b>522 pts</b>	
50 m :	42.70 (42.70)	100 m :	1:34.69 (51.99) [1:34.69]	150 m :	2:21.76 (47.07)	200 m :	3:07.74 (45.98) [1:33.05]
250 m :	3:59.29 (51.55)	300 m :	4:50.63 (51.34) [1:42.89]	350 m :	5:32.99 (42.36)	400 m :	6:13.32 (40.33) [1:22.69]
5.	Lukas GAUGAIN	2009	FRA	ALLONNES JEUNESSE SPORTIVE	<b>6:16.00</b>	<b>508 pts</b>	
50 m :	42.74 (42.74)	100 m :	1:34.76 (52.02) [1:34.76]	150 m :	2:23.54 (48.78)	200 m :	3:09.50 (45.96) [1:34.74]
250 m :	4:01.39 (51.89)	300 m :	4:52.60 (51.21) [1:43.10]	350 m :	5:35.65 (43.05)	400 m :	6:16.00 (40.35) [1:23.40]
6.	Thomas DIQUET	2009	FRA	ALLONNES JEUNESSE SPORTIVE	<b>6:31.52</b>	<b>434 pts</b>	
50 m :	41.04 (41.04)	100 m :	1:35.39 (54.35) [1:35.39]	150 m :	2:23.44 (48.05)	200 m :	3:09.73 (46.29) [1:34.34]
250 m :	4:05.94 (56.21)	300 m :	5:04.11 (58.17) [1:54.38]	350 m :	5:48.33 (44.22)	400 m :	6:31.52 (43.19) [1:27.41]
---	Clément DORE	2009	FRA	CN BERCE BELINOIS	<b>DSQ</b>		